FAITH FUTURE LEGACY

Corpus Christi PARISH

6350 Nanaimo Street, Vancouver, BC V5P 4K7
T: 604-324-2265 ❖ F: 604-327-9699
www.ccparish.ca ❖ Email: parish.cc@rcav.org

November 6, 2022
Thirty-second Sunday in Ordinary Time

Pastor's BLOG

Pastor 主任司鐸
Fr. Bruce-John Hamilton

Assistant 助理司鐸
Fr. Richard Conlin

Chinese Mass 中文彌撒司鐸
Fr. Anthony Ho

Parish Office Administrator
Helen Estrellado

Parish Office Hours 堂區辦事處時間
Tue—Fri 8:30am to 12:00 pm
1:00 to 4:00 pm
Closed for Lunch at 12:00 – 1:00 pm

Corpus Christi Elementary School
2360 Waverley Avenue
Vancouver, BC V5S 0J1
Phone: 604-321-1117
Fax: 604-321-1410
Email: office@cchristi.ca
Website: www.corpuschristi-school.ca
Principal: Ms. Rosa Natola

Corpus Christi Childcare Centre
2362 Waverley Avenue
Vancouver, BC V5S 0J1
Phone: 604-416-4117
Manager: Mrs. Ivana Ciccone
Email: iciccone@cchristi.ca

Sunday Mass 主日彌撒
Saturday Vigil 週六:
5:00 pm (English 英)
Sunday 週日:
9:00 am (English 英)
11:00 am (English 英)
3:00 pm (Cantonese)

Weekday Mass 平日彌撒
Monday to Saturday 8:00 am
Wednesday 9:00 am (School Mass when in session)
Holy Hour every Friday @ 6:00 pm
First Friday Evening Mass @ 7:00 pm
Holidays 9:00 am

Reconciliation 修和聖事
Monday to Friday 7:45 – 7:55 am
Friday 6:00 – 6:45 pm (during Holy Hour)
Saturday 8:30 am after Morning Mass
3:45 – 4:45 pm
Sunday 2:30 – 2:55 pm (in Cantonese)

Liturgy of the Hours/Devotions
Lauds 7:30 am on weekdays

Holy Rosary Monday to Saturday after morning Mass

Emmaus Adoration Chapel
The Chapel is now open 24/7 and accessible by a code. Please contact the Parish Office for the code.

4 Core Values of Corpus Christi Parish

- **Engaged Disciples**: Corpus Christi parishioners strive to be fully committed to holiness, mission, community and service (cf. Mission of the Redeemer 90, JPII)
- **Rooted in Tradition**: Corpus Christi parishioners are firmly rooted in the living Tradition of the Church, faithful to the fulness of the teachings of Christ in every aspect of parish life (cf 2 Thessalonians 2:15)
- **Multiplying Leaders**: Corpus Christi parishioners follow Jesus' example of ministry by identifying, recruiting and investing in others to become leaders, and equipping them to do the same (cf. 2 Timothy 2:2)
- **Evangelical Hospitality**: Corpus Christi parishioners aim to be generous and evangelical in service and hospitality, providing everyone with opportunities to belong to the parish family (cf Acts 2:44-47)

