



**February 08, 2026
Fifth Sunday in Ordinary Time**

Pastor 主任司鐸
Fr. Bruce-John Hamilton

Assistant 助理司鐸
Fr. Patrick Le

Chinese Mass 中文彌撒司鐸
Fr. Paul Chu

Office Manager 辦公室經理
Winnie Shiao
Email: winnie@ccparish.ca

Parish Office Hours 堂區辦事處時間
Mon—Fri 9:00am - 4:00pm

Sunday Mass 主日彌撒
Saturday Vigil 週六:
5:00 pm (English 英)
Sunday 週日:
9:00 am (English 英)
11:00 am (English 英)
3:00 pm (Cantonese 廣東話)

Weekday Mass 平日彌撒
Monday to Saturday - 8:00 am
Wednesday - 9:00 am (*School Mass when school is in session*)
Holy Hour every Friday - 6:00 pm
First Friday Evening Mass - 7:00 pm
Holidays - 9:00 am

Confession 修和聖事
Monday to Friday - 7:45 – 7:55 am
Friday - 6:00 – 6:45 pm (during Holy Hour)
Saturday - 8:30 am after Mass
Saturday - 3:45 – 4:45 pm
Sunday - 2:30 – 2:55 pm (Cantonese)

Liturgy of the Hours/Devotions
Lauds - 7:30 am on weekdays
Holy Rosary - Monday to Saturday
After morning Mass

Emmaus Adoration Chapel
The Chapel is now open 24/7 and accessible by a code. Please contact the Parish Office for the code.

Corpus Christi Elementary School
2360 Waverley Avenue
Vancouver, BC V5S 0J1
Phone: 604-321-1117
Email: office@cchristi.ca
Website: www.cchristi.ca
Principal: Ms. Rosa Natola

Corpus Christi Childcare Centre
2362 Waverley Avenue
Vancouver, BC V5S 0J1
Phone: 604-416-4117
Manager: Mrs. Ivana Ciccone
Email: iciccone@cchristi.ca



4 Core Values of Corpus Christi Parish
Engaged Disciples: Corpus Christi parishioners strive to be fully committed to holiness, mission, community and service. (*cf. Mission of the Redeemer 90, JP11*)



Rooted in Tradition: Corpus Christi parishioners are firmly rooted in the living Tradition of the Church, faithful to the fullness of the teachings of Christ in every aspect of parish life. (*cf. 2 Thessalonians 2:15*)



Multiplying Leaders: Corpus Christi parishioners follow Jesus' example of ministry by identifying, recruiting and investing in others to become leaders, and equipping them to do the same. (*cf. 2 Timothy 2:2*)



Evangelical Hospitality: Corpus Christi parishioners aim to be generous and evangelical in service and hospitality, providing everyone with opportunities to belong to the parish family. (*cf. Acts 2:44-47*)

BAPTISM

The Baptism Preparation Classes for parents are held via Zoom every 1st (Part 1) and 3rd (Part 2) Saturdays of the month, 10:30 am to 12 noon, except during the months of July and August. Parents must attend both sessions. Call the Parish Office to pre-register for the class. **Baptism celebrations are held on the 2nd and 4th Saturdays of each month @ 11:00 am.**

HOLY MATRIMONY

We welcome your wedding celebration at Corpus Christi Church. To arrange the date and begin your preparations, please contact the Parish Office at least 9 months prior to the proposed wedding date.

ANOIDING OF THE SICK

If your loved one, relative or friend would like to arrange for a priest for the administration of the Sacrament of the Anointing of the Sick or to visit the sick in a hospital, please phone the Parish Office. Or you may contact the hospital chaplain:

VGH:
Fr. Gilbert Nunez & Fr. Luis Martin Brian Delgado (Mon., Tue., Fri., Sat. and Sun.)
Fr. Aresene Dutunge (Wed. and Thurs.)
604-875-4111

