



March 5, 2023
Second Sunday of Lent



Pastor 主任司鐸

Fr. Bruce-John Hamilton

Assistant 助理司鐸

Fr. Richard Conlin

Chinese Mass 中文彌撒司鐸

Fr. Anthony Ho

Executive Assistant

Anna Loch anna@ccparish.ca

Parish Office Administrator

Helen Estrellado sec@ccparish.ca

Parish Office Hours 堂區辦事處時間

Tue—Fri 8:30am to 12:00 pm
1:00 to 4:00 pm
Closed for Lunch at 12:00 – 1:00 pm

Corpus Christi Elementary School

2360 Waverley Avenue
Vancouver, BC V5S 0J1
Phone: 604-321-1117
Fax: 604-321-1410
Email: office@cchristi.ca
Website: www.corpuschristi-school.ca
Principal: Ms. Rosa Natola

Corpus Christi Childcare Centre

2362 Waverley Avenue
Vancouver, BC V5S 0J1
Phone: 604-416-4117
Manager: Mrs. Ivana Ciccone
Email: iciccone@cchristi.ca

Sunday Mass 主日彌撒

Saturday Vigil 週六:
5:00 pm (English 英)
Sunday 週日:
9:00 am (English 英)
11:00 am (English 英)
3:00 pm (Cantonese)

Weekday Mass 平日彌撒

Monday to Saturday 8:00 am
Wednesday 9:00 am (School Mass
when in session)
Holy Hour every Friday @ 6:00 pm
First Friday Evening Mass @ 7:00 pm
Holidays 9:00 am

Reconciliation 修和聖事

Monday to Friday 7:45 – 7:55 am
Friday 6:00 – 6:45 pm (during Holy
Hour)
Saturday 8:30 am after Morning Mass
3:45 – 4:45 pm
Sunday 2:30 – 2:55 pm (in Cantonese)

Liturgy of the Hours/Devotions

Lauds 7:30 am on weekdays
Holy Rosary Monday to Saturday
after morning Mass

Emmaus Adoration Chapel

The Chapel is now open 24/7 and
accessible by a code. Please contact the
Parish Office for the code.

4 Core Values of Corpus Christi Parish

- **Engaged Disciples:** Corpus Christi parishioners strive to be fully committed to holiness, mission, community and service (cf. Mission of the Redeemer 90, JP11)
- **Rooted in Tradition:** Corpus Christi parishioners are firmly rooted in the living Tradition of the Church, faithful to the fulness of the teachings of Christ in every aspect of parish life (cf 2 Thessalonians 2:15)
- **Multipling Leaders:** Corpus Christi parishioners follow Jesus' example of ministry by identifying, recruiting and investing in others to become leaders, and equipping them to do the same (cf. 2 Timothy 2:2)
- **Evangelical Hospitality:** Corpus Christi parishioners aim to be generous and evangelical in service and hospitality, providing everyone with opportunities to belong to the parish family (cf Acts 2:44-47)

PARISH MINISTRIES/GROUPS

Adoration Chapel	Araceli Hinz
Alpha	Connie Robinson
Altar Servers	Fr. Bruce-John Hamilton/ Fr. Richard Conlin/Margie Lacson
Baptism Preparation Class	Adelia Yiu/Scholastica Au/ Clarisse Marcelino/Daniela O'Brien
Bible Study	Fr. Bruce-John Hamilton (Scripture Study) Joyce Fung (Tuesday Morning Group) Joseph Chiu (Chinese) Khim Cheung, President Frank Chan
Catholic Women's League	
Chinese Community	
Choir:	
Sat. 5pm	Kevin Garcia
Sun. 9am	Dominica Chan
Sun. 11am	Scholastica Au
Chinese 3pm	Vincent Lau
Church Care	Helen Estrellado
Altar Linens	Agnes Lo
Church Flowers	Monica Lau
Couples for Christ	Russell & Theresa Zablan/Richman & Nina Theresa Manalili
Emergency Management Plan	David & Connie Robinson
Eucharistic Ministry	Bill Lam, Coordinator
Hospitality Ministry	Annie Dee
Knights of Columbus	David Robinson, Grand Knight
Legion of Mary	Margie Goebel, President
Marriage Mentorship	David and Connie Robinson
PREP	Veronica Yam, Coordinator
Project Advance	Jackson Fong/Simon Yeung
Queen of Angels	Vivien Leung, Coordinator
RCIA	Fr. Bruce-John Hamilton (English) Joseph Chiu (Mandarin) Veronica Yam (Cantonese)
Readers	Irene Goh-Ko, Coordinator
Safe Environment	Ruby Socorro Arico
Seniors' Ministry	Jackson Fong/Theresa Stewart
Senior Leadership Team	Fr. Hamilton/Fr. Richard/Scholastica Au/Annie Dee/Margie Lacson/Anna Loch/Peter Lee/Seamus O'Brien/ Deborah Welsh
Ushers	Rick Lam, Coordinator
Youth & Young Adults	Lois Umali

