



September 14, 2025
The Exaltation of the Holy Cross

Pastor 主任司鐸
Fr. Bruce-John Hamilton

Assistant 助理司鐸
Fr. Patrick Le

Chinese Mass 中文彌撒司鐸
Fr. Paul Chu

Office Manager 辦公室經理
Winnie Shiao
Email: winnie@ccparish.ca

Parish Office Hours 堂區辦事處時間
Mon—Fri 9:00am - 4:00pm

Sunday Mass 主日彌撒
Saturday Vigil 週六:
5:00 pm (English 英)
Sunday 週日:
9:00 am (English 英)
11:00 am (English 英)
3:00 pm (Cantonese 廣東話)

Weekday Mass 平日彌撒
Monday to Saturday - 8:00 am
Wednesday - 9:00 am (*School Mass when school is in session*)
Holy Hour every Friday - 6:00 pm
First Friday Evening Mass - 7:00 pm
Holidays - 9:00 am

Confession 修和聖事
Monday to Friday - 7:45 – 7:55 am
Friday - 6:00 – 6:45 pm (during Holy Hour)
Saturday - 8:30 am after Mass
Saturday - 3:45 – 4:45 pm
Sunday - 2:30 – 2:55 pm (Cantonese)

Liturgy of the Hours/Devotions
Lauds - 7:30 am on weekdays
Holy Rosary - Monday to Saturday
After morning Mass

Emmaus Adoration Chapel
The Chapel is now open 24/7 and accessible by a code. Please contact the Parish Office for the code.

Corpus Christi Elementary School
2360 Waverley Avenue
Vancouver, BC V5S 0J1
Phone: 604-321-1117
Email: office@cchristi.ca
Website: www.cchristi.ca
Principal: Ms. Rosa Natola

Corpus Christi Childcare Centre
2362 Waverley Avenue
Vancouver, BC V5S 0J1
Phone: 604-416-4117
Manager: Mrs. Ivana Ciccone
Email: iciccone@cchristi.ca



4 Core Values of Corpus Christi Parish
Engaged Disciples: Corpus Christi parishioners strive to be fully committed to holiness, mission, community and service. (cf. *Mission of the Redeemer 90, JP11*)



Rooted in Tradition: Corpus Christi parishioners are firmly rooted in the living Tradition of the Church, faithful to the fullness of the teachings of Christ in every aspect of parish life. (cf. *2 Thessalonians 2:15*)



Multiplying Leaders: Corpus Christi parishioners follow Jesus' example of ministry by identifying, recruiting and investing in others to become leaders, and equipping them to do the same. (cf. *2 Timothy 2:2*)



Evangelical Hospitality: Corpus Christi parishioners aim to be generous and evangelical in service and hospitality, providing everyone with opportunities to belong to the parish family. (cf. *Acts 2:44-47*)

PARISH MINISTRIES/GROUPS

Adoration Chapel
Alpha
Altar Servers
After Mass Socials

Baptism Preparation
Bible Study

Catholic Women's League
Chinese Community
Choir

Church Care
Altar Linens
Church Flowers
Emergency Management
Extraordinary Ministers of
Holy Communion
Hospitality Ministry

Intercessory Prayer Ministry
Knights of Columbus
Legion of Mary
Marriage Mentorship
Men's Group
PREP
RCIA

Faith Studies
Readers

Safe Environment
Seniors' Ministry

Senior Leadership Team

Ushers
Youth Ministry

Araceli Hinz
Michelle Wong
Fr. Hamilton, Fr. Le, Margie Lacson
Mary Vendencia, Mellysa Lim
(9am/11am), Tina Chan (3pm)
Adelia Yiu
Joyce Fung (Tues Morning)
Joseph Chiu (Chinese)
Camille Macapanpan
Frank Chan
Kevin Garcia (5pm)
Dominica Chan (9am)
Scholastica Au (11am)
Vincent Lau (3pm)
Joyce Fung
Agnes Lo
Monica Lau
Serafina Chau

Bill Lam
Annie Dee, Mary Vendencia,
Mellysa Lim (Greeters)
Lina Glass, Winnie Koch
David Robinson
Margie Goebel
David & Connie Robinson
Seamus O'Brien
Veronica Yam
Neila Tong
Joseph Chiu (Chinese)
Thomas Robinson
Irene Goh (Weekend Mass)
Joyce Fung (Weekday Mass)
Karen Tully
Theresa Stewart,
Remedios Yeung
Fr. Hamilton, Fr. Le, Schola Au,
Prisca Cheung, Annie Dee, Peter
Lee, Winnie Shiao, Deborah Welsh
Rick Lam
Miguel Lacson, Isabelle Liu

BAPTISM

The Baptism Preparation Classes for parents are held via Zoom every 1st (Part 1) and 3rd (Part 2) Saturdays of the month, 10:30 am to 12 noon, except during the months of July and August. Parents must attend both sessions. Call the Parish Office to pre-register for the class. **Baptism celebrations are held on the 2nd and 4th Saturdays of each month @ 11:00 am.**

HOLY MATRIMONY

We welcome your wedding celebration at Corpus Christi Church. To arrange the date and begin your preparations, please contact the Parish Office or either one of our priests at least 9 months prior to the proposed wedding date.

