



August 17, 2025
20th Sunday in Ordinary Time

Pastor 主任司鐸
Fr. Bruce-John Hamilton

Assistant 助理司鐸
Fr. Patrick Le

Chinese Mass 中文彌撒司鐸
Fr. Paul Chu

Office Manager 辦公室經理
Winnie Shiao
Email: winnie@ccparish.ca

Parish Office Hours 堂區辦事處時間
Mon—Fri 9:00am - 4:00pm

Sunday Mass 主日彌撒
Saturday Vigil 週六:
5:00 pm (English 英)
Sunday 週日:
9:00 am (English 英)
11:00 am (English 英)
3:00 pm (Cantonese 廣東話)

Weekday Mass 平日彌撒
Monday to Saturday - 8:00 am
Wednesday - 9:00 am (*School Mass when school is in session*)
Holy Hour every Friday - 6:00 pm
First Friday Evening Mass - 7:00 pm
Holidays - 9:00 am

Confession 修和聖事
Monday to Friday - 7:45 – 7:55 am
Friday - 6:00 – 6:45 pm (during Holy Hour)
Saturday - 8:30 am after Mass
Saturday - 3:45 – 4:45 pm
Sunday - 2:30 – 2:55 pm (Cantonese)

Liturgy of the Hours/Devotions
Lauds - 7:30 am on weekdays
Holy Rosary - Monday to Saturday
After morning Mass

Emmaus Adoration Chapel
The Chapel is now open 24/7 and accessible by a code. Please contact the Parish Office for the code.

Corpus Christi Elementary School
2360 Waverley Avenue
Vancouver, BC V5S 0J1
Phone: 604-321-1117
Email: office@cchristi.ca
Website: www.cchristi.ca
Principal: Ms. Rosa Natola

Corpus Christi Childcare Centre
2362 Waverley Avenue
Vancouver, BC V5S 0J1
Phone: 604-416-4117
Manager: Mrs. Ivana Ciccone
Email: iciccone@cchristi.ca



4 Core Values of Corpus Christi Parish
Engaged Disciples: Corpus Christi parishioners strive to be fully committed to holiness, mission, community and service. (cf. *Mission of the Redeemer 90, JP11*)



Rooted in Tradition: Corpus Christi parishioners are firmly rooted in the living Tradition of the Church, faithful to the fullness of the teachings of Christ in every aspect of parish life. (cf. *2 Thessalonians 2:15*)



Multiplying Leaders: Corpus Christi parishioners follow Jesus' example of ministry by identifying, recruiting and investing in others to become leaders, and equipping them to do the same. (cf. *2 Timothy 2:2*)



Evangelical Hospitality: Corpus Christi parishioners aim to be generous and evangelical in service and hospitality, providing everyone with opportunities to belong to the parish family. (cf. *Acts 2:44-47*)

PARISH MINISTRIES/GROUPS

Adoration Chapel
Alpha
Altar Servers
After Mass Socials

Baptism Preparation
Bible Study

Catholic Women's League
Chinese Community
Choir

Church Care
Altar Linens
Church Flowers
Emergency Management
Extraordinary Ministers of
Holy Communion
Hospitality Ministry

Intercessory Prayer Ministry
Knights of Columbus
Legion of Mary
Marriage Mentorship
Men's Group
PREP

RCIA

Faith Studies
Readers

Safe Environment
Seniors' Ministry

Senior Leadership Team

Ushers
Youth Ministry

Araceli Hinz
Michelle Wong
Fr. Hamilton, Fr. Le, Margie Lacson
Mary Vendencia, Mellysa Lim
(9am/11am), Tina Chan (3pm)
Adelia Yiu
Joyce Fung (Tues Morning)
Joseph Chiu (Chinese)
Camille Macapanpan
Frank Chan
Kevin Garcia (5pm)
Dominica Chan (9am)
Scholastica Au (11am)
Vincent Lau (3pm)
Joyce Fung
Agnes Lo
Monica Lau
Serafina Chau

Bill Lam
Annie Dee, Mary Vendencia,
Mellysa Lim (Greeters)
Lina Glass, Winnie Koch
David Robinson
Margie Goebel
David & Connie Robinson
Seamus O'Brien
Annie Dee, Corrina Pitacco, Marina
Hung
Neila Tong
Joseph Chiu (Chinese)
Thomas Robinson
Irene Goh (Weekend Mass)
Joyce Fung (Weekday Mass)
Karen Tully
Theresa Stewart,
Remedios Yeung
Fr. Hamilton, Fr. Le, Schola Au,
Prisca Cheung, Annie Dee, Peter
Lee, Winnie Shiao, Deborah Welsh
Rick Lam
Miguel Lacson, Isabelle Liu

BAPTISM

The Baptism Preparation Classes for parents are held via Zoom every 1st (Part 1) and 3rd (Part 2) Saturdays of the month, 10:30 am to 12 noon, except during the months of July and August. Parents must attend both sessions. Call the Parish Office to pre-register for the class. **Baptism celebrations are held on the 2nd and 4th Saturdays of each month @ 11:00 am.**

HOLY MATRIMONY

We welcome your wedding celebration at Corpus Christi Church. To arrange the date and begin your preparations, please contact the Parish Office or either one of our priests at least 9 months prior to the proposed wedding date.