BAPTISM

The Baptism Preparation Classes for
parents are held via Zoom every 1st (Part
1) and 3rd (Part 2) Saturdays of the month,
10:30 am to 12 noon, except during the
months of July and August. Parents must
attend both sessions. Call the Parish
Office to pre-register for the class.
**Baptism celebrations are held on the
2nd and 4th Saturdays of each month @
11:00 am.**

HOLY MATRIMONY

We welcome your wedding celebration
at Corpus Christi Church. To arrange the
date and begin your preparations, please
contact the Parish Office or either one of
our priests at least 6 months prior to the
proposed wedding date.

ANOIDING OF THE SICK

If your loved one, relative or friend would
like to arrange for a priest for the
administration of the Sacrament of the
Anointing of the Sick or to visit the sick in
a hospital, please phone the Parish Office.
Or you may contact the hospital chaplain:

VGH:

604-877-5918 (Pager)
604-875-4111

Fr. Gilbert Nunez & Fr. Luis Martin Brain
Delgado (Mon, Tue, Fri, Sat. and Sun.)
Fr. Aresene Dutunge (Wed. and Thurs.)

MOUNT ST. JOSEPH HOSPITAL:

Fr. Joseph Ha Vinh Tran, OP (Chaplain)
604-876-7826

BURNABY HOSPITAL:

St. Theresa's Parish (Chaplain)
604-434-4211

ST. PAUL'S HOSPITAL:

Fr. Victor Fernandes, OCD
604-682-2344/604-445-9323
(cell)/604-252-4224 (pager)

WELCOME TO NEW PARISHIONERS AND VISITORS: To register, please complete a Registration Form
available at the Welcoming Booth in the church vestibule or at the Parish Office or download from the
parish website, www.ccp parish.ca. Envelopes are assigned to those who request for them.

March 5, 2023
Second Sunday of Lent



Saturday, March 4	<i>Vigil Mass</i>
5:00 PM	for Paulino Dalinoc, RIP
Sunday, March 5	<i>Second Sunday of Lent</i>
9:00 AM	for All Parishioners, Living & Deceased
11:00 AM	for Maria Maffei, RIP
3:00 PM	for Richard Li, Thanksgiving
Monday, March 6	
8:00 AM	for Katie Chin, RIP
Tuesday, March 7	
8:00 AM	for Ernesto Chu, RIP
Wednesday, March 8	
8:00 AM	for Marina Hui, Thanksgiving
9:00 AM	SCHOOL MASS
Thursday, March 9	
8:00 AM	for Rosario Ciolli, RIP
Friday, March 10	
8:00 AM	for Ernie Chu, RIP
6:00 PM	HOLY HOUR
7:00 PM	STATIONS OF THE CROSS
Saturday, March 11	
8:00 AM	for All Souls in Purgatory

A CATHOLIC'S MARCH TO-DO LIST

STAY STRONG DURING LENT	LEARN THE PRAYER OF ST. JOSEPH	PRAY THE STATIONS OF THE CROSS	READ A BOOK ABOUT THE LIFE OF JESUS
GO TO CONFESSION	PRAY THE 7 SORROWS OF MARY	FIND OUT WHAT JESUS' LAST WORDS WERE	START PLANNING YOUR MARY GARDEN
MARCH 17 LEARN ABOUT WHAT ST. PATRICK ACTUALLY DID	MARCH 19 MAKE AN ALTAR FOR THE FEAST OF ST. JOSEPH	ALL MONTH PRAY FOR THE POPE'S INTENTION: CATHOLIC'S IN CHINA	MARCH 25 CELEBRATE THE FEAST OF THE ANNUNCIATION