ANOINTING OF THE SICK

If your loved one, relative or friend would like to arrange for a priest for the administration of the Sacrament of the Anointing of the Sick or to visit the sick in a hospital, please phone the Parish Office. Or you may contact the hospital chaplain:

VGH:
604-875-4111
Fr. Gilbert Nunez & Fr. Luis Martin Brian Delgado (Mon., Tue., Fri., Sat. and Sun.)
Fr. Aresene Dutunge (Wed. and Thurs.)

MOUNT ST. JOSEPH HOSPITAL:
Fr. Joseph Ha Vinh Tran, OP (Chaplain)
604-876-7826

BURNABY HOSPITAL:
St. Theresa's Parish
604-434-4211 (Chaplain)
604-298-6800 (Parish)

ST. PAUL'S HOSPITAL:
Fr. Victor Fernandes, OCD
604-682-2344/604-445-9323
(cell)/604-252-4224 (pager)

September 14, 2025
The Exaltation of the Holy Cross



Saturday, Sep 13

Vigil Mass

5:00 PM Anthony Lam, RIP

Sunday, Sep 14

The Exaltation of the Holy Cross

9:00 AM All Parishioners, Living and Deceased

11:00 AM Andrea Wu, RIP

3:00 PM Jacob Tow, Birthday

Monday, Sep 15

Our Lady of Sorrows

8:00 AM Franca Parrtta, RIP

Tuesday, Sep 16

St. Cornelius

8:00 AM Christina & Gary Leung, Wedding Anniversary

Wednesday, Sep 17

8:00 AM Norbert & Natalia Papali, Thanksgiving

9:00 AM School Mass

Thursday, Sep 18

8:00 AM Andrea Wu, RIP

Friday, Sep 19

8:00 AM Phyllis Hsiuchuan Hsieh, RIP

6:00 PM Holy Hour

Saturday, Sep 20

Sts. Andrew Kim, Paul Ha-Sang

8:00 AM Gabriel Leung, RIP

PARISH ANNOUNCEMENTS



Join Fr. Bruce-John Hamilton on Instagram

Keep up with what's new from
Fr. Bruce-John Hamilton.

<https://www.instagram.com/p/DODzrKxieCx/?igsh=YnEOZmtqZm9qZGdy>

RELIGIOUS BOOTH

The Religious Articles Booth will be open Sep 14th and 28th from 8:45 am to 11:15 am (closed during mass).

BIBLE STUDY

English Bible Study resumes on **Tues, Sep 02** in the Parish Library from **9 - 10:30 am**. Everyone is welcome to join us for prayerful reflection on the Scriptures.

For further information contact Joyce Fung at joyceckfung@gmail.com



WONTON SOUP



The Knights of Columbus will be selling wonton soup for \$7.00 per bowl, on Sep 21 at the After Mass Socials. Come join the fun and bring cash!

ALPHA



Start Date:

September 17, 2025 to November 26, 2025,
every Wednesday, 6:30 pm - 8:30 pm (Dinner included)

Alpha Day Away Date:

Saturday, November 1, 2025

Questions?

Email cc_alpha@ccparish.ca

REGISTRATION:

<https://forms.gle/qU7CgijvzxVzEpAd7>



Corpus Christi Parish is looking for a **part time cook / housekeeper**. This position support the Pastor and Parish community by performing tasks such as cleaning, cooking, laundry and grocery stopping. The postings can be found on our parish website at <https://www.ccparish.ca>

Please submit your resume to Winnie Shiao

winnie@ccparish.ca

Last Weekend's Collection

Sunday Offertory Collection	\$8,824.00
Second Collection	
BC Catholic	\$5.00
Building Fund	\$1,513.00
Healing & Reconciliation	\$35.00
Home Missions	\$5.00
Total	\$10,387.00

Thank you for your generosity

SECOND COLLECTION

The second collection on Sep 14 is for Healing and Reconciliation - To support healing and reconciliation between Indigenous and non-Indigenous people in our province.