MOUNT ST JOSEPH HOSPITAL:
Fr. Joseph Ha Vinh Tran, OP (Chaplain)
604-876-7826

BURNABY HOSPITAL:
St. Theresa's Parish
604-434-4211 (Chaplain)
604-298-6800 (Parish)

ST. PAUL'S HOSPITAL
Fr. Victor Fernandes, OCD
604-982-2344/604-445-9323
(cell)/604-252-4224 (pager)

PARISH MINISTRIES/GROUPS

Adoration Chapel	Araceli Hinz
Alpha	Michelle Wong
Altar Servers	Fr. Hamilton, Fr. Le, Margie Lacson
After Mass Socials	Jennifer Tow, Tina Chan
Baptism Preparation	Adelia Yiu
Bible Study	Joyce Fung
Catholic Women's League	Camille Macapanpan
Chinese Community	Frank Chan
Choir	Kevin Garcia (5pm) Dominica Chan (9am) Scholastica Au (11am) Vincent Lau (3pm)
Church Care	Joyce Fung
Altar Linens	Agnes Lo
Church Flowers	Monica Lau
Emergency Management	Serafina Chau
EMC	Bill Lam
Hospitality Ministry	Mary Vendencia, Mellysa Lim (Greeters)
Intercessory Prayer Ministry	Lina Glass, Winnie Koch
Knights of Columbus	David Robinson
Legion of Mary	Margie Goebel
Marriage Mentorship	David & Connie Robinson
Men's Group	Seamus O'Brien
PREP	Annie Dee
RCIA	Neila Tong
	Veronica Yam
Faith Studies	Thomas Robinson
Readers	Irene Goh (Weekend Mass) Joyce Fung (Weekday Mass)
Safe Environment	Karen Tully
Seniors' Ministry	Theresa Stewart, Remedios Yeung
Senior Leadership Team	Fr. Hamilton, Fr. Le, Winnie Shiao, Deborah Welsh, Schola Au, Prisca Cheung
Ushers	Rick Lam
Youth Ministry	Miguel Lacson, Isabelle Liu
Young Adults	Bruno Rodriguez, Rae Ann Hernandez



Mass Intentions for the week

February 08, 2026
Fifth Sunday in Ordinary Time

February 07, Saturday (Vigil Mass)

5:00 PM – Ugo Bellini, RIP

February 08, Sunday (Fifth Sunday in Ordinary Time)

9:00 AM – Agnes Lau, healing

11:00 AM – Parishioners, Living and Deceased

3:00 PM – Ada Fung-Kwan Ho, RIP

February 09, Monday

8:00 AM – Alfonso & Luisa Pellicciotta, RIP

February 10, Tuesday (St Scholastica, Virgin)

8:00 AM – Angel Fernando, Conversion

February 11, Wednesday (Our Lady of Lourdes)

8:00 AM – Rafael Abad, RIP

9:00 AM – School Mass

February 12, Thursday

8:00 AM – Andrew Mok, RIP

February 13, Friday

8:00 AM – Kellog Fung, Birthday

6:00 PM – Holy Hour of Adoration

February 14, Saturday (Sts Cyril, Monk, and Methodius)

8:00 AM – Deceased members of Lau family

Stewardship Reflection

February 8 – 5th Sunday in Ordinary Time

“Let your light shine before others, that they may see your good works and give glory to your Father who is in heaven.”

Matthew 5:16

The generosity of being a good steward of your gifts has a positive effect on people, and it is contagious! Good works encourage more good works. Generosity is a by-product of a grateful lifestyle. The more we recognize God’s gifts, the more we want to share them. Good stewards recognize that God is working through them, and they don’t put themselves above the people they have been called to help.

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The Knights of Columbus will be selling wonton soup for \$7.00 per bowl, at the After Mass Socials on Sunday, **February 15**. Come join the fun and bring cash!

RELIGIOUS BOOTH

The Religious Articles Booth will be open on February 8 and 22 from 8:45 am to 11:15 am (closed during mass).

Remembering the Sick In Prayers

Prayers for the sick can be requested. To add the name of your loved one, please drop by or call the Parish Office.