Remembering the Sick In Prayer



Mavis Chow	Dante Marpuri	Sanae Hogan
Alice Yap	Cheryl Ling	Honesto Estabillo
Rey Calaguas	Margaret Tai	John Soo
Peter Hinz	Toma Nitta	Peter In
Lydia Dalmaso	Marisa Antoniazzi	Lolita Doucette
Rick Panis	Charmaine So	Richel V. Baldo

Prayers for the sick can be requested. To add the name of your loved one, please drop by or call the Parish Office. The names listed in the bulletin will remain here unless the office is notified.

2022 Income Tax Receipts



The **2022 Income Tax Receipts** are now available for pick up at the church vestibule. For those who contributed to Project Advance 2022 your tax receipts are included as well. Please note that **the envelopes are arranged alphabetically by LAST NAME**. Please be careful to take only the one with your name and address on it. **Please be considerate of others: DO NOT mix up the envelopes as others are having difficulty finding theirs.** If your receipt is not there, please contact the parish office during office hours only. Corpus Christi Parish thanks you for your generosity!

INVITATION TO JOIN THE CORPUS CHRISTI MEN'S GROUP

All men ages 18 and up are invited to join the Corpus Christi Men's Group every Friday at 6:30 am in the parish church library for coffee, prayer, fellowship, and group discussion.

The parish doors will be open at 6:00 am for optional prayer and men are welcome to stay after 7:30 am for Confession at 7:45 am and Mass at 8:00 am.

Please contact Seamus O'Brien for more info:
seamus.obrien101@gmail.com.

CWL

All members are reminded of the Annual General Meeting (AGM) on **Saturday, March 11 @ 10am at the Parish Centre**. This is an important meeting and all members are encouraged to attend.

Corpus Christi Childcare Centre

There are still some spots left for families interested in putting their 3- and 4-year child/children at our Childcare Centre for the school year 2023-2024. Application forms may be obtained thru this [LINK](#). For further information,

please contact Mrs. Ivana Ciccone, Daycare Manager at 604-416-4117 or iccone@cchristi.ca

Priestly Ordination of Deacon Patrick Le and Deacon Medard Kamanzi

With praise and thanksgiving to Almighty God, we are pleased to share the Ordination to the Priesthood of Deacons Patrick Le and Medard Kamanzi through the laying on of hands and the invocation of the Holy Spirit by Archbishop J. Michael Miller, CSB. Please join us in prayer and in the joyous celebration of Patrick's and Medard's commitment to Jesus. Through God's grace, may they courageously imitate Christ, who made Himself a servant for all. On **Saturday, July 1, at 12:00 p.m. at the Holy Rosary Cathedral**. An Ordinandi Dinner will take place on the evening of Wednesday, June 21. Details to follow. Learn more at www.beholdvancouver.org/events.

ARCHDIOCESAN NEWS

Seminarian Prayer Calendar

This Lenten season, the Vocations Office asks that you consider keeping our seminarians in your prayers. The Seminarian Prayer Calendar assigns a day to pray for each of our seminarians. We thank God for them and pray that they may become strong Christian men who are faithful to prayer, diligent in their studies, open to spiritual direction, and docile to all aspects of seminary formation. Download the calendar at www.beholdvancouver.org/events.

Couples Retreat facilitated by Worldwide Marriage Encounter

If you desire to restore communication and rekindle romance, this weekend is for you! Come learn how to become closer as a couple through a communication strategy that will deepen and strengthen your love, leading to a richer, more intimate and joyful life together! The presenting team consists of three couples and a priest who will help you to:

- Learn tools to make your relationship a priority
- Communicate from the heart and grow in intimacy
- Renew your commitment to each other and value the precious gift of your marriage

This weekend is meant to be experienced in its entirety as each presentation builds on the previous ones. Attending each session is expected. Mass will be celebrated on Sunday as part of the retreat. **This couples retreat in Kamloops, B.C. begins on Friday, April 14 at 7:00 p.m. and ends on Sunday, April 16 at 4:00 p.m. Registration deadline: Tuesday, March 28.** Learn more and register at www.beholdvancouver.org/events.

