



**February 15, 2026  
Sixth Sunday in Ordinary Time**

**Pastor 主任司鐸**  
Fr. Bruce-John Hamilton

**Assistant 助理司鐸**  
Fr. Patrick Le

**Chinese Mass 中文彌撒司鐸**  
Fr. Paul Chu

**Office Manager 辦公室經理**  
Winnie Shiao  
Email: winnie@ccparish.ca

**Parish Office Hours 堂區辦事處時間**  
Mon—Fri 9:00am - 4:00pm

**Sunday Mass 主日彌撒**  
Saturday Vigil 週六:  
5:00 pm (English 英)  
Sunday 週日:  
9:00 am (English 英)  
11:00 am (English 英)  
3:00 pm (Cantonese 廣東話)

**Weekday Mass 平日彌撒**  
Monday to Saturday - 8:00 am  
Wednesday - 9:00 am (*School Mass when school is in session*)  
Holy Hour every Friday - 6:00 pm  
First Friday Evening Mass - 7:00 pm  
Holidays - 9:00 am

**Confession 修和聖事**  
Monday to Friday - 7:45 – 7:55 am  
Friday - 6:00 – 6:45 pm (during Holy Hour)  
Saturday - 8:30 am after Mass  
Saturday - 3:45 – 4:45 pm  
Sunday - 2:30 – 2:55 pm (Cantonese)

**Liturgy of the Hours/Devotions**  
Lauds - 7:30 am on weekdays  
Holy Rosary - Monday to Saturday  
After morning Mass

**Emmaus Adoration Chapel**  
The Chapel is now open 24/7 and accessible by a code. Please contact the Parish Office for the code.

**Corpus Christi Elementary School**  
2360 Waverley Avenue  
Vancouver, BC V5S 0J1  
Phone: 604-321-1117  
Email: office@cchristi.ca  
Website: www.cchristi.ca  
Principal: Ms. Rosa Natola

**Corpus Christi Childcare Centre**  
2362 Waverley Avenue  
Vancouver, BC V5S 0J1  
Phone: 604-416-4117  
Manager: Mrs. Ivana Ciccone  
Email: iciccone@cchristi.ca



**4 Core Values of Corpus Christi Parish**  
**Engaged Disciples:** Corpus Christi parishioners strive to be fully committed to holiness, mission, community and service. (cf. *Mission of the Redeemer 90, JP11*)



**Rooted in Tradition:** Corpus Christi parishioners are firmly rooted in the living Tradition of the Church, faithful to the fullness of the teachings of Christ in every aspect of parish life. (cf. *2 Thessalonians 2:15*)



**Multiplying Leaders:** Corpus Christi parishioners follow Jesus' example of ministry by identifying, recruiting and investing in others to become leaders, and equipping them to do the same. (cf. *2 Timothy 2:2*)



**Evangelical Hospitality:** Corpus Christi parishioners aim to be generous and evangelical in service and hospitality, providing everyone with opportunities to belong to the parish family. (cf. *Acts 2:44-47*)

#### **BAPTISM**

The Baptism Preparation Classes for parents are held via Zoom every 1<sup>st</sup> (Part 1) and 3<sup>rd</sup> (Part 2) Saturdays of the month, 10:30 am to 12 noon, except during the months of July and August. Parents must attend both sessions. Call the Parish Office to pre-register for the class. **Baptism celebrations are held on the 2<sup>nd</sup> and 4<sup>th</sup> Saturdays of each month @ 11:00 am.**

#### **HOLY MATRIMONY**

We welcome your wedding celebration at Corpus Christi Church. To arrange the date and begin your preparations, please contact the Parish Office at least 9 months prior to the proposed wedding date.

#### **ANOIDTING OF THE SICK**

If your loved one, relative or friend would like to arrange for a priest for the administration of the Sacrament of the Anointing of the Sick or to visit the sick in a hospital, please phone the Parish Office. Or you may contact the hospital chaplain:

**VGH:**  
Fr. Gilbert Nunez & Fr. Luis Martin Brian Delgado (Mon., Tue., Fri., Sat. and Sun.)  
Fr. Aresene Dutunge (Wed. and Thurs.)  
604-875-4111

**MOUNT ST JOSEPH HOSPITAL:**  
Fr. Joseph Ha Vinh Tran, OP (Chaplain)  
604-876-7826

**BURNABY HOSPITAL:**  
St. Theresa's Parish  
604-434-4211 (Chaplain)  
604-298-6800 (Parish)

**ST. PAUL'S HOSPITAL**  
Fr. Victor Fernandes, OCD  
604-982-2344/604-445-9323  
(cell)/604-252-4224 (pager)

#### **Stewardship Reflection**

**February 15 - 6<sup>th</sup> Sunday in Ordinary Time**

*"For I tell you, unless your righteousness exceeds that of the scribes and Pharisees, you will never enter the kingdom of heaven." Matthew 5:20*