PARISH MINISTRIES/GROUPS

Adoration Chapel	Araceli Hinz
Alpha	Connie Robinson
Altar Servers	Fr. Bruce-John Hamilton/ Fr. Richard Conlin/Margie Lacson
Baptism Preparation Class	Adelia Yiu/Scholastica Au/ Clarisse Marcelino/Daniela O'Brien
Bible Study	Fr. Bruce-John Hamilton (Scripture Study) Joyce Fung (Tuesday Morning Group) Joseph Chiu (Chinese)
Catholic Women's League	Khim Cheung, President
Chinese Community	Frank Chan
Choir: Sat. 5pm & Sun. 9am	Dominica Chan
Sun. 11am	Dorathy Li
Chinese 3pm	Vincent Lau
Church Care	Helen Estrellado
Altar Linens	Agnes Lo
Church Flowers	Monica Lau
Couples for Christ	Russell & Theresa Zablan/Richman & Nina Therese Manalili
Emergency Management Plan	David & Connie Robinson
Eucharistic Ministry	Bill Lam, Coordinator
Hospitality Ministry	Annie Dee
Knights of Columbus	David Robinson, Grand Knight
Legion of Mary	Margie Goebel, President
Marriage Mentorship	David and Connie Robinson
PREP	Veronica Yam, Coordinator
Project Advance	Jackson Fong/Simon Yeung
Queen of Angels	Vivien Leung, Coordinator
RCIA	Fr. Bruce-John Hamilton (English) Joseph Chiu (Mandarin) Veronica Yam (Cantonese)
Readers	Irene Goh-Ko, Coordinator
Safe Environment	Ruby Socorro Arico
Seniors' Ministry	Jackson Fong/Theresa Stewart
Senior Leadership Team	Fr Hamilton/Fr Richard/Scholastica Au/Annie Dee/Margie Lacson/ Peter Lee/Seamus O'Brien/ Deborah Welsh
Ushers	Rick Lam, Coordinator
Youth & Young Adults	Lois Umali

BAPTISM
The Baptism Preparation Classes for parents are held via Zoom every 1st (Part 1) and 3rd (Part 2) Saturdays of the month, 10:30 am to 12 noon, except during the months of July and August. Parents must attend both sessions. Call the Parish Office to pre-register for the class. **Baptism celebrations are held on the 2nd and 4th Saturdays of each month @ 11:00 am.**

HOLY MATRIMONY
We welcome your wedding celebration at Corpus Christi Church. To arrange the date and begin your preparations, please contact the Parish Office or either one of our priests at least 6 months prior to the proposed wedding date.

ANOINTING OF THE SICK
If your loved one, relative or friend would like to arrange for a priest for the administration of the Sacrament of the Anointing of the Sick or to visit the sick in a hospital, please phone the Parish Office. Or you may contact the hospital chaplain:

VGH:
604-877-5918 (Pager)
604-875-4111
Fr. Gilbert Nunez & Fr. Luis Martin Brain Delgado (Mon., Tue., Fri., Sat. and Sun.)
Fr. Aresene Dutunge (Wed. and Thurs.)

MOUNT ST. JOSEPH HOSPITAL:
Fr. Joseph Ha Vinh Tran, OP (Chaplain)
604-876-7826

BURNABY HOSPITAL:
St. Theresa's Parish (Chaplain)
604-434-4211
604-298-6800 (Parish)

ST. PAUL'S HOSPITAL:
Fr. Victor Fernandes, OCD
604-682-2344/604-445-9323 (cell)/604-252-4224 (pager)

WELCOME TO NEW PARISHIONERS AND VISITORS: To register, please complete a Registration Form available at the Welcoming Booth in the church vestibule or at the Parish Office or download from the parish website, www.ccparish.ca. Envelopes are assigned to those who request for them.

November 6, 2022
Thirty-second Sunday
in Ordinary Time

Mass Intentions FOR THE WEEK

Saturday, November 5 *Vigil Mass*
5:00 PM *for* Ada Moudakis, RIP

Sunday, November 6 *Thirty-second Sunday in Ordinary Time*
9:00 AM *for* All Parishioners, Living & Deceased
11:00 AM *for* Deceased Members of Volpe & Bonifacio Families
3:00 PM *for* Deceased Members of the Chinese Ladies' Circle

Monday, November 7
8:00 AM *for* Victoria Wong, RIP

Tuesday, November 8
8:00 AM *for* Jennifer Tong, RIP

Wednesday, November 9
8:00 AM *for* Simon Wong, RIP
9:00 AM ***SCHOOL MASS***

Thursday, November 10
8:00 AM *for* Jay Nicolas, RIP

Friday, November 11 *Remembrance Day*
9:00 AM *for* Fortunato Lacson, Jr., RIP
6:00 PM ***HOLY HOUR***