Helen Cuervo, Virginia Mak Sun, Peter Sun, Vincent Kwan, Remedios Hufano, Roslyn Sami, Bernard Glemas, Maria Carolina Martinez, Juliana Sou, Delia Yapp, Agnes Lau, Charles & Linda Harwood, Josephine Manni

The names listed in the bulletin will remain here for 2 months unless the office is notified.

Last Weekend’s Collection

Offertory Collection	\$	7,933.15
BC Catholic	\$	3,181.50
Building Fund	\$	517.00
Christmas Offering	\$	5.00
Initial Offering	\$	186.38
New Year’s Offering	\$	45.00

TOTAL \$ **11,868.03**

NEXT SPECIAL COLLECTIONS:

February 15, 2026 Building Fund

Thank you for your generosity

VOLUNTEER TO BECOME AN USHER



Corpus Christi Parish is looking for new ushers to assist at Mass.
No prior experience is required.

The only requirements are regular Mass attendance and a minimum age of 18 years old.

Interested? Join us at the
next Usher Ministry Meeting

Saturday, February 14 @ 1pm
Corpus Christi Parish

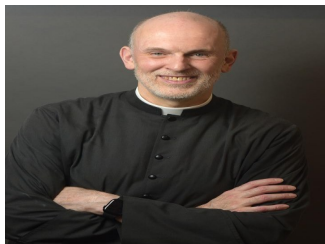


Scan to RSVP



Corpus Christi Parish is looking for a **part time cook / housekeeper** for **Mon, Tues, Wed**. This position supports the Pastor and Parish community by performing tasks such as cleaning, cooking, laundry and grocery stopping.

Please submit your resume to Winnie Shiao
winnie@ccparish.ca



5th Sunday in Ordinary Time Preparing the Heart for Lent, A Season of Grace and Opportunity



It's amazing how quickly the calendar turns. We are already standing at the edge of Lent, which begins this year on **Wednesday, February 18**, one of the earliest possible starts. That means **now, not the day before Ash Wednesday, is the time to ask: "Lord, what are You inviting me to do this Lent?"**

Lent is not something we survive! **It's something we're meant to enter.** Too often we treat it like a burden: "Here we go again...give something up... grit our teeth...", but that misses the heart of it.

Lent is not punishment.

Lent is gift.

Lent is grace.

Lent is opportunity.

At the center of Lent is not our sacrifice, **it's Jesus.** Before we fast, before we give anything up, **He goes first!**

He spends forty days in prayer and fasting for you and for me.

He allows Himself to feel hunger.

He allows Himself to be tempted.

He steps into the desert, not for His sake, but for ours.

He is showing us: **Stay close to Me... and you will have victory** 1) over temptation, 2) over sin, 3) over the habits that keep us small.

Lent is not about becoming slightly more disciplined, or losing a few pounds. It is about **deepening our relationship with Christ**, living close enough to Him that **His strength becomes our strength.**

Lent is also a time of reparation and renewal. Jesus has already saved us, yes, but love always wants to respond.

So we **pray, fast, give alms.** We offer small sacrifices united to His great sacrifice.

When Lent "works," other people benefit. We become more patient, more generous, more joyful.

Ask now: *What will I do differently this year?*

Maybe:

- Extra time with Scripture each day

- One additional weekday Mass
- Regular Confession
- More intentional fasting
- Less screen time, more prayer
- Quiet acts of charity for someone who cannot repay you

Whatever you choose, **put it on your calendar.** If it isn't scheduled, it usually doesn't happen.

As Catholics, we also observe:

- Fasting and abstinence on Ash Wednesday and Good Friday
- Abstinence from meat on Fridays of Lent

These aren't heavy burdens, they train the heart to say: **"Lord, You matter more."**

"Man shall not live by bread alone, but by every word that proceeds from the mouth of God." (Matthew 4:4)

Ash Wednesday Masses: 9am • 4pm • 7pm

Put it in your schedule today.