STEWARDSHIP REFLECTIONS

September 14, 2025

The Exaltation of the Holy Cross

"For God so loved the world that he gave his only Son."

JOHN 3:16

God created us to be in relationship with Him. Sin broke that relationship. Jesus came to earth so that we may reconcile our relationship with God. Following Jesus' example, we can be blessed with a joy-filled life on earth and eternal life in Heaven. These four points are known as the "kerygma" – the first proclamation of the Gospel. This core message is the basis of our Catholic faith. How do you live this out in your daily life?

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Remembering the Sick In Prayers

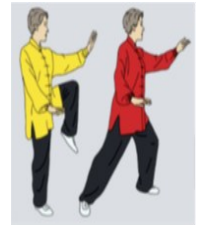
Leodigario Cajucom	Helen Cervo	Eddie Chiu
Joseph Chiu	Bernard Glemas	Charles Harwood
Linda Harwood	Winnie Lam	Virginia Mak
Maria C. Martinez	Anna Mo	Kamla Samy
Juliana Sou	Fred Vendencia	Digno Vibat
Maria Volpe	Mark Williams	Julia Williams

Prayers for the sick can be requested. To add the name of your loved one, please drop by or call the Parish Office.

The names listed in the bulletin will remain here for 2 months unless the office is notified.

TAI CHI MONDAY

Corpus Christi Parish
 Tai Chi Class + Ba Duan Jin
 Date: Start Sept 15, every Monday
 Place: CC parish Center
 Cost: \$25 for 13 Sessions or
 Pay \$2 for each session
 Instruction: Bilingual



CHURCH CLEANERS - HELP WANTED



We are very much in need of your help and service. Consider giving Jesus, in this parish of yours, 1 hour on Thursday mornings after Mass! School parents volunteering will be credited for participation hours. Please contact Joyce Fung (604) 362-0898 or joycefung@gmail.com.

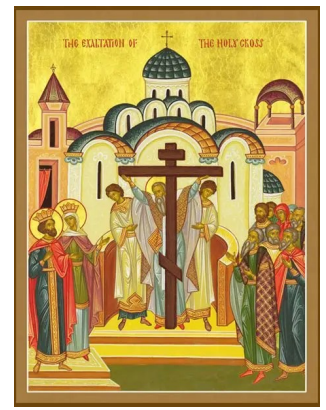
Engaged Disciples: Offering to Serve by cleaning God's house with devotion and commitment, a practical way to express one's gratitude to God for all the gifts we have been given.



**DROP-OFF FROM 9-12PM @ E48TH AND NANAIMO
 SATURDAY, SEPTEMBER 20, 2025**



pastor's Corner



The Exaltation of the Holy Cross

The feast we celebrate today has its origin in the first centuries of Christianity. According to ancient testimony, this commemoration began the day the Cross of Our Lord was found. It developed quickly in the Eastern Church and soon spread throughout all of Christendom. In Rome a solemn procession from the Basilica of St. Mary Major to that of St. John Lateran took place to venerate the Holy Cross before Mass.

At the beginning of the seventh century the Persians ransacked Jerusalem. They destroyed many churches and took possession of the sacred relics. A few years later the Emperor Heraclius recovered them. According to pious tradition, the splendidly-dressed monarch, in full regalia, personally wanted to carry the Holy Cross to its original place on Calvary. The weight became increasingly unbearable as he walked on the Via Dolorosa.

The Bishop of Jerusalem, Zechariah, explained to him that to carry the Cross he must imitate the poverty of Christ, who bore it free of every earthly attachment. Heraclius immediately divested himself of the imperial garments and put on humble pilgrim's clothes. He was then able to carry the Holy Cross, unshod, to the summit of Golgotha.

As our Lord chose the cross as the means whereby he would purchase for us our salvation, it is important that we commemorate this day and reflect on the importance of the cross and its place in our life. A Father of the Church teaches: **The Cross is a shield against the devil as well as a trophy of victory.**

Last Sunday, the 4th Annual Corpus Christi Food Fest took place and it was a great success. I know people thought it might, or would rain, but prayers were offered and God withheld the rain, for which we are sincerely grateful.

God is blessing our 10 Year Vision - we need to keep moving forward!

