



**March 22, 2026  
Fifth Sunday of Lent**

**Pastor 主任司鐸**  
Fr. Bruce-John Hamilton

**Assistant 助理司鐸**  
Fr. Patrick Le

**Chinese Mass 中文彌撒司鐸**  
Fr. Paul Chu

**Office Manager 辦公室經理**  
Winnie Shiao  
Email: winnie@cchparish.ca

**Parish Office Hours 堂區辦事處時間**  
Mon—Fri 9:00am - 4:00pm

**Sunday Mass 主日彌撒**  
Saturday Vigil 週六:  
5:00 pm (English 英)  
Sunday 週日:  
9:00 am (English 英)  
11:00 am (English 英)  
3:00 pm (Cantonese 廣東話)

**Weekday Mass 平日彌撒**  
Monday to Saturday - 8:00 am  
Wednesday - 9:00 am (*School Mass when school is in session*)  
Holy Hour every Friday - 6:00 pm  
First Friday Evening Mass - 7:00 pm  
Holidays - 9:00 am

**Confession 修和聖事**  
Monday to Friday - 7:45 – 7:55 am  
Friday - 6:00 – 6:45 pm (during Holy Hour)  
Saturday - 8:30 am after Mass  
Saturday - 3:45 – 4:45 pm  
Sunday - 2:30 – 2:55 pm (Cantonese)

**Liturgy of the Hours/Devotions**  
Lauds - 7:30 am on weekdays  
Holy Rosary - Monday to Saturday  
After morning Mass

**Emmaus Adoration Chapel**  
The Chapel is now open 24/7 and accessible by a code. Please contact the Parish Office for the code.

**Corpus Christi Elementary School**  
2360 Waverley Avenue  
Vancouver, BC V5S 0J1  
Phone: 604-321-1117  
Email: office@cchristi.ca  
Website: www.cchristi.ca  
Principal: Ms. Rosa Natola

**Corpus Christi Childcare Centre**  
2362 Waverley Avenue  
Vancouver, BC V5S 0J1  
Phone: 604-416-4117  
Manager: Mrs. Ivana Ciccone  
Email: iciccone@cchristi.ca



**4 Core Values of Corpus Christi Parish**  
**Engaged Disciples:** Corpus Christi parishioners strive to be fully committed to holiness, mission, community and service. (cf. *Mission of the Redeemer 90, JP11*)



**Rooted in Tradition:** Corpus Christi parishioners are firmly rooted in the living Tradition of the Church, faithful to the fullness of the teachings of Christ in every aspect of parish life. (cf. *2 Thessalonians 2:15*)



**Multiplying Leaders:** Corpus Christi parishioners follow Jesus' example of ministry by identifying, recruiting and investing in others to become leaders, and equipping them to do the same. (cf. *2 Timothy 2:2*)



**Evangelical Hospitality:** Corpus Christi parishioners aim to be generous and evangelical in service and hospitality, providing everyone with opportunities to belong to the parish family. (cf. *Acts 2:44-47*)

**BAPTISM**

The Baptism Preparation Classes for parents are held via Zoom every 1<sup>st</sup> (Part 1) and 3<sup>rd</sup> (Part 2) Saturdays of the month, 10:30 am to 12 noon, except during the months of July and August. Parents must attend both sessions. Call the Parish Office to pre-register for the class. **Baptism celebrations are held on the 2<sup>nd</sup> and 4<sup>th</sup> Saturdays of each month @ 11:00 am.**

**HOLY MATRIMONY**

We welcome your wedding celebration at Corpus Christi Church. To arrange the date and begin your preparations, please contact the Parish Office at least 9 months prior to the proposed wedding date.

**ANOINTING OF THE SICK**

If your loved one, relative or friend would like to arrange for a priest for the administration of the Sacrament of the Anointing of the Sick or to visit the sick in a hospital, please phone the Parish Office. Or you may contact the hospital chaplain:

**VGH:**  
Fr. Gilbert Nunez & Fr. Luis Martin Brian Delgado (Mon., Tue., Fri., Sat. and Sun.)  
Fr. Aresene Dutunge (Wed. and Thurs.)  
604-875-4111

**MOUNT ST JOSEPH HOSPITAL:**  
Fr. Joseph Ha Vinh Tran, OP (Chaplain)  
604-876-7826

**BURNABY HOSPITAL:**  
St. Theresa's Parish  
604-434-4211 (Chaplain)  
604-298-6800 (Parish)

**ST. PAUL'S HOSPITAL**  
Fr. Victor Fernandes, OCD  
604-982-2344/604-445-9323  
(cell)/604-252-4224 (pager)

**Stewardship Reflection**

**March 22 - 5<sup>th</sup> Sunday in Lent**

*"Jesus said to her, 'Did I not tell you that if you believe you will see the glory of God?'"* John 11:40

Many of us say that we believe in God. We attend Sunday Mass and participate in parish events. But when life gets hard and the pressure is on, when things aren't going our way, do we really believe? Do we really put our trust in the Lord? When we live a life of gratitude, recognizing all that we have been given, we really do see that God is providing for our needs. Living a grateful and generous life allows us to see God's active presence in our daily lives and we become "partakers of the divine nature."

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**All are invited to attend Stations of the Cross on Fridays after the 6:00 pm Holy Hour during Lenten Season.**

**RELIGIOUS BOOTH**

The Religious Articles Booth will be open on March 22 from 8:45 am to 11:15 am (closed during mass).

**WELCOME TO NEW PARISHIONERS AND VISITORS:**  
To register, please complete a Registration Form available at the Welcoming Booth in the church vestibule or at the Parish Office or download from the parish website, [www.cchparish.ca](http://www.cchparish.ca). Envelopes are assigned to those who request for them.



