



**February 04, 2024**  
**Fifth Sunday of Ordinary Time**

**Pastor 主任司鐸**  
Fr. Bruce-John Hamilton

**Assistant 助理司鐸**  
Fr. Raffaele Salvino

**Chinese Mass 中文彌撒司鐸**  
Fr. Paul Chu

**Office Manager 辦公室經理**  
Winnie Shiao  
Email: winnie@ccparish.ca

**Parish Office Hours 堂區辦事處時間**  
Mon—Fri 8:30 am to 4:30 pm

**Sunday Mass 主日彌撒**  
Saturday Vigil 週六:  
5:00 pm (English 英)  
Sunday 週日:  
9:00 am (English 英)  
11:00 am (English 英)  
3:00 pm (Cantonese)

**Weekday Mass 平日彌撒**  
Monday to Saturday - 8:00 am  
Wednesday - 9:00 am (*School Mass when school is in session*)  
Holy Hour every Friday - 6:00 pm  
First Friday Evening Mass - 7:00 pm  
Holidays - 9:00 am

**Confession 修和聖事**  
Monday to Friday - 7:45 – 7:55 am  
Friday - 6:00 – 6:45 pm (during Holy Hour)  
Saturday - 8:30 am after Mass  
Saturday - 3:45 – 4:45 pm  
Sunday - 2:30 – 2:55 pm (Cantonese)

**Liturgy of the Hours/Devotions**  
Lauds - 7:30 am on weekdays  
Holy Rosary - Monday to Saturday  
After morning Mass

**Emmaus Adoration Chapel**  
The Chapel is now open 24/7 and accessible by a code. Please contact the Parish Office for the code.

**Corpus Christi Elementary School**  
2360 Waverley Avenue  
Vancouver, BC V5S 0J1  
Phone: 604-321-1117  
Fax: 604-321-1410  
Email: office@cchristi.ca  
Website: www.cchristi.ca  
Principal: Ms. Rosa Natola

**Corpus Christi Childcare Centre**  
2362 Waverley Avenue  
Vancouver, BC V5S 0J1  
Phone: 604-416-4117  
Manager: Mrs. Ivana Ciccone  
Email: iciccone@cchristi.ca

**4 Core Values of Corpus Christi Parish**



**Engaged Disciples:** Corpus Christi parishioners strive to be fully committed to holiness, mission, community and service. (cf. *Mission of the Redeemer 90, JP11*)



**Rooted in Tradition:** Corpus Christi parishioners are firmly rooted in the living Tradition of the Church, faithful to the fullness of the teachings of Christ in every aspect of parish life. (cf. *2 Thessalonians 2:15*)



**Multiplying Leaders:** Corpus Christi parishioners follow Jesus' example of ministry by identifying, recruiting and investing in others to become leaders, and equipping them to do the same. (cf. *2 Timothy 2:2*)



**Evangelical Hospitality:** Corpus Christi parishioners aim to be generous and evangelical in service and hospitality, providing everyone with opportunities to belong to the parish family. (cf. *Acts 2:44-47*)

**PARISH MINISTRIES/GROUPS**

Adoration Chapel  
Alpha  
Altar Servers

Araceli Hinz  
Michelle Wong  
Fr. Hamilton, Fr. Salvino,  
Margie Lacson  
Mary Vendencia, Mellysa Lim  
(9am/11am), Tina Chan (3pm)

After Mass Socials

Baptism Preparation  
Bible Study

Adelia Yiu  
Joyce Fung (Tues Morning)  
Joseph Chiu (Chinese)

Catholic Women's League  
Chinese Community  
Choir

Camille Macapanpan  
Frank Chan  
Kevin Garcia (5pm)  
Dominica Chan (9am)  
Scholastica Au (11am)  
Vincent Lau (3pm)

Church Care  
Altar Linens  
Church Flowers  
Emergency Management  
Extraordinary Ministers of  
Holy Communion  
Hospitality Ministry

Joyce Fung  
Agnes Lo  
Monica Lau  
Serafina Chau

Knights of Columbus  
Legion of Mary  
Marriage Mentorship  
PREP  
RCIA

Bill Lam  
Annie Dee, Mary Vendencia,  
Mellysa Lim (Greeters)