Saturday, November 12
8:00 AM *for*

Clergy Study Week (November 14 – 18)

Please note that during the Clergy Study Week, there will be **no morning Masses here at Corpus Christi on November 15, 16,, 17 and 18**. Our two priests will be attending the Priests' Study Week. There will also be no opportunity for Confession on these days. We will have the usual Confession and Holy Hour at 6:00 pm on Friday, November 18.

PLEASE NOTE

Please note that on **Friday, November 11, morning Mass will be at 9am** in observance of the Remembrance Day statutory holiday. The Parish Office will be closed on that Friday.

Fr Hamilton's Celebration of his 35th Anniversary of Ordination & Induction to the BC Sports Hall of Fame Light Luncheon on November 6th

For those who are not able to come to the dinner celebration on Saturday, November 5, a light luncheon will be held the following **Sunday, November 6 after the 11am Mass at the Parish Centre Hall**. Everyone is invited to celebrate with Fr Hamilton and give him your good wishes. Please note that there will be **NO After Mass Socials** on that Sunday.

Corpus Christi School – The Card Project!

Dear Parishioners, the Card Project uses the children's masterpieces to make professionally printed Christmas Cards. We invite you to celebrate our young artists by purchasing their artwork on Christmas Cards. This is a wonderful, creative fundraising opportunity for the Capital Campaign. The cards are packaged in gift boxes of 12 cards with envelopes. $21.50 per box, $19.50 for 2 boxes and 17.50 per three boxes.

These cards will be on sale **after all Masses on Saturday, Nov. 25 and Sunday, Nov. 27**.

ARCHDIOCESAN NEWS

Personality and Human Relations - Who Am I?

"Who am I?" is an experience of self-discovery and development that explores the essential aspect of yourself, so that you discover the gifts of your inner being, increase your productivity, improve relationships and develop your unique strengths. It will be on **November 7 and 8 from 9 a.m. to 5 p.m**. This is also offered in the Korean language. Learn more at www.beholdvancouver.org/events.

Remembrance Day at Gardens of Gethsemani

Join us for Remembrance Day Mass at Gardens of Gethsemani followed by a short ceremony at the Veteran's Cenotaph on **Friday, Nov. 11 at 10 a.m**. Learn more at www.rccav.org/events

Remembering the Sick In Prayer

Mavis Chow	Tomasa Geonanga	Sanae Hogan
Alice Yap	Ernie Chu	Honesto Estabillo
Rey Calaguas	Dante Marpuri	John Soo
Peter Hinz	Cheryl Ling	Peter In
Lydia Dalmaso		

Prayers for the sick can be requested. To add the name of your loved one, please drop by or call the Parish Office. The names listed in the bulletin will remain there for up to 1 month unless the office is notified.

Horizons of Hope: A Toolkit for Catholic Parishes on Palliative Care

The toolkit seeks to empower and educate parishioners and address questions surrounding palliative care, dying, death, suffering and bereavement in a holistic fashion. The content includes Catholic moral and pastoral theology, medical expertise and the Compassionate Community model. The toolkit is available for use in Catholic parish settings and other appropriate venues. Join us for this interactive day of prayer, videos and discussion on palliative care and the Church's teaching on end of life on **Nov. 12 from 9:00 - 4:30 p.m.** at the John Paul II Pastoral Centre. Learn more and register at www.beholdvancouver.org/events.

Advent Retreat 2022

Rejoice: God Is With Us is an Advent Retreat on **Nov. 19** for all who serve in ministry. We will begin the morning with Mass followed by two sessions with Makani Marquis. The day will include Adoration, lunch, small group sharing, and more. Let us prepare ourselves and retreat before the very busy season of Advent. To the first 110 registrants we will be offered a copy of "Rejoice! An Advent Pilgrimage into the Heart of Scripture" from Ascension Presents. Rejoice! will help you open your heart to the peace and joy of the Advent season. We look forward to journeying with you. Learn more and register at www.beholdvancouver.org/events.