The Pharisees lived according to the letter of the law, and they used this to elevate themselves above the other people. Jesus is clear – it's the love that you have in your heart, for God and others, that will get you to heaven. Simply following church rules to the letter and not out of love, does not necessarily put you on the path to heaven. Attending Sunday Mass and then gossiping about a fellow parishioner in the parking lot is an example of being a modern-day Pharisee.

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#### **WELCOME TO NEW PARISHIONERS AND VISITORS:**

To register, please complete a Registration Form available at the Welcoming Booth in the church vestibule or at the Parish Office or download from the parish website, [www.cchristi.ca](http://www.cchristi.ca). Envelopes are assigned to those who request for them.

Morning Mass on Monday, **February 16, will be at 9:00am** due to Family Day Holiday. Parish office will be closed on that day.



**Join Fr. Bruce-John Hamilton on Instagram**

Keep up with what's new from  
**Fr. Bruce-John Hamilton.**

[https://www.instagram.com/fr.brucejohn\\_hamilton/](https://www.instagram.com/fr.brucejohn_hamilton/)



## Mass Intentions for the week

**February 15, 2026**  
**Sixth Sunday in Ordinary Time**

### February 14, Saturday (Vigil Mass)

5:00 PM – Annie Li Sau Wan Wong, RIP

### February 15, Sunday (Fifth Sunday in Ordinary Time)

9:00 AM – Joe Taddei, RIP

11:00 AM – Parishioners, Living and Deceased

3:00 PM – Sau Dai Chan, RIP

### February 16, Monday

9:00 AM – Katherine Tam & Family, Safe trip

### February 17, Tuesday

8:00 AM – Francis Claire, RIP

### February 18, Wednesday (Ash Wednesday)

9:00 AM – School Mass

4:00 PM – Richard Shi Thau Leung, RIP

7:00 PM – Souls in Purgatory

### February 19, Thursday

8:00 AM – Margarite Gerwing, Special Intentions

### February 20, Friday

8:00 AM – Anthony Lap Shun Wong, RIP

6:00 PM – Holy Hour of Adoration

### February 21, Saturday (St. Peter Damian)

8:00 AM – Legion of Mary, 39th Anniversary



The Knights of Columbus will be selling wonton soUp for \$7.00 per bowl, at the After Mass Socials on Sunday, **February 15**. Come join the fun and bring cash!

### CONGRATULATIONS TO THE NEWLYWEDS!

**EDWIN OH and AMANDA YUEN**

**February 7, 2026**



### Remembering the Sick In Prayers

Prayers for the sick can be requested. To add the name of your loved one, please drop by or call the Parish Office.

**Helen Cuervo, Virginia Mak Sun, Peter Sun, Vincent Kwan, Remedios Hufano, Roslyn Sami, Bernard Glemas, Maria Carolina Martinez, Juliana Sou, Delia Yapp, Agnes Lau, Charles & Linda Harwood, Josephine Manni, Monica Conlin; Jack Wong**

The names listed in the bulletin will remain here for 2 months unless the office is notified.

### Last Weekend's Collection

Offertory Collection	\$ 8,071.95
BC Catholic	\$ 280.00
Building Fund	\$ 1,063.00
Christmas Offering	\$ 20.00
Initial Offering	\$ 60.00
New Years	\$ 110.00
St. Joseph Society	\$ 100.00

**TOTAL \$ 9,704.95**

### NEXT SPECIAL COLLECTIONS:

**February 22, 2026 St. Joseph Society**  
***Thank you for your generosity***

## VOLUNTEER TO BECOME AN USHER



Corpus Christi Parish is looking for new ushers to assist at Mass.  
No prior experience is required.

The only requirements are regular Mass attendance and a minimum age of 18 years old.

Interested? Join us at the  
next Usher Ministry Meeting

Saturday, February 14 @ 1pm  
Corpus Christi Parish



Scan to RSVP

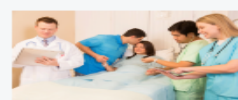
**Are you a student  
considering a career/vocation  
in healthcare?**

**Come participate in our  
PANEL DISCUSSION**

**How to serve in healthcare as a Catholic**

#### Event Highlights

- Get advice in navigating school applications and coursework from our faculty: practicing RC doctors, nurses, pharmacist, and other professionals.
- Meet and connect with medical students, other students, and working healthcare professionals.
- Learn how to serve in healthcare as a practicing Catholic.