Faith Studies  
Readers

David Robinson  
Margie Goebel  
David & Connie Robinson  
Veronica Yam  
Neila Tong, Andy Trinh,  
Joseph Chiu (Chinese)  
Thomas Robinson  
Irene Goh (Weekend Mass)  
Joyce Fung (Weekday Mass)

Safe Environment  
Seniors' Ministry

Karen Tully  
Theresa Stewart,  
Remedios Yeung  
Fr. Hamilton, Fr. Salvino, Schola Au,  
Annie Dee, Margie Lacson,  
Peter Lee, Seamus O'Brien,  
Deborah Welsh, Prisca Cheung

Senior Leadership Team

Ushers  
Youth Ministry

Rick Lam  
Lois Umali Macoy

**BAPTISM**

The Baptism Preparation Classes for parents are held via Zoom every 1<sup>st</sup> (Part 1) and 3<sup>rd</sup> (Part 2) Saturdays of the month, 10:30 am to 12 noon, except during the months of July and August. Parents must attend both sessions. Call the Parish Office to pre-register for the class. **Baptism celebrations are held on the 2<sup>nd</sup> and 4<sup>th</sup> Saturdays of each month @ 11:00 am.**

**HOLY MATRIMONY**

We welcome your wedding celebration at Corpus Christi Church. To arrange the date and begin your preparations, please contact the Parish Office or either one of our priests at least 9 months prior to the proposed wedding date.

**ANOINTING OF THE SICK**

If your loved one, relative or friend would like to arrange for a priest for the administration of the Sacrament of the Anointing of the Sick or to visit the sick in a hospital, please phone the Parish Office. Or you may contact the hospital chaplain:

**VGH:**  
604-877-5918 (Pager) / 604-875-4111  
Fr. Gilbert Nunez & Fr. Luis Martin Brian Delgado (Mon., Tue., Fri., Sat. and Sun.)  
Fr. Aresene Dutunge (Wed. and Thurs.)

**MOUNT ST. JOSEPH HOSPITAL:**  
Fr. Joseph Ha Vinh Tran, OP (Chaplain)  
604-876-7826

**BURNABY HOSPITAL:**  
St. Theresa's Parish  
604-434-4211 (Chaplain)  
604-298-6800 (Parish)

**ST. PAUL'S HOSPITAL:**  
Fr. Victor Fernandes, OCD  
604-682-2344/604-445-9323  
(cell)/604-252-4224 (pager)

February 04, 2024

**Fifth Sunday of Ordinary Time**



**Saturday, February 03** *Vigil Mass*

5:00 PM for the Nolasco Family, Thanksgiving

**Sunday, February 04** *5th Sunday in Ordinary Time*

9:00 AM for Giuseppe Taddei, RIP

11:00 AM for All Parishioners, Living and Deceased

3:00 PM for Robert Antoniazzi, Birthday

**Monday, February 05** *St. Agatha*

8:00 AM for Adelia Yiu, Intentions

**Tuesday, February 06** *St. Paul Miki & Companions*

8:00 AM for Camillo Tinto, RIP

**Wednesday, February 07**

8:00 AM for Luisa Aquino, RIP

9:00 AM School Mass

**Thursday, February 08**

8:00 AM for Lucia Calaguas, RIP

**Friday, February 09**

8:00 AM for Ali Chi Keung Lee, RIP

**Saturday, February 10** *St. Scholastica*

8:00 AM for the 37th Anniversary of Our Lady of the Roses Praesidium, Thanksgiving

**TOGETHER FOR GOOD**  
marriage workshop

Archdiocese of Vancouver

SATURDAY, MARCH 2 | 9:30 AM - 4:00 PM  
CORPUS CHRISTI PARISH, VANCOUVER

One day could change your marriage! Build a more joy-filled and resilient marriage.

Each session will help you move past differences and drift to a place of greater closeness and trust. Discover how incredibly good marriage can be – for you, your family, and your community.

Cost is \$60 per couple.