5% Off Sacred Burial Space

Taking time to plan now provides peace of mind, creates something beautiful for your family, and avoids financial and mental stress. It allows you to make decisions now with those you love, lessening the emotional burden on one's spouse or children later. A good first step is a no-obligation meeting with a Family Services Advisor to learn about your options for memorial planning and burial. Receive 5% off when making your memorial plan at Gardens of Gethsemani before the end of November. Call 604-531-2141 or email advisor@rccav.org to book an appointment. **A pre-arrangement appointment must be booked before Nov. 30, 2022 to qualify**. Includes burial space, liner, markers and memorialization.

Encountering Jesus - Sunday Gospel Meditations for Families

Is family prayer time a struggle? Are your children having difficulty paying attention during Mass? Take part in a family-friendly Mass reading preparation and/or review through a simple Lectio Divina based on the Sunday Gospel readings. This ready-made, on-demand AUDIO program is easy to follow and engages all ages - K-7 and teens/adults to "Read, Reflect, Respond, Rest and make Resolutions" in their lives to live out God's word. The short, yet effective sessions are designed for kids in mind. Guided prayer meditations included. Learn more and register at :
https://www2.rcav.org/e/897551/families/3j6zym/1170529335?h=b9dXnovPMxrIdY2iDiKPbVK6cW9ldiysjhjG1zNfT6I

BAPTISM CELEBRATIONS

Let us welcome to the Catholic Community:

Min (Sandra) Liang and her two children, Karena & Kurtis Chen

who were baptized on October 29, 2022

May the Lord's blessings and goodness be upon them abundantly.

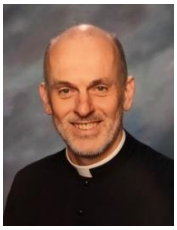
STEWARDSHIP REFLECTIONS

"May our Lord Jesus Christ himself and God our Father, who has loved us and given us everlasting encouragement and good hope through his grace, encourage your hearts and strengthen them in every good deed and word."
2 Thessalonians 2:16-17

There are two important lessons here. First, we are called to be generous with our encouragement and hope with others. As God shows us mercy, we must be merciful to others. Second, joy is contagious! The joy we receive from doing good works not only strengthens us, it encourages others as well. Share the joy of living your faith whenever you can.

TO DONATE TO CORPUS CHRISTI:

- **Sunday Offering thru online giving**
- **Donate to Capital Campaign**
- **Donate to Project Advance 2022**



Pastor's Corner

32nd Sunday in Ordinary Time

Remember that we are in the month of the Holy Souls. It is so important that we remember in our prayers, our sacrifices, and our suffrages these souls of the departed who are now being purified before they can see God face-to-face.

So, you know what "suffrages" are – Fr. John Hardon defines them as: **"The prayers prescribed, or promised for specific intentions. More particularly, suffrages are the Masses, prayers, or acts of piety offered for the repose of the souls of the faithful departed."** *Modern Catholic Dictionary*

Fr. Richard passed this article to me and I recommend that everyone, everyone read it! The article starts: **"Canada's 2021 census shows almost half of the residents of diverse Metro Vancouver now report having no religion — a much higher ratio than in virtually any big city in North America."**

https://vancouversun.com/opinion/columnists/douglas-todd-metro-vancouver-tops-list-of-non-religious-big-cities-in-north-america

As I read this article, I began giving thanks to God for the 10 Year Vision that we have in this parish. We are called as God's children and disciples of Jesus Christ to acknowledge the good that is in the world, but also to see, through the lens of the Gospel, where the short comings are when people and society have little to no religion.