From Panama to Portugal: A World Youth Day Pilgrim Session

In 2019, World Youth Day Panama invited pilgrims to reflect on Mary's fiat and consider the influence this could have in their own lives. This year, at World Youth Day in Lisbon, Portugal, pilgrims will journey with the theme, "Mary arose and went with haste." Our Mother models trust, surrender, and abandonment; how can we embrace these attributes in our own lives? How do they play a part as we prepare for pilgrimage? WYD pilgrims from the Archdiocese of Vancouver are invited to attend this first of three WYD sessions to meet other pilgrims and spiritually prepare for the pilgrimage. This session will include a talk from Makani Marquis, time to delve into the theme, and an opportunity to socialize with other pilgrims. Learn more and register at www.eholdvancouver.org/events.

Single Mothers' Weekly Gatherings

This online gathering is open to all single mothers looking for connection and support in a faith-based community. Hosted by Momentum: Catholic Single Mothers, participants meet weekly to explore the Catholic faith, followed by sharing and prayer. Founded by and for single mothers, Momentum's vision is to transform the culture surrounding single mothers in the Catholic Church. **Every Wednesday at 7:00 p.m. via Zoom.** Learn more and register at: www.beholdvancouver.org/events.

STEWARDSHIP REFLECTIONS

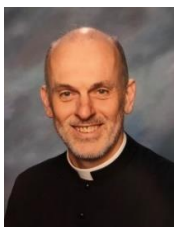
"It is written: 'The Lord, your God, shall you worship and him alone shall you serve.'" Matthew 4:10

Tempted between the riches and power of this world and service to God, Jesus chose service to His Father. If we wish to truly follow Jesus, we, too, must decide to turn away from worldly power and riches and put God at the center of our lives. Lent is our time to prune ourselves of earthly things and develop and nurture heavenly things. Lent is time to repent and let go of the other "gods" we have put before God.

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TO DONATE TO CORPUS CHRISTI:

- ❖ **Sunday Offering thru online giving:**
[Offertory Donation](#) (White envelopes)
[Second Collection](#) (Coloured envelopes)
- ❖ **Donate to [Capital Campaign](#)**



pastor's Corner

2nd Sunday of Lent

In the Gospel of this Sunday, we encounter the Transfiguration of Jesus. Jesus knew what the apostles and disciples would face in the very near future and so he blessed them with a short view of his glory. In order that they would have courage to face the Lord's suffering and death AND their own suffering in this world. He showed them not only what He was truly like, but what awaited them should they remain faithful.

The Transfiguration during this season of Lent helps us to persevere by keeping the "end in mind" (Rule #2 of Steven Covey's 7 Habits of Highly Successful People). So by keep your eyes and heart on Easter, we can persevere today in the penance(s) we have freely chosen to offer to Jesus and also to face the hardships, trials and tribulations of each day.

We begin the 2nd Week of Lent! Time really does seem to be going by quickly. Perhaps this is a sign of the many things, events taking place in the Parish. With Anna Loch as the new EA the 10 Year Vision is getting the push forward that is needed.

Our second Alpha is going very well, we are in the 7th week and the feedback to date is very positive. Alpha is a real opportunity to get together, eat a great meal, watch a video about the big life issues and have relaxing, open discussions.

After our first Alpha we began Faith Studies so that people could continue the journey of faith. People really do want to continue growing in their relationship with Jesus Christ and the Faith Studies are meeting this need. I'm so grateful to Neila Tong for willing to be the Coordinator of Faith Studies.

Our 10 Year Vision is being realized in the ongoing Greeters at all Masses and the new Saturday 5pm choir that is led by Kevin Garcia.

There are many initiatives in the works that you will hear about in the coming weeks and months.

Here is a link to the ongoing devotion of the 7 Sundays of St Joseph. It is a beautiful devotion that will help you deepen your love for this, the greatest of all the patriarchs and the greatest of all saints second only to his wife, Mary.