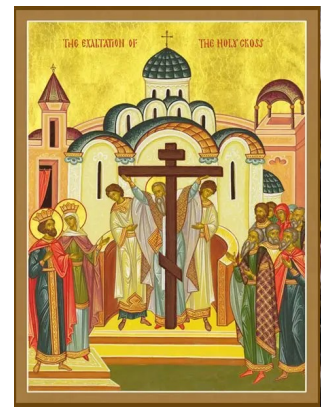
Have a blessed week,
Fr. Hamilton





pastor's Corner

光榮十字聖架慶日 本堂神父的話



我們今天所慶祝的節日，可以追溯至基督信仰初世紀。根據古代的見證，這個慶日始於找到主耶穌的十字架之日。這傳統在東方教會很快發展起來，並很快傳遍整個基督信仰世界。在羅馬，曾舉行隆重的遊行，從聖母大殿到拉特朗聖若望大殿，在彌撒之前朝拜十字聖架。

七世紀初，波斯人洗劫了耶路撒冷，毀壞了許多聖堂，並奪走了聖物。幾年後，拜占庭皇帝赫拉克略將之奪回。根據虔敬的傳統，這位身著華麗禮服的君王，親自想把十字聖架抬回加爾瓦略山原來的地方。但當他走在苦路上時，覺得十字架愈來愈沉重，難以承受。

耶路撒冷主教匝加利亞向他解釋，若要背負十字架，就必須效法基督的貧困——祂背負十字架時，毫無任何世俗依附。赫拉克略立即脫下帝王的華服，換上卑微朝聖者的衣裝，他便能夠赤足背負十字聖架登上加爾瓦略山頂。

由於我們的主親自選擇以十字架作為救贖我們的工具，因此我們紀念這一天，並反思十字架的重要性及它在我們生命中的地位，格外有意義。教父曾教導說：十字聖架既是對抗魔鬼的盾牌，也是勝利的標記。

上主日，我們舉行了第四屆「聖體堂美食嘉年華」，獲得極大成功。我知道許多人

原以為會下雨，甚至擔心一定會下雨，但我們熱切祈禱，上主遂收住了雨水，為此我們衷心感謝天主。

特別感謝 Annie 和她的團隊——包括家長、教友與義工們，他們負責佈置、售賣食物與票券，最後還把一切收拾乾淨。

天主正在祝福我們的「十年願景」，我們必須繼續邁步向前！

祝你有一個蒙受祝福的一週！
Hamilton 神父



4 Beautiful Gifts to Offer the Blessed Virgin Mary on Her Birthday


By [Caroline Perkins](#), ChurchPop

The Catholic Church celebrates the Nativity of the Virgin Mary on September 8.

According to Catholic tradition, the Blessed Mother was born to Saints Joachim and Anne, a pious elderly couple who had remained childless.

Catholics believe that Mary was conceived without sin and was chosen by God to be the Mother of His Son. The feast of the Nativity of Mary emphasizes her unique role in God's plan for salvation!

What better way to celebrate Mother Mary's birthday than by giving her one (or more!) of the following gifts?



PRAY THE ROSARY

By meditating on the Rosary, we contemplate the life of Jesus Christ through the eyes of His Mother, Mary.

Take the time to pray the Joyful Mysteries of the Holy Rosary since her birthday falls on a Monday this year.

You can also **pray an entire Rosary** by meditating on all 20 mysteries of the Rosary: The Joyful Mysteries, The Sorrowful Mysteries, The Glorious Mysteries, and The Luminous Mysteries.

1) Pray the Rosary.

By meditating on the Rosary, we contemplate the life of Jesus Christ through the eyes of His Mother, Mary.

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You can also pray an entire Rosary by meditating on [all 20 mysteries](#) of the Rosary:

The Joyful Mysteries,
The Sorrowful Mysteries,
The Glorious Mysteries, and
The Luminous Mysteries.

2) Fresh Flowers

Deliver a bouquet of fresh flowers to a Marian statue at your local parish in honor of her birthday. You can also make a special Marian shrine at home with a vase of your favorite blooms.

There are even specific flowers associated with Our Blessed Mother, such as roses or lilies!

You can find a comprehensive list [here](#).

3) Contribute to a pro-life organization in honor of Our Lady's "Yes."

Remember Our Blessed Mother's acceptance of God's will amidst uncertainty by giving your time, talent, or treasure to a pro-life organization or local pregnancy resource center.

Say a [special prayer to Our Lady of Guadalupe](#), patroness of the unborn.

4) Begin or renew your Marian consecration.

Have you ever consecrated yourself to the intercession of Our Blessed Mother?

ChurchPOP has a thorough consecration guide [here](#).

Through consecration of oneself to Jesus through Mary, we acknowledge her role as the Mother of Our Lord and entrust our intentions to her intercession. We believe that she hand-delivers our prayers to her most Holy Son! We worship God more fully by honoring His Mother—especially on her birthday.

Here is [a prayer](#) for Our Blessed Mother's birthday:

Your Nativity, O Virgin Mother of God, was the herald of joy to the whole world; since from you arose the Son of Justice, Christ our God, who, destroying the curse, bestowed the blessing, and confounding death, rewarded us with life everlasting.