**Early bird rate of \$50 per couple up to Monday, February 5.**

Learn more and register:

<https://beholdvancouver.org/events/together-for-good-marriage-workshop>



## PARISH ANNOUNCEMENTS

### Annual Exposition of the Blessed Sacrament (40 Hours Devotion)

The Annual Exposition of the Blessed Sacrament will begin on Tuesday, February 06 @ 8:30 am through to Friday, February 09 @ 6:00 pm. This will be followed by Solemn Benediction.



During the 40 Hour Devotion, the Adoration Chapel will be **CLOSED**, as the Blessed Sacrament is exposed in the Church.

All are welcome. Sign up sheets are in the vestibule.

### CWL Meeting



Catholic Women's League will host their February meeting on Sat, Feb 10 @ 10am. Please meet at the Parish Centre Boardroom.

### Religious Articles Booth

The Religious Articles Booth will be opened on February 11 & 25th from 8:45am—11:15am (closed during mass).

### CCP Chinese New Year Celebration Dinner

Corpus Christi parishioners are invited to join in celebrating Chinese New Year on Sun, Feb 25th at Grand Seafood Restaurant starting at 6pm. Tickets are \$60 each and will be available for purchase at the parish office.



For more information, please contact Savio Tow at 778.883.5602.

### Legion of Mary



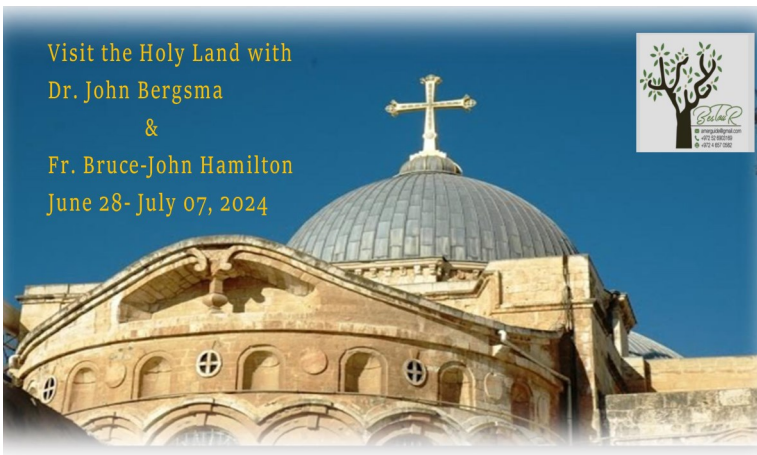
You are cordially invited to join the Legion of Mary on Sat, Feb 10 @ 8:00am for Mass and Rosary to celebrate the 37th Anniversary of Our Lady of the Roses Praesidium.

### Blessing of Bread - Feb 5

**Mon, Feb 5 – BLESSING OF BREAD** (St. Agatha's Day) before the 8AM Mass. Bring your bread to have it blessed; keep it in a labeled bag or otherwise some way of distinguishing them from others, and place them on the table at the entrance of the church.



Visit the Holy Land with  
**Dr. John Bergsma**  
 &  
**Fr. Bruce-John Hamilton**  
 June 28- July 07, 2024



Sponsored by [BesTour](#)  
 For thirty years, leading pilgrims through the Holy Land...



+972-52-6903169  
 (Israel is +10 hours from Pacific Time)



[amerguide@gmail.com](mailto:amerguide@gmail.com)



**Dr. John Bergsma, Ph.D.**

Professor of Theology, Franciscan U. of Steubenville, OH  
 Former Protestant Pastor  
 Teacher, Scholar, Speaker, Pilgrimage Leader  
 Author, *Jesus and the Dead Sea Scrolls* (Random House),  
*A Catholic Introduction to the Bible* (Ignatius),  
*Bible Basics for Catholics* (Ave Maria Press),  
*Stunned by Scripture: How the Bible Made Me Catholic*  
 (OSV Press)

**Fr. Bruce-John Hamilton**  
 Priest of the  
 Archdiocese of Vancouver, BC  
 Pastor, Corpus Christi Parish  
 Former Player,  
 University of Victoria "Vikings"  
 National Championship Basketball Team

### Collection on Jan 28

Sunday Offertory Collection	\$6696.35
BC Catholic	\$45.00
Building Fund	\$4000.00
Jan 1st - Solemnity of Mary	\$10.00
St. Joseph's Society	\$20.00
<b>Total</b>	<b>\$10,771.35</b>

*Thank you for your generosity!*

Scan the QR code to learn how to donate on line.