**Sat March 7 from 9:00AM -12:00PM**

Event begins with Mass @9AM  
Holy Name of Jesus Parish  
4925 Cambie St, Vancouver



For information & registration, scan the QR Code



Corpus Christi Parish is looking for a **part time cook / housekeeper** for **Mon, Tues, Wed**. This position supports the Pastor and Parish community by performing tasks such as cleaning, cooking, laundry and grocery stopping.

Please submit your resume to Winnie Shiao  
[winnie@ccparish.ca](mailto:winnie@ccparish.ca)



6th Sunday in Ordinary Time

The Sunday Before Ash  
Wednesday



First of all, a very happy and blessed Lunar New Year to all of our Asian parishioners and families. May this year be truly blessed by God, centred in Christ Jesus, under the loving guidance of our Blessed Mother, St. Joseph, and the Holy Angels. That is where our focus must always remain: on Christ.

Now, Ash Wednesday is almost here.

As I mentioned last week, please do not wait until the day before Ash Wednesday to think about Lent. Do a little preparation. Teachers prepare before entering the classroom. Parents prepare before welcoming a child into the world, you don't wait until the baby arrives to ask, "Should we paint the room?" Preparation matters.

It is the same with Lent.

Lent is not a burden. It is a season of grace. A season of blessing. A season of opportunity, but we must prepare to enter it well.

### What the Church Does to Help Us

The Church, like a good mother and teacher, guides us through this sacred season.

During Lent:

- There is **no Gloria** - not because we are sad, but because we are in anticipation.
- There is **no Alleluia** - we fast from it so that it bursts forth with joy at Easter.
- The sanctuary is simpler - **no flowers**.

The vestments are **violet (purple)** - recalling both Christ's Passion and His Kingship. Remember: the soldiers mocked Him with a purple robe, not realizing they were proclaiming the truth. He is King.

### Accompanying Jesus

Lent is about accompanying Jesus during His forty days in the desert.

He fasts and prays, for you and for me.

He permits Himself to be tempted by the evil one, His own creature. It must have been odious for Him to allow that. Yet He does so to teach us how to overcome temptation. Every temptation we will ever face is answered in those three encounters in the desert.

If we truly accompany Jesus, if we watch Him, learn from Him, stay close to Him, Lent will never feel negative. It becomes deeply personal. He is loving us, teaching us, strengthening us.

We also have concrete helps:

- **Stations of the Cross every Friday evening** — a powerful devotion tracing the steps first walked by Jesus Himself. This devotion was strongly promoted and codified by St. Francis of Assisi, but its origin is Christ's own Passion.

Our school students pray the children's version of the Stations every Tuesday that school is in session.

Take advantage of these opportunities. Walk with Him!

Let us unite as a parish family under our Divine Teacher, Jesus Christ. Let us pray for one another, that we may pass through this holy season and truly prosper supernaturally.

### Fasting and Abstinence — A Simple Explanation

According to the Church's law (*Canon Law and the Catechism*):

#### Fasting

- **One full meal** during the day.
- Two smaller meals may be taken if necessary, but together they should not equal another full meal.
- No eating between meals.
- Required on **Ash Wednesday and Good Friday**.

Applies to Catholics aged **18–59** (with reasonable exceptions for health, or serious need).

#### Abstinence

- **No meat** (traditionally flesh meat).
- Required on **Ash Wednesday and all Fridays of Lent**.

Applies to Catholics aged **14 and older**.

These practices are not about punishment. They are about reparation, union with Jesus, discipline, freedom, and love. We voluntarily limit ourselves in small ways so that our hearts can grow in love for Christ and in solidarity with those who suffer.

Let us prepare well!

Let us walk with Jesus!

Let us enter Lent ready to receive the grace He desires to give!

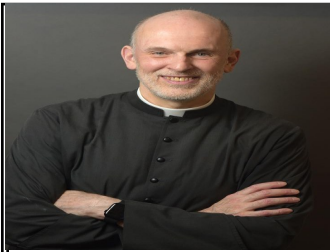
### Fr. Hamilton



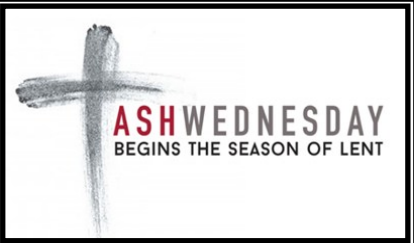
**Legion of Mary**, Our Lady of the Roses Praesidium is celebrating its 39<sup>th</sup> anniversary with a Mass offering on Feb 21, Saturday at 8:00 am.