This coming Friday, November 11th is Remembrance Day. Why do we keep this day? It is a holiday, so it can be easy to forget what it is all about.

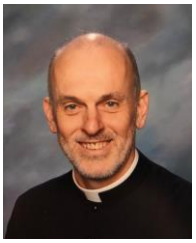
"Remembrance Day is a yearly memorial day that is observed in many Commonwealth countries, including Canada, to remember those who died in military service, and honour those who served in wartime. It is observed across Canada each year on 11 November , the anniversary of the Armistice agreement of 1918 that ended the First World War. On Remembrance Day, public ceremonies and church services often include the playing of "Last Post," a reading of the fourth stanza of the poem *For the Fallen,* and two minutes of silence at 11 a.m. Wreaths are laid at local war memorials and assemblies are held in schools. Millions of Canadians wear red poppy pins in the weeks leading up to and on November 11th in remembrance." *Online Canadian Encyclopedia*

It is important that we stop for these 2 minutes and pray for the repose of the soul of the soldiers who sacrificed their lives for our freedom AND also to give thanks to God for the freedom we have. The best way to give thanks? Use freedom in accord with God's will.

This is one of my favourite Remembrance Day videos –
Terry Kelly: A Pittance of Time https://youtu.be/2kX_3y3u5Uo

May their souls and all the souls of the faithful departed – especially our fallen soldiers – through the mercy of God rest in peace! We will never forget you!

Fr. Hamilton



本堂神父的話

常年期第三十二主日

記得我們是在煉靈月了。我們要記得在我們的祈禱中，犧牲中，為煉靈祈禱中記得他們是重要的。他們現在處淨化期中，淨化後便能夠面對面看見上主。

你知道什麼叫『為煉靈祈禱吧』—John Hardon 神父定義說：『法定的或承諾的是為指定意向的禱文。更特別的是煉靈祈禱是為已亡信眾為他們的安息奉獻彌撒，祈禱，或愛心的工作。』*Modern Catholic Dictionary*

Richard 神父送我這份文交章，我為每位推薦，請每位都予閱讀！這文章開始為：**『加拿大 2021 年人口調查顯示，分佈於溫哥華大都會半數的人口沒有宗教信仰—比例較北美任何的大城市為高。』**

https://vancouversun.com/opinion/columnists/douglas-todd-metro-vancouver-tops-list-of-non-religious-big-cities-in-north-america

當我閱讀這文章時，我開始多謝天主，我們堂區的十年願景。我們被稱為天主的子女和基督的門徒去確認世界的美好，但同樣藉著聖經的濾鏡看見，當人民和社會沒有信仰或信仰不夠時的不足之處。

下星期五，11 月 11 日是國殤日。我們為什麼要有這一天呢？它是一假日，所以很容易忘記它的真意。

『國殤日是每年一次紀念的日子，很多的聯邦國家，包括加拿大在內都在這天紀念為戰爭捐軀的軍人，並光榮那些在戰爭時服役的。每年橫跨加拿大在 11 月 11 日，1918 年終止了第一次世界大戰的停火協議仍然遵行。在國殤日，公眾的儀式和宗教的禮儀中往往包含演奏『Last Post，』朗讀詩篇 *For the Fallen* 的第四節，及在上午 11 時的兩分鐘靜默。在紀念碑上獻上花環，學校舉行集會。百萬的加拿大人在這幾星期內帶上罌粟襟針至 11 月 11 日以作紀念。』請見 *Online Canadian Encyclopedia*

我們要能停頓兩分鐘並為兵士們靈魂的安息祈禱是重要的，他們為了我們的自由犧牲了他們的性命，並要多謝天主給了我們擁有的自由。多謝的最佳方法？按天主的旨意去行使我們的自由。

這是我最愛的國殤節視頻之一—

Terry Kelly: 時間的些微收入 https://youtu.be/2kX_3y3u5Uo

願他們的靈魂和所有離開我們的信友的靈魂—特別是我們失落的失兵士們—藉天主的慈悲都能止息於和平中！我們永不忘記你們！

Hamilton 神父

THIS WEEK ON FORMED

Week of November 06, 2022

Blessed Duns Scotus

A Franciscan priest and theologian, Bl. Duns Scotus debated against the Dominicans in the thirteenth century, defending Mary's Immaculate Conception. Filmed in beautiful ancient monastery locations in Europe, Bl. Duns Scotus is revealed as a humble and courageous apostle of the Faith against the oppressive anti-Catholic government in power.