## Remembering the Sick In Prayers



Sr. Florita Bautista	Paul Galan	Toma Nitta
Anthony Centeno	Norena Gonzales	Maria Pinto
Mavis Chow	Peter Hinz	Sebastian Pinto
Lydia Dalmaso	Sanae Hogan	Luisa Sarmiento
Christianne Depre	Peter In	Binelda Sunga
Irene De Roche	Ludy Inting	Margaret Tai
Honesto Estabillo	David Lo	Digno Vibat
Fiona Gachallan	Yvonne Lombardo	

Prayers for the sick can be requested. To add the name of your loved one, please drop by or call the Parish Office.

The names listed in the bulletin will remain here unless the office is notified.

**FEBRUARY**  
**10-11, 2024**

Saturday Morning to Sunday Afternoon

**SEMINARY OF  
 CHRIST THE KING  
 VOCATION LIVE-IN**

**HIGH SCHOOL**  
**Grades 6-11**



**TO SERVE IS TO REIGN**

**ARE YOU INTERESTED...**  
 in the priesthood or the life of a religious brother, and want to see for yourself what seminary life is like? Come and see!

**SPEND TWO DAYS...**  
 at the Seminary and become acquainted with other young men who have the priestly or religious vocation in mind.

**ARRIVE...**  
 any time Saturday morning, preferably between 8:00-9:00 am.

**BRING...**  
 a sleeping bag, school clothes, and some old clothes for sports, a towel, etc.

**PLANNING TO COME:**

**FILL IN THE APPLICATION FORM AND FORWARD IT TO THE ADDRESS BELOW:**

Name \_\_\_\_\_ School \_\_\_\_\_  
 Age \_\_\_\_\_ Grade \_\_\_\_\_ Your phone number \_\_\_\_\_  
 Address \_\_\_\_\_ Parish \_\_\_\_\_  
 Priest you know best \_\_\_\_\_  
 How did you hear about the Seminary? \_\_\_\_\_

**THE HIGH SCHOOL LIVE-IN WILL INCLUDE INTERACTION WITH PRIESTS, BROTHERS AND SEMINARIANS, DAILY MASS AND PRAYER, RECREATIONAL ACTIVITIES, SPORTS, AND SOME REFLECTIVE READING. THE SUGGESTED FEE IS \$25.**

**FUTURE LIVE-IN: JULY 6-7, 2024**

Vocation Live-in  
 Seminary of Christ the King  
 PO Box 3310  
 Mission, BC V2V 4J5

Phone: 604 826 8715  
 Fax: 604 826 8725

Rector: Fr. Anthony Nguyen, osb  
 Email: [rector.minors@sck.ca](mailto:rector.minors@sck.ca)  
[www.sck.ca](http://www.sck.ca)

## 2024 LENT CHALLENGE EXODUS & EXILE

This Lent, join Scott Hahn and John Bergsma as they lead us out of exile and on the journey home. During the 2024 Lent Challenge, receive all access to St. Paul Center for **free**.

**BEGINS ASH WEDNESDAY, FEB 14th**





## 5th Sunday of Ordinary Time

40 Hours of Adoration of the Blessed Sacrament begins this Tuesday after the 8am Mass. This is a time of blessing in the parish, but like so many blessings we need to be open to the Lord's desire to bless us. Can you invest, spend 1 hour with Jesus here in the Church during the 40 Hours when he is present for you? Prayerfully consider signing up. You will find the sheets on the green tables in the Vestibule of the Church.

Get ready for the beginning of Lent on Wednesday, February 14<sup>th</sup>! Mass will be at 9am, 4pm and 7pm. There is NO 8am MASS on Ash Wednesday.

I want to wish everyone a very blessed Lunar New Year, it begins March 10<sup>th</sup>. Let us pray that many people in all of Asia will hear the Good News of Jesus Christ this Lunar New Year.

Below is the final installment of reasons why we should strive to pray a Holy Hour with Jesus. Previous installments are in the last two bulletins.

### 9. Keeps Us From Seeking An Escape

Meditation keeps us from seeking an external escape from our worries and miseries. When difficulties arise, when nerves are made taut by false accusations, there is always a danger that we may look outwards, as the Israelites did, for release.