Please come and join us to pray together that with the help of Mother Mary, we will continue to serve God and the church faithfully.





常年期第六主日  
本堂神父的話  
聖灰星期三前的主日



首先，謹向所有亞裔教友與家庭致上誠摯的祝福：**新年快樂，蒙主恩佑！**

願這一年真正蒙受天主的祝福，以基督為中心，在聖母、聖若瑟及諸聖天使的慈愛引領下前行。我們的焦點永遠必須放在基督身上。

聖灰星期三快到了

正如我上週所提，請不要等到聖灰星期三的前一天才開始思考四旬期。

請稍作準備。老師在進教室前會先準備。父母在迎接新生命前也會準備，不會等到嬰兒出生才問：「我們要不要把房間油上新油？」準備是重要的。

四旬期也是如此。

四旬期不是負擔，而是一個恩寵的季節、祝福的季節、機會的季節。但我們必須準備好，才能善度這段時期。

#### 教會如何幫助我們

教會如同慈母與良師，引領我們度過這神聖的季節。

在四旬期：

**沒有光榮頌** —— 不是因為悲傷，而是因為期待。

**沒有亞肋路亞** —— 我們暫時禁唱，使它在復活節時喜樂爆發。

**祭台區更為簡樸** —— 不擺放鮮花。

**祭披為紫色** —— 既象徵基督的苦難，也象徵祂的王權。請記得：士兵以紫袍戲弄祂，卻不知自己說出了真理——祂確實是君王。

#### 陪伴耶穌

四旬期是陪伴耶穌在曠野四十天的時期。

祂為你、為我而禁食祈禱。

祂允許自己受魔鬼，祂親手造的受造物所試探。對祂而言，這必定是極其厭惡的事；然而祂願意如此，為教導我們如何戰勝誘惑。我們一生所面對的每一種誘惑，都能在祂在曠野的三次試探中找到答案。

若我們真正陪伴耶穌、注視祂、向祂學習、親近祂，四旬期就不會令人感到負面。反而會變得極為個人、極為親密。祂在愛我們、教導我們、堅強我們。具體的幫助：

**每週五晚上苦路善功** —— 這是強而有力的敬禮，重溫耶穌親身走過的道路。聖方濟各大力推廣並整理了這項敬禮，但其根源是基督自己的苦難。

學校學生每週二（上課日）祈禱兒童版苦路

請善用這些機會。與祂同行！

讓我們在神師耶穌基督的帶領下，作為一個堂區家庭彼此祈禱，好能度過這神聖的季節，在超性的生命中真正成長。

#### 守大齋與守小齋 —— 簡明說明

根據《教會法典》與《要理》：

##### 守大齋 (Fasting)

一天只可吃**一頓正餐**。

若有需要，可吃兩次較小的點心，但兩者合計不得等於一頓正餐。

餐與餐之間不可進食。

**適用於聖灰禮儀日與耶穌受難日（聖週五）。**

**適用年齡：18 – 59 歲**（健康或重大需要者可豁免）。

##### 守小齋 (Abstinence)

**不吃肉類**（傳統上指哺乳動物與禽類的肉）。

**適用於聖灰禮儀日及四旬期所有星期五。**

**適用年齡：14 歲以上。**

這些做法不是懲罰，而是補贖、與耶穌結合、操練紀律、獲得自由與成長於愛德的方式。我們在小事上自我節制，使心更能愛基督，也更能與受苦者團結。

讓我們好好準備！

讓我們與耶穌同行！

讓我們以敞開的心迎接祂願意賜予的恩寵！

Hamilton 神父

#### Corpus Christi Fundraising Dinner

Join us for a joyful evening of great food, great company, and a great cause at the **Corpus Christi Fundraising Dinner on Saturday, March 7 (6:00–10:00 PM) at Sun Sui Wah Restaurant (Main Street).**

Come enjoy a delicious multi-course dinner, connect with fellow parishioners, and support the **Corpus Christi Parish Capital Campaign**. This is a wonderful opportunity to gather as a community while helping invest in the future of our parish and school.

##### Tickets:

<https://www.zeffy.com/en-CA/ticketing/2026-chinese-new-year-fundraiser>  
Cash ticket sales will also be available after Sunday Mass until **Feb 28**

○ Full tables receive **two complimentary bottles of wine**

○ Sponsorships welcome

**\$100 of each \$180 ticket is tax deductible**

Let's come together and make this a memorable night for our parish community!