V. Let us celebrate with joy the birth of the Blessed Virgin Mary.

R. That she may intercede for us with Our Lord Jesus Christ.

Let us pray

Grant to us your servants, we beseech you, O Lord, the gift of Your heavenly grace, that as our salvation was begun in the childbearing of the Blessed Virgin, so from this solemn festival of her Nativity may we obtain an increase of peace. Through Our Lord Jesus Christ. *Amen.*

Evangelical Hospitality: Corpus Christi parishioners aim to be generous and evangelical in service and hospitality, providing everyone with opportunities to belong to the parish family. (cf Acts 2:44-47)



PARENT VOLUNTEERS NEEDED

Corpus Christi Parish After Mass Social is in need of parent volunteers for our next school year.

Jobs required includes the following but not limited to: prepping coffee and bakes goods, setup parish centre hall, serving and cleaning up. It is run every Sunday before/after both Masses at the Parish Centre Hall.

This volunteer opportunity will count toward the school participation hours.

We have 3 schedules available:

- 8:15 - 8:45AM for prepping coffee, baked goods and hall setup (30 min participation)
- 10:00 - 11:00AM for serving and clean up after the 9AM Mass (1 hour participation)
- 12:15 - 1:45PM for serving and clean up after the 11AM Mass (1.5 hours participation)

There will be an orientation provided sometime in August, with date and time TBA. It will be around 1 hour long which will also count toward participation hours. Schedules and more information will be shared in the orientation.

If you are interested in volunteering with the After Mass Social, kindly reach out to our email at amschristi@gmail.com.

Thank you and God Bless.

An open space
to unpack
life's
big questions
For anyone
who's

curious

about faith

Join us at Alpha!

Every Wednesday @ 6:30 - 8:30PM
September 17, 2025 to November 26, 2025
Venue: Corpus Christi Parish Centre
Cost: FREE
Register by scanning the QR Code
or visit ccparish.ca



ALPHA 美滿婚姻課程

美滿婚姻課程是什麼?

這是一個為期七堂、以廣東話進行的課程，讓夫婦去：
重新連結 · 加深了解 · 共建幸福

What is The Marriage Course?
Seven sessions, conducted in Cantonese, designed to help couples to nurture their relationship and build a strong marriage.

每週一次「約會之夜」
溫馨環境、私密空間、深入對話
無論是否有宗教信仰，歡迎所有已婚夫婦參加
費用：每對夫婦 \$60 (包括兩本中文課程手冊及茶點)
一起讓愛更深，讓家更暖

Providing space for married couples to have private and intimate conversations. Each session helps couples to engage openly and honestly.

2025年10月23日 - 12月4日
逢星期四晚上: 7:30 - 9:30
Oct. 23 - Dec. 4, 2025
Thursdays 7:30pm - 9:30pm

地址: 溫哥華天主教聖若瑟保羅二世牧民中心
John Paul II Pastoral Centre
4885 St John Paul II Way V5Z 0G5
Vancouver
查詢 ☎ 或 WhatsApp: David / Anita
604-789-4037
電郵: spv.marriage@gmail.com

報名請掃二維碼
Please scan QR code to register



Dear Brothers and Sisters in Christ,

Thank you so very much for the warm welcome extended to me as the new Archbishop. I am really enjoying getting to know the people of this local Church. In particular, I look forward to meeting the Indigenous Peoples of this area.

One of the most important things I've learned from our Indigenous brothers and sisters across Canada is the power of listening—truly listening. Taking the time to hear someone's story is a way of saying: "You are worthy of being listened to." It is a profound way of honouring the dignity of the person.

As I begin my ministry here, I carry in my heart the call to truth and healing between the Church and Indigenous peoples. It has been part of my ministry for many years, and I have witnessed both the wounds of our past and the hope that grows when we walk together.

One concrete way we continue this journey is through our Healing and Reconciliation Collection on September 14.

The projects supported by this collection are shaped locally in partnership with First Nations communities. These initiatives are helping Indigenous peoples embrace their identity through language revitalization, cultural knowledge, and wellness. These projects connect individuals who might otherwise feel isolated and help ensure that those who have often faced discrimination can access healthcare and other services with dignity and respect.

These efforts remind us that reconciliation is not just an institutional effort, but a human journey that touches lives and builds hope, one person at a time.

I invite each of you to pray for ongoing healing and consider supporting this collection. Together, we can help bring about the vision of unity to which Christ calls us.

With every blessing,

✠ Richard W. Smith
Archbishop of Vancouver