From the Lord God, the Holy One of Israel, word was given you: "Come back and keep still, and all shall be well with you; in quietness and in confidence lies your strength. But you would have none of it; To horse! you cried, We must flee! and flee you shall; We must ride swiftly, you said, but swifter still ride your pursuers" (Isa. 30:15-16).

No outward escape, neither pleasure, drink, friends, or keeping busy, is an answer. The soul cannot "fly upon a horse"; he must take "wings" to a place where his "life is hidden away . . . with Christ in God" (Col. 3:3).

### 10. The Holy Hour is Necessary

Finally, the Holy Hour is necessary for the Church. No one can read the Old Testament without becoming conscious of the presence of God in history. How often did God use other nations to punish Israel for her sins! He made Assyria the "rod that executes my vengeance" (Isa. 10:5). The history of

the world since the Incarnation is the Way of the Cross. The rise of nations and their fall remain related to the kingdom of God. We cannot understand the mystery of God's government, for it is the "sealed book" of Revelation. John wept when he saw it (Rev. 5:4). He could not understand why this moment of prosperity and that hour of adversity.

The sole requirement is the venture of faith, and the reward is the depths of intimacy for those who cultivate His friendship. To abide with Christ is spiritual fellowship, as He insisted on the solemn and sacred night of the Last Supper, the moment He chose to give us the Eucharist: "You have only to live on in me, and I will live on in you" (John 15:4). He wants us in His dwelling: "That you, too, may be where I am" (John 14:3).

**Don't imagine that, if you had a great deal of time, you would spend more of it in prayer. Get rid of that idea; it is no hindrance to prayer to spend your time well.**

— St. Teresa of Ávila

**"The most powerful thing we can do on this earth with our time is to spend it in Eucharistic adoration. Nothing can do more to change the world, to bring about peace, to convert hearts, to make reparation for the many evils committed. Spending time in prayer may seem, on the outside, to be a passive thing; however, it is anything but! Our world is in desperate need of hope, of renewal, of a 'turning back' to the things of God. By visiting Our Lord in the Blessed Sacrament, we take up the best weapon for the battles of our age and contribute to the healing of our culture. Cultivating a Eucharistic life of adoration also bears tremendous fruit in our own hearts and lives. We cannot spend time in the rays of His Eucharistic Presence without receiving His grace, His love, His mercy, His peace. As we gaze upon Him Face to face, we are transformed little by little into a closer reflection of His divine image."**

—Poor Clares of Perpetual Adoration, p. 37-38

**Manual for Eucharistic Adoration  
An Excerpt From  
Manual for Eucharistic Adoration**

*Fr. Hamilton*



## 常年期第五主日

### 本堂神父的話

40小時的朝拜聖體將於這週二在上午8點彌撒後展開。這是堂區中一段蒙恩賜的時光，然而，正如眾多祝福一樣，我們需要對主願意祝福我們的期望敞開心扉。你是否願意在40小時內花費1小時與耶穌一起在教堂中？請虔誠地考慮報名參與。您可以在教堂前廳的綠色的桌上找到報名表。

你可準備好迎接2月14日（星期三）的四旬期開始！當天彌撒將於上午9時、下午4時和晚上7時舉行。當天上午8時將不會有彌撒。

我祝福大家新年快樂，農曆新年將於3月10日開始。讓我們祈禱，希望在這個農曆新年，所有亞洲的人都能聽到耶穌基督的福音好消息。

以下是我們應該努力與耶穌共度一小時祈禱的最終原因。先前的部分已經刊登在過去兩期的堂區通訊中。

#### 9. 讓我們不尋求逃避之道

默想讓我們不至尋求外在的逃避方式擺脫煩憂和苦惱。當困難出現，當虛假的指控使我們的神經繃緊時，總有一種危險，我們可能像以色列人一樣，尋求外在的解脫。

因為吾主上主，以色列的聖者這樣說過：『你們的得救是在於歸依和安靜，你們的力量是在於寧靜和信賴。然而你們不願意；

你們反說：不！我們要騎馬逃去！的確，你們必要逃去。我們要乘駿馬疾馳。的確，追擊你們的必然疾馳。』（依撒意亞30:15-16）

在此以外，沒有什麼可逃避的，包括歡樂、豪飲、朋友或忙碌，都不是解決的答案。靈魂不能「在馬背上起飛」，而必須「自長翅膀」；這「翅膀」就是把我們的「生命已與基督一同藏在天主內（致歌羅森人書3:3）」。