ANOIDING OF THE SICK

If your loved one, relative or friend would like to arrange for a priest for the administration of the Sacrament of the Anointing of the Sick or to visit the sick in a hospital, please phone the Parish Office. Or you may contact the hospital chaplain:

VGH:

604-875-4111

Fr. Gilbert Nunez & Fr. Luis Martin Brian Delgado (Mon., Tue., Fri., Sat. and Sun.)
Fr. Aresene Dutunge (Wed. and Thurs.)

MOUNT ST. JOSEPH HOSPITAL:

Fr. Joseph Ha Vinh Tran, OP (Chaplain)
604-876-7826

BURNABY HOSPITAL:

St. Theresa's Parish
604-434-4211 (Chaplain)
604-298-6800 (Parish)

ST. PAUL'S HOSPITAL:

Fr. Victor Fernandes, OCD
604-682-2344/604-445-9323
(cell)/604-252-4224 (pager)

August 17, 2025
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Saturday, Aug 16

Vigil Mass

5:00 PM Josephine Chan, RIP

Sunday, Aug 17

20th Sunday in Ordinary Time

9:00 AM All Parishioners, Living and Deceased

11:00 AM Bonnie Pare, RIP

3:00 PM Lai Kuen Lam, RIP

Monday, Aug 18

8:00 AM Mike Antoniazzi, Birthday

Tuesday, Aug 19

8:00 AM Bruce & Renelle Goh, Anniversary

Wednesday, Aug 20

St. Bernard

8:00 AM Maria Plachta, RIP

Thursday, Aug 21

St. Pius X

8:00 AM Yonge Family, Thanksgiving

Friday, Aug 22

The Queenship of the Blessed Virgin Mary

8:00 AM Santos In Hong Guiap, RIP

6:00 PM Holy Hour

Saturday, Aug 23

8:00 AM Josephine Chan, RIP

STEWARDSHIP REFLECTIONS

August 17, 2025
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"Do you think I have come to give you peace on Earth?

No, I tell you, but rather division." LUKE 12:51

Many of us like to play it safe, not cause waves with our family and friends, especially when it comes to politics and religion. We don't want to cause any turmoil.

However, many times this is at the expense of the truth.

The truth being Jesus Christ. Too many people are misguided because they rely on their own limited human ability to reason and are not allowing faith in God to guide them. Form your conscience; take a stance for life, marriage, and religious liberty.

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PARISH ANNOUNCEMENTS

PREP PROGRAM 2025-26

PREP 2025-2026 in person registration is on Sat., Aug. 23 after the 5pm Mass and Sun., Aug. 24 after the 9 and 11 am Mass in the church's vestibule. Please bring a copy of your child's baptismal and First Holy Communion (if applicable) certificates.

Registration fee is \$120

Please pick up registration instructions and a copy of the commitment letter either from the parish office during office hours, from the Welcome Booth after weekend Masses or email prep@ccparish.ca.

This year PREP begins on Wed., Sept. 10 @4pm.

CHURCH CLEANERS - HELP WANTED



We are very much in need of your help and service. Consider giving Jesus, in this parish of yours, 1 hour on Thursday mornings after Mass! School parents volunteering will be credited for participation hours.

Please contact Joyce Fung: joycefung@gmail.com or (604) 362-0898

Engaged Disciples: Offering to Serve by cleaning God's house with devotion and commitment, a practical way to express one's gratitude to God for all the gifts we have been given.

Corpus Christi Family Festival



SUNDAY, SEPTEMBER 7TH
10:30AM TO 2:00PM

\$1 HOT DOG OR SAMOSA MEALS*

Tickets will be available for purchase after all weekend Masses August 16, 17, 23, 24, 30, and 31.

Food sales on the day of will be by donation only.

Free freebies for the children

• Games & Activities

• Fun for the Whole Family!

* Meal includes drink, watermelon and chips.

Last Weekend's Collection

Sunday Offertory Collection	\$9,383.70
Building Fund	\$80.00
Holy Land (Good Friday)	\$10.00
Initial Offering	\$20.00
Lenten Charity	\$5.00
Pro Life	\$20.00
Work of Vocations	\$10.00
Total	\$9,528.70

Thank you for your generosity.

Remembering the Sick In Prayers

Leodigario Cajucom	Helen Cervo	Eddie Chiu
Joseph Chiu	Bernard Glemas	Charles Harwood
Linda Harwood	Winnie Lam	Virginia Mak
Maria C. Martinez	Anna Mo	Kamla Samy
Juliana Sou	Fred Vendencia	Digno Vibat
Maria Volpe	Mark Williams	Julia Williams

Prayers for the sick can be requested. To add the name of your loved one, please drop by or call the Parish Office.