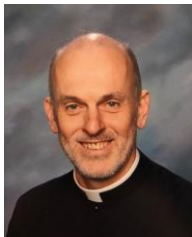
<https://opusdei.org/en/article/fifth-sunday-of-saint-joseph/>

I leave you with a brief meditation and encouragement:

"It is a great thing, this reading of the Scriptures! For it is not possible ever to exhaust the mind of the Scriptures. It is a well that has no bottom."

— St. John Chrysostom

Fr. Hamilton



本堂神父的話

四旬期第二主日

這主日的福音，我們見到耶穌顯聖容。耶穌知道宗徒和門徒們在不久的將來將要面對什麼，所以祂祝福他們短暫地看到祂的光榮。為了讓他們有勇氣面對主的苦難和死亡，以及他們自己在這個世界上的苦難。祂不僅向他們展示了祂的真實面目，而且向他們展示了如果他們保持忠信，等待他們的是什麼。

在這個四旬期，這顯聖容幫助我們堅持不懈，牢記“『心中的終點』（Steven Covey's 高成就人士的七個習慣）。因此，在復活節期間，通過保持你的眼睛和心靈，我們今天可以堅持我們自由地選擇向耶穌奉上補贖，並面對每天的艱辛、考驗和磨難。

我們開始了四旬期的第二星期了！時間似乎過得很快。也許這是教區發生的許多事情和事件的標誌。隨著 Anna Loch 成為新的行政助理，10 年願景正在得到所需的推動。

我們的第二個 啟發活動進行得非常順利，我們正處於第 7 周，迄今為止的反饋非常積極。啟發是一個真正的機會，可以聚在一起，吃一頓美餐，觀看有關重大生活問題的視頻，並進行輕鬆，公開的討論。

在第一次啟發之後，我們開始了信仰研究，以便人們可以繼續信仰之旅。人們確實希望在與耶穌基督的關係中繼續成長，而信仰研究正在滿足這一需求。我非常感謝 Neila Tong 願意擔任信仰研究的協調員。