#### 10. 聖時十分必要

最後，聖時是教會必需的。沒有人能閱讀舊約聖經而不自覺神在歷史中的存在。天主多次利用其他國家來懲罰以色列的罪惡！祂使亞述成為「我震怒的棍杖」（依撒意亞10:5）。在世界的歷史中，耶穌以十字架

之路降生成人後。各國的興衰仍然與天主的國度相關。我們無法理解天主管治的奧秘，因為那是啟示錄的「密封書」。約望看到時哭泣了（啟示錄5:4）。他無法理解為什麼這個時刻會有繁榮，那個時辰會有逆境。

唯一的要求是信心的探索，而對於那些培養祂友誼的人來說，回報是深厚的親情。與基督同在是一種屬靈的交往，正如祂在最後的晚餐那庄重而神聖的夜晚堅持的那樣，那是祂選擇給予我們聖體的時刻：“你們住在我內，我也住在你們內。”（約望福音15:4）。祂希望我們在祂的住處：“為的是我在那裏，你們也在那裏。”（約望福音14:3）。

不要幻像，如果你有很多時間，你就會花更多時間祈禱。擺脫這種想法；在善用時間的情況下，時間的充裕與否並不妨礙祈禱。

#### — 阿維拉的聖德蘭修女

“在這個地球上，我們能夠用時間做的最有力的事情就是在朝拜聖體中渡過它。沒有什麼比這更能改變世界、帶來和平、轉化人心、為眾多罪惡補贖更為有效。在外表上，花時間祈禱可能似乎是一種被動的行為；然而，實際上並非如此！我們的世界極度需要希望、更新，需要『回歸』到天主的事物。透過參與朝拜聖體，我們握起了這個時代鬥爭的最佳武器，同時也為我們文化的療癒做出了貢獻。培養對朝拜聖體的生活，在我們自己的心靈和生命中，也結出了巨大的果實。我們無法在祂聖體的臨在中渡過時間而不得到祂的恩寵、祂的愛、祂的憐憫、祂的平安。當我們凝視祂的容顏時，我們逐漸地被轉化成跟祂神聖形象更进一步的映像。”

#### — 永久朝拜的貧苦克萊爾修女，第37-38頁

朝拜聖體手冊

節錄自

朝拜聖體手冊

*Hamilton* 神父



*Has your mind been wandering a little too much lately? Are you having problems focusing on tasks? Here are 6 secrets that can get you back on track.*

Most of us have days when it seems hard to stay on task. In fact, studies show that attention spans have been decreasing in recent years. Fortunately, there are some simple steps we can take that can help us become more productive and less stressed.

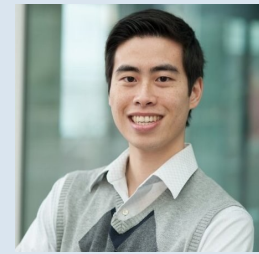
1. **Get enough sleep.** One of the most critical factors on whether your day will be a productive adventure or an unfocused mess begins the night before. Getting an adequate amount of quality sleep is crucial for maintaining focus during the following day. Avoid blue light from cell phones and TV screens before bedtime! Doctors recommend that adults get from 7-9 hours of sleep per night. If you have chronic sleep problems, please speak with your doctor.
2. **Make a list.** Starting your day with a plan is important if you want to stay on task. Studies have shown that multi-tasking is not something humans are good at. So, at the start of your day (or even better, the night before) make a list of the things you want to accomplish today and number them in order of importance. *Work on one task at a time.* Cross each task off the list once it is completed. If something unexpected comes up, check to see where that new task should be placed on your list and slot it in accordingly. Be open to the unexpected but do your best to stick to the items on your list.
3. **Set time limits.** Setting time limits is an excellent way to avoid procrastination. Give yourself

a time limit for each task on your list. Some tasks may take longer than others, but don't allow any particular task to take longer than 90 minutes. If you have a task that requires 3 hours, for example, break it down into 2 or 3 manageable steps and make these separate tasks on your list.