The names listed in the bulletin will remain here for 2 months unless the office is notified.

The Simple Checklist for a Great Confession: 5 Things Every Catholic Should Know

By [Luisa Restrepo](#), ChurchPop

Sometimes we hesitate to go to confession. It's not always easy—it takes preparation and a willing heart.

Pope Francis reminds us that “the Sacrament of Reconciliation is a sacrament of healing.”

“When I go to confession,” he said, “it’s to heal myself—to heal my soul, my heart, and something in my life that isn’t working well. (...) The forgiveness of our sins is not something we can give ourselves. I can’t say: *I forgive my sins*. Forgiveness is something we ask for—something we ask of another—and in confession, we ask Jesus for forgiveness. Forgiveness isn’t the fruit of our own effort, but rather a gift—a gift of the Holy Spirit.”

A good confession requires courage, sincerity, humility, and a true desire to be reconciled with God.

Below are some signs of a good confession, along with tips for improvement if you’re still unsure about how to approach it:

1) Examine your conscience sincerely.

Am I doing it right? Take time before confession to reflect on your actions, thoughts, and what you’ve failed to do. Use tools such as the Ten Commandments, the Beatitudes, or a set of examination questions to guide your reflection. Setting aside a few minutes each day for self-reflection will make each confession clearer and more thorough.

Do I need to improve? If your examination of conscience is rushed or superficial, you may forget important sins or overlook patterns of behavior that keep leading you into the same sins.

2) Sorrow for our sins (contrition).

Am I doing it right? Be sorry for having offended God—not just out of fear of punishment, but out of love for Him and a desire to grow in that love.

Do I need to improve? If your main concern is avoiding hell or preserving your image, your focus is still on yourself rather than on God.

3) Confess with clarity and honesty.

Am I doing it right? Once you’ve prepared, find a priest and a confessional. Confession is a dialogue in which the priest listens and offers guidance and counsel. Name your sins without justifying, hiding, or downplaying them.

Do I need to improve? Deliberately omitting a serious sin renders the confession invalid. If you feel embarrassed, remember that the priest acts *in persona Christi* (in the person of Christ) and he, too, goes to confession.

4) Complete your penance.



Am I doing it right? Carry out the penance the priest assigns as soon as possible, with a spirit of reparation and reconciliation.

Do I need to improve? If you forget or delay, do it as soon as you remember, even if some time has passed.

5) Have a firm purpose of amendment.

Am I doing it right? Even if you might fall again, approach confession with the genuine intention to change your habits and avoid situations that lead you to sin.

Do I need to improve? If you confess without any real desire to change, your confession loses sincerity and becomes empty.

A quick self-check before you leave the confessional:

- Did I prepare with prayer and a thorough examination of conscience?
- Was I honest and clear about my sins?
- Did I feel sincere repentance?
- Do I truly want to change and avoid sin?

Did I complete my penance?

The Sacrament of Confession restores the grace lost through sin, strengthens us for the journey ahead, and keeps us humble and ready to follow God's plan for our lives.

TRUE RICHES

@saltandlight.words



WHY IS READING THE BIBLE SO HARD SOMETIMES?

OUR MINDS ARE CLUTTERED

Stress and busyness make it hard to focus.

WE EXPECT FEELINGS, NOT FAITH

We want emotion, but faith grows through consistency.

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WE RUSH INSTEAD OF REST

We often treat it like a task, not a time with God.

TOO MANY DISTRACTIONS

Our phones are loud, but God speaks in stillness.

WE'RE UNDER SPIRITUAL ATTACK

The enemy will do anything to keep you from truth.

WE AVOID CONVICTION

God's Word corrects, and that can be uncomfortable.

Pro-life Mass & Prayer Vigil

To defend and promote life, to show reverence and love for it, is a task which God entrusts to every man, calling him as his living image to share in his lordship over the world. (Evangelium Vitae #42)

2025 Mass Schedule

All Masses at 9:00 a.m. unless otherwise stated

Sept. 6 Our Lady of Lourdes Parish
828 Laval Square, Coquitlam

Oct. 4 Holy Cross Parish
1450 Delta Avenue, Burnaby

Nov. 1 St. Joseph's Parish, Langley
20676 Fraser Highway, Langley

Dec. 6 St. Monica's Parish
12011 Woodhead Road, Richmond

Dec. 13 Archbishop's Annual Mass for Life
Holy Rosary Cathedral
646 Richards Street, Vancouver
Rosary at 11:30 • Mass at 12:10

One of the fundamental answers to abortion is prayer.

Please join your voice with ours as we pray on the first Saturday of each month at a different parish for a new culture of life.

For more information: 604-683-0281