我們的 10 年願景正在進展中，彌撒的迎賓員和由 Kevin arcia 領導的新週六下午 5 點合唱團中實現。

在接下來的幾星期和幾個月裡，您將聽到許多正在進行的舉措。

這是大聖約瑟 7 個星期日持續敬禮的連結。這是一種美麗的敬禮，將幫助你加深你對這事的喜愛，他是所有聖祖中最偉大的，也是所有聖人中最偉大的，僅次於他的妻子瑪利亞。

<https://opusdei.org/en/article/fifth-sunday-of-saint-joseph/>

我給你一個簡短的默想和鼓勵：

聖經的閱讀，是一件偉大的事情！因為永遠不可能窮盡聖經的思想。這是一口沒有底的井。——金口，若望

Hamilton 神父

Corpus Christi Parish

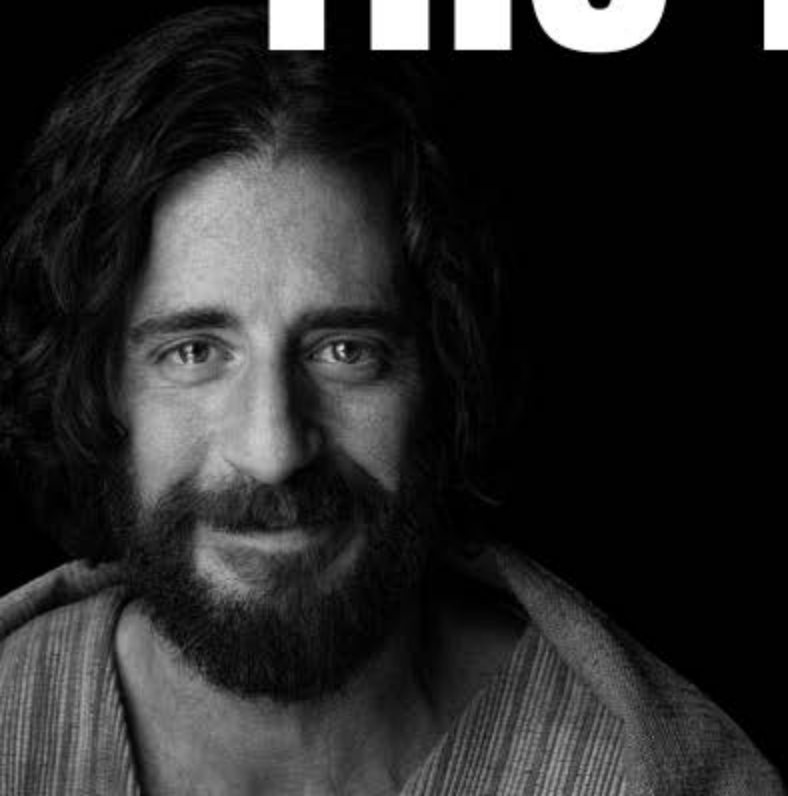
PRESENTS

The Men's Group

EVERY FRIDAY

6:30 - 7:30 AM

PARISH LIBRARY



LENTEN FOOD DRIVE

To Support Catholic Charities
Sponsored by Corpus Christi CWL
March 11th/12th through March 25th/ 26th 2023

MISSIONARIES OF CHARITY

The Missionaries of Charity was founded in Vancouver in 1988 by the late Archbishop Most Rev. James F. Carney. Their mission is to labour at the salvation and sanctification of the poorest of the poor. Their Ministry in Vancouver included visiting shut-ins, bringing Holy Communion to the sick, visiting inmates in jails, teaching PREP and giving food to the needed.

All food donation will be accepted but are in most need of donations to make soup and sandwiches (soup stock – powdered or boxed, peanut butter, jam, mayonnaise, canned salmon and tuna, dried pasta, etc) however, **expired items will not be accepted.**



Catholic Charities



CATHOLIC CHARITIES MEN'S SHELTER

The Catholic Charities Men's Shelter (was previously known as the Catholic Charities Men's Hostel. It was formed in 1958 through the orders of Archbishop Johnson. It offers 100+ men a safe place to sleep, nutritious meals to eat, showers, clean clothing, and help with everything from ID, employment, mental health, housing and connections to resources and peer service providers.

They will accept shampoo, shaving cream, earplugs, soap, lotion & underwear.

DOOR IS OPEN

The Door is Open is a drop-in ministry under the Archdiocese of Vancouver that provides food, clothing, counselling and shelter services and referrals. It is a warm and safe environment located in the heart of Vancouver's Downtown Eastside. They will accept all types of new underwear for men and women and non-perishable food but **NO EXPIRED ITEMS.**



DONATION DROP OFF TIMES

Donations and/ or money donations can be dropped off from **March 11th/ 12th through March 25th/ 26th** at these times

☐ **Parish Office** – Tuesdays – Fridays (8:30 a.m. to 12:00 p.m. / 1:30 to 4:00 p.m.)

☐ **Church Vestibule** – when coming in for Sunday and Weekday mass (See Church bulletin for times)

CASH DONATIONS are gratefully accepted. Cheques for **\$20 or more** should be made payable to **Corpus Christi Parish** for tax receipt purposes.

Please place cash / cheque into **Lenten Fundraiser labeled envelopes found in the church vestibule on the Gratitude Tree.**

Drop off envelopes with Sunday collection or at the Parish Office. Thank you for your generosity.



The Third Pillar of Lent: How Almsgiving Benefits the Soul, According to the Saint



Almsgiving benefits the soul!

Let's look at this third pillar of Lent and hallmark of our lives as Catholics.

What is Almsgiving?

The root of the word 'alms' comes from ancient Latin and Greek words meaning 'mercy'. The root of the word 'charity' comes from the Latin word for love, *caritas*.

According to the Catechism of the Catholic Church, "Giving alms to the poor is a witness to fraternal charity: it is also a work of justice pleasing to God." (2462)

The USCCB explains, "The foundational call of Christians to charity is a frequent theme of the Gospels. During Lent, we are asked to focus more intently on 'almsgiving,' which means donating money or goods to the poor and performing other acts of charity."

Almsgiving helps us practice detachment from earthly things. It is not limited to the giving of material possessions; instead, it is the gift of oneself to another.