4. **Put aside distractions.** We spend a lot of time on our phones – much of it unproductive. We stop to check on a news item or sports score and before we know it, we have just wasted half an hour looking at cute animal videos. Do yourself a favor and place your cell phone someplace where you won't be tempted to look at it while you complete the task at hand. If you are working on a laptop, close the web browser and keep it closed until you are done working. If necessary, use an app that limits your browsing time. If you avoid tasks by visiting the frig, then put a note on it reminding you to get back to work. You will be doing a favor to your productivity as well as your waistline.
5. **Stay hydrated.** Our bodies are approximately 60-65% water, but we need to keep that store of water replenished. Unsurprisingly, dehydrated brains are not good at thinking or focusing. Many professionals recommend that we drink 8 8-ounce glasses of water a day. (That is about half a gallon of water.) There is no absolute formula that fits everyone, however, so you may want to consult with your doctor at your next checkup. Milk is also a good hydration source.
6. **Refresh your soul.** We are not machines meant to operate 24/7 nonstop. Taking breaks is important for our minds and souls. Perhaps it is best to think of these moments less as “breaks” than as “refreshers”. In between tasks, take a moment to pray, acknowledging God and your dependence upon a relationship with Him. Consider taking a slightly longer break at some point in your day in order to take a stroll and enjoy nature. Such moments are essential for our productivity and happiness.

# The Marquette Method

Natural Family Planning for the Modern Age



In this introductory presentation, **Dr. Jonathan Yang, MD CCFP** (Director of Lucia Fertility – [www.luciafertility.com](http://www.luciafertility.com)) will talk about the fastest growing NFP method in North America. He will discuss how point-of-care urine hormone testing can accurately and objectively identify the fertile window to assist couples who are trying to avoid or achieve pregnancy. He will also discuss special applications for breastfeeding women, women with irregular cycles, and women in perimenopause.



- **When:** Saturday, February 24th from 10am to 11:30am
- **Where:** Corpus Christi Parish Centre (located below the school gym)
- **Contact:** Please RSVP to [connie.robinson7393@gmail.com](mailto:connie.robinson7393@gmail.com)
- Light refreshments will be served. This event is open to all including families with children.
- PLEASE REGISTER WITH QR CODE

Join us as we celebrate  
**Legion of Mary 37<sup>th</sup> Anniversary**

*Our Lady of the Roses Praesidium  
Corpus Christi Parish - Vancouver*



**MASS &  
ROSARY  
CELEBRATION**

**Feb 10  
Saturday  
8 am**

Legion of Mary:  
An Army at the  
Service of the Church!  
**YOU ARE CORDIALLY  
INVITED TO  
JOIN US!**



**"To Jesus through  
Mary"**

The Commander of this Army is  
Mother Mary herself who wishes to  
see all her children closer to her Son.

For more information about  
Legion of Mary, please contact:  
[Rosita: Rjumanog49@gmail.com](mailto:Rosita:Rjumanog49@gmail.com)  
or Margaret Pitos: 604.430.4781



聯龍  
歡曆  
晚新  
宴年

2024



**Corpus Christi Parish  
Chinese New Year  
Celebration Dinner**

基督聖體聖血堂

二月廿五日, 星期日

麗晶商場二樓, 麗晶酒樓

六時恭候, 六時半入席

每位六十元, 大小同價

一月廿八日開始售票

2 25th Feb, Sunday  
0 Grand Crystal Seafood Restaurant  
4500 Kingsway #2216, Burnaby  
2 6pm - Dinner starting at 6:30pm  
Ticket \$60 per person  
4 Ticket On Sale-28th of Jan in Office

Enquiry please contact Savio Tow at 778-883-5602



# Corpus Christi Parish 40 - Hour Adoration of The Blessed Sacrament

**Begins Tues, Feb 06 @ 8:30am  
Through Fri, Feb 09 @ 6:00pm  
Solemn Benediction @ 6:00pm**

**Adoration is not continuous. There is  
Reposition each night at 8:00pm and Re-  
Exposition the following day after Mass**