Can God Heal Human Divisions?

A tragic consequence of sin is human division, something we all face in one way or another. In this video, Dr. Tim Gray and Dr. John Sehorn discuss how we can invite Christ into those situations of brokenness.

True Worship by Fr. Mike Schmitz

Father Michael Schmitz inspires and educates in this Lighthouse Talk about the highest form of worship—the Mass. Through this vibrant presentation, Fr. Mike makes sure that you will have a deeper and more profound experience of the Mass.

Our parish has a FORMED subscription.
Visit signup.formed.org and select our parish name.

4 Ways to remember to offer God your daily work

You might not think of your job as something holy, but the time you spend working can be a time of prayer.

Your job might not immediately jump to mind as something holy, but as Christians we can sanctify our work along with the rest of our lives.

It's kind of amazing when you stop to consider that work existed in the Garden of Eden, even before the fall. **Work is something inherent to our nature, something that was created to be good for us.**

Sure enough, the Catechism tells us,

> *Human work proceeds directly from persons created in the image of God … Work honors the Creator's gifts and the talents received from him (2427).*

Whether you labor in a boardroom or a kitchen, an operating room or a garden, **your daily duties can be an offering to God, right where you are.**

So how can we sanctify the time we spend working? Here are 4 little ways to remember to offer tasks to God.

1. SAY A PRAYER BEFORE BEGINNING

There are some lovely ideas here for prayers to say before beginning a task. Here's a short and beautiful prayer:

> *Direct, we beg you, O Lord, our actions by your holy inspirations, and grant that we may carry them out with your gracious assistance, that every prayer and work of ours may begin always with you, and through you be happily ended. Amen.*

2. OFFER UP YOUR WORK AS A SACRIFICE TO GOD

Work offered to God can be a prayer and a way of growing closer to Jesus.

St. Josemaria Escriva once wrote that "An hour of study, for a modern apostle, is an hour of prayer," and no doubt an hour of work can also be an hour of prayer.

Of course, this calls us to give our best efforts, imitating the sacrifice of Abel who gave God his best.

3. PLACE A HOLY IMAGE NEXT TO YOU

Glancing at a small holy image from time to time can recall your mind to the spiritual purpose of your responsibilities and remind you to offer up this time.

Perhaps you have handy a small cross or holy card (which can double as a bookmark!). You can even pull up an image on your phone.

In a professional setting, you might add subtle Catholic art, like this striking Divine Mercy abstract painting.

4. WHEN IT'S TIME TO STOP WORK, TAKE TIME TO REALLY REST

The Catechism reminds us that "Work is for man, not man for work" (2428). **When it's time to stop working, we benefit so much from real rest.**

Rest isn't just good for the soul. It's also good for the mind and actually makes us better at fulfilling our obligations.

A study found that the most productive employees take effective breaks. **Yes, taking strategic time off to rest actually boosts your productivity.**

Of course, that does mean *really* resting, not just doomscrolling on our phones. Enjoy a short walk, read a book, pray or meditate, talk to a colleague, or grab a snack.

These periods of restful leisure mixed into our work bring purpose to the whole day.

https://aleteia.org/2022/10/17/4-ways-to-remember-to-offer-god-your-daily-work/?utm_campaign=EM-EN-Newsletter-Daily-&utm_content=Newsletter&utm_medium=email&utm_source=sendinblue&utm_term=20221017