Imagine arriving at Easter **lighter...freer...closer to Jesus.**

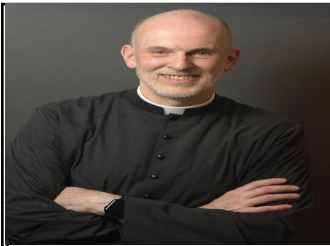
That's what God wants for you.

That's the grace waiting for you.

Fr. Hamilton



**DROP-OFF FROM 9-12PM @ E48TH AND NANAIMO
SATURDAY, FEBRUARY 14, 2026**



常年期第五主日

本堂神父的話

預備心靈迎接四旬期，
一個恩寵與更新的季節



日子過得真快，我們已站在四旬期的門口。今年的四旬期在二月十八日，**星期三**開始，是最早開始的年份之一。這表示：**現在，不是聖灰瞻禮前一天——正是我們要問主的一刻：「主啊，這個四旬期，祢邀請我做些什麼？」**

四旬期不是要「捱過去」的！而是要「走進去」的。我們常把它當成負擔：

「又來了……又要放棄些什麼……咬緊牙關……」但這樣就錯過了四旬期的核心。

四旬期不是懲罰。

四旬期是恩賜。

四旬期是恩寵。

四旬期是機會。

四旬期的中心不是我們的犧牲，而是耶穌。在我們禁食、在我們放下任何東西之前，**祂先走在前面。**

祂為你、為我，在曠野祈禱和禁食四十天。

祂讓自己感受飢餓。

祂讓自己面對誘惑。

祂走進曠野，不是為祂自己，而是為我們。

祂在向我們顯示：**靠近我……你就能得勝**：1) 戰勝誘惑 2) 戰勝罪惡 3) 戰勝那些讓我們變得渺小的習慣。

四旬期不是為了變得更自律一點，也不是為了減幾磅。而是**為了更親近基督，靠祂而活，讓祂的力量成為我們的力量。**

四旬期也是補贖與更新的時刻。耶穌已經救贖了我們，但愛總會想回應。

所以我們**祈禱、齋戒、施捨**。我們把小小的犧牲，與祂偉大的犧牲結合。

當四旬期「真正發生作用」時，別人會因我們而受惠：我們變得更耐心、更慷慨、更喜樂。

現在就問：**今年我會有什麼不同？**

也許是：

每天多花一點時間讀聖經

每週多參與一次平日彌撒

定期辦告解

更有意識地齋戒

減少螢幕時間，多些祈禱

為不能回報你的人做一些默默的善工

無論你選什麼，**請把它寫進行事曆**。沒有安排的事，通常不會發生。

作為天主教徒，我們也遵守：

聖灰瞻禮與耶穌受難日：**守大小齋**，禁食肉類

四旬期內的星期五：守小齋禁食肉類

這些不是沉重的負擔，而是訓練我們的心說：**「主啊，祢更重要。」**

「人生活不只靠餅，也靠天主口中所發的一切話。」（瑪 4:4）

聖灰瞻禮彌撒時間：9am • 4pm • 7pm

請今天就記下來。

想像一下：在復活節來臨時，你變得更輕省……更自由……更親近耶穌。

這正是天主為你預備的恩寵。

Hamilton 神父

CORPUS CHRISTI FUNDRAISING DINNER

<https://www.zeffy.com/en-CA/ticketing/2026-chinese-new-year-fundraiser>

Cash ticket sales will also be available after every Sunday Mass until February 28. Those who purchase a full table will receive a bonus of two bottles of wine. We are also actively seeking event sponsors and would be grateful for your support.

Attention: You must OPT OUT of fees Please note that this year we are using Zeffy for the first time as our online ticketing platform. During checkout, you will see an optional donation to Zeffy. If you do not wish to donate, please ensure this amount is set Other and then to \$0 before entering your payment details, as any Zeffy donations do not go to Corpus Christi Parish.

We look forward to gathering for a meaningful evening together, celebrating the support of our shared mission.

Blessings, Capital Campaign Committee



One of the dishes that will be served during the Corpus Christi Fundraising Dinner. Please come and join us!