Here are some examples of almsgiving:



The practice of almsgiving is rooted in scripture (in both the Old and New Testaments):

“Water extinguishes a blazing fire: so almsgiving atones for sin.” (Sir. 3:30)

“Whoever cares for the poor lends to the Lord, who will pay back the sum in full.” (Prov. 19:17)

“A man who is righteous will be remembered forever” (Ps. 112:5-9)

“Give to those who ask, and do not turn your back on anyone who wants to borrow” (Matt. 5:42)

“Almsgiving delivers from death, and it will purge away every sin.” (Tob. 12:9)

“If you satisfy the afflicted, your light shall rise in the darkness” (Isa. 58:10)

“Sell all that you have and distribute it to the poor, and you will have a treasure in heaven” (Lk. 18:22)

“If someone who has worldly means sees a brother in need and refuses him compassion, the love of God cannot remain in him” (1 Jn. 3:17)

Here’s what the saints say about giving alms:

The Pillars of Lent 1/3

ALMSGIVING



Almsgiving, far from being reduced to an occasional offering of money, means assuming an attitude of sharing and acceptance.
SAINT JOHN PAUL II



Let us give **alms** because these cleanse our souls from the stains of sin.
SAINT FRANCIS OF ASSISI



Give him what you can: the merit is not in whether it is big or small, but in the intention with which you give it.
SAINT JOSEMARIA ESCRIVA

→ ChurchPOP

“Almsgiving, far from being reduced to an occasional offering of money, means assuming an attitude of sharing and acceptance. We only need to “open our eyes” to see beside us so many brothers and sisters who are suffering materially and spiritually. Thus Lent is a forceful invitation to solidarity.” – **St. John Paul II**

“Let us give alms because these cleanse our souls from the stains of sin. Men lose all the material things they leave behind them in this world, but they carry with them the reward of their charity and the alms they give. For these they will receive from the Lord the reward and recompense they deserve.” – **St. Francis of Assisi**

“Give him what you can: the merit is not in whether it is big or small, but in the intention with which you give it.” – **St Josemaria Escriva**

The Pillars of Lent ALMSGIVING



The **acts of charity** you do not perform are the injustices you commit.

SAINT BASIL THE GREAT



There is no more profitable practice as a companion to holy and spiritual fasting than that of **almsgiving**.

SAINT LEO THE GREAT



When you can do good, defer it not, because "**alms** delivers from death."

SAINT POLYCARP



ChurchPOP

"The acts of charity you do not perform are the injustices you commit." – **St. Basil the Great**

"There is no more profitable practice as a companion to holy and spiritual fasting than that of almsgiving. This embraces under the single name of mercy many excellent works of devotion, so that the good intentions of the faithful may be of equal value, even where their means are not. – **St. Leo the Great**

'When you can do good, defer it not, because 'alms delivers from death.'" – **St. Polycarp**

The Pillars of Lent ALMSGIVING



Let us **touch** the dying, the poor, the lonely and the unwanted according to the graces we have received and let us not be ashamed or slow to do the humble work.

SAINT TERESA OF CALCUTTA



Almsgiving above all else requires money, but even this shines with a brighter luster when the alms are given from our poverty.

SAINT JOHN CHRYSOSTOM



Sins are purged by **alms** and acts of faith.

SAINT CLEMENT OF ALEXANDRIA

ChurchPOP

“Let us touch the dying, the poor, the lonely and the unwanted according to the graces we have received and let us not be ashamed or slow to do the humble work.” –**St. Teresa of Calcutta**

“Almsgiving above all else requires money, but even this shines with a brighter luster when the alms are given from our poverty. The widow who paid in the two mites was poorer than any human, but she outdid them all.” –
St John Chrysostom

“Sins are purged by alms and acts of faith.” – **St Clement of Alexandria**

When considering how to incorporate almsgiving into your Lent, ask yourself these three questions:

- 1) How can I use my time to serve others this Lent?
- 2) How can I use my talents to serve others this Lent?
- 3) How can I use my treasure to serve others this Lent?

How will you practice almsgiving this Lent?

https://www.churchpop.com/2023/02/27/the-third-pillar-of-lent-how-almsgiving-benefits-the-soul-according-to-the-saints/?utm_campaign=ChurchPop&utm_medium=email&hsmi=248058893&hsenc=p2ANqtz-8s18w29EF1zJNTpugyUts77WzafoN6XE0XxPxDKUKjUP3sH7nwcavubJ39K8dMPFuv-83FXloesbnkS61Wsxnx-rKq&utm_content=248058893&utm_source=hs_email