# Mass Intentions for the week

**March 22, 2026**  
**Fifth Sunday of Lent**

**March 21, Saturday (Vigil Mass)**

5:00 PM – Annie Wong, RIP

**March 22, Sunday ( Fifth Sunday of Lent)**

9:00 AM – Pilgrim Virgin Families

11:00 AM – Parishioners, Living and Deceased

3:00 PM – Joseph Teng Chong Tai, RIP

**March 23, Monday (St. Turibius of Mogrovejo, Bishop)**

8:00 AM – Patrick Aniuchi, RIP

**March 24, Tuesday (St. Oscar Romero, Bishop & Martyr)**

8:00 AM – Evelyn Chang, RIP

**March 25, Wednesday (The Annunciation of the Lord)**

8:00 AM—Vinda Castro, RIP

5:30 PM— Don Tran, Conversion

**March 26, Thursday**

8:00 AM— Margie Trinidad, RIP

**March 27, Friday**

8:00 AM— Juanita Chen, RIP

6:00 PM—Holy Hour of Adoration

7:00 PM—Stations of the Cross

**March 28, Saturday**

8:00 AM—Leonila Arnucu, RIP

### The Jugglers of '66

On June 4, the Notre Dame graduating class of 1966 is celebrating its 60th Reunion with a tour of Notre Dame followed by a mix and mingle afternoon at the Admiral Hotel in Burnaby.

All classmates and their partners/spouses are included in the invitation. As we want to reach as many classmates as possible, we are indebted to the parish for spreading the word.

To register for the reunion, please contact:

Jan Gauthier [gauthier.morgan1@gmail.com](mailto:gauthier.morgan1@gmail.com)

Maureen Buchholz [moebuchholz@shaw.ca](mailto:moebuchholz@shaw.ca)

or phone 778-828-9847



The **Seniors' Ministry** is hosting '**Lenten Soup**' on **Good Friday**, April 3rd after the 11 am **Stations of the Cross**

Clam Chowder OR Vegetable Soup and a bun will be served . Coffee & Tea provided

Tickets will be available after all masses on March 21 / 22 and 28 / 29

Tickets are \$5 per serving. Please bring exact cash. All proceeds to go to the Capital Campaign.

### Remembering the Sick In Prayers

Prayers for the sick can be requested. To add the name of your loved one, please drop by or call the Parish Office.

**Helen Cuervo, Virginia Mak Sun, Peter Sun, Vincent Kwan, Remedios Hufano, Roslyn Sami, Bernard Glemas, Maria Carolina Martinez, Juliana Sou, Delia Yapp, Agnes Lau, Charles & Linda Harwood, Josephine Manni, Monica Conlin, Jack Wong, Vilashini Krystal Mudalian, Viway Shiu Mudaliur, Joy Trapasso**

The names listed in the bulletin will remain here for 2 months unless the office is notified.

### Last Weekend's Collection

Offertory Collection	\$	8,668.15
BC Catholic	\$	50.00
Building Fund	\$	120.00
Initial Offering	\$	100.00
Lenten Charity	\$	355.00
New Years	\$	40.00
St Joseph Society	\$	10.00
<b>TOTAL</b>	<b>\$</b>	<b>9,343.15</b>

#### NEXT SPECIAL COLLECTIONS:

**March 29, 2026 Building Fund**

*Thank you for your generosity*

**WILDERNESS ADVENTURE THROUGH THE SACRAMENTS**

**AGES:** Kindergarten – Grade 5 (in September 2026)

**WHERE:** Corpus Christi Parish, Vancouver

**WHEN:** August 17<sup>th</sup> - 21<sup>st</sup>     **TIME:** 9:15am – 12:30pm

**COST:** \$140 Early Bird, \$160 after May 15th

**CONTACT:** [ccvanvbs@gmail.com](mailto:ccvanvbs@gmail.com)

For more information - See registration forms located in the church lobby / Parish Office.



## 5th Week of Lent The Beginning of Passiontide



As we enter the **Fifth Week of Lent**, the Church moves into what has traditionally been called **Passiontide**, the final two weeks of Lent that prepare us more intensely for the celebration of **Easter**.

During these days the liturgy becomes more solemn, and you will notice something striking in the church: **the crucifixes and statues are veiled**. This ancient custom helps us focus more deeply on the mystery of Christ's Passion. It recalls the moment in the Gospel when, after a confrontation in the Temple, **Jesus "hid himself and went out of the temple."** (*John 8:59*). The veiling symbolizes this withdrawal as the hour of His suffering draws near and invites us to prepare our hearts for what is about to unfold.

These final weeks of Lent lead us toward **Palm Sunday**, the beginning of **Holy Week**, and ultimately to the proclamation of Christ's victory on **Easter Sunday**.

In the midst of our Lenten journey, the Church also celebrates two beautiful **Solemnities: St. Joseph (March 19)** and the **Annunciation of the Lord (March 25)**. These feasts shine like bright lights within the penitential season of Lent and remind us of the mystery of salvation that God is unfolding.

**St. Joseph** teaches us many things, but two stand out in a particular way. First, he shows us **how to obey God without hesitation**. When the Lord spoke to him in dreams, Joseph did not delay or argue, he simply rose and did what God asked. Second, Joseph shows us **how to pray and remain faithful no matter the circumstances**. His life was not easy, yet he remained a man who listened for God and trusted Him completely.

The **Annunciation** calls us to give thanks to God for sending His Son into the world for our salvation. In that moment, the eternal Son of God took flesh in the womb of the Virgin Mary so that He might one day give His life for us on the Cross and open the way to heaven. Mary's response, **"Let it be to me according to your word."** (*Luke 1:38*), shows us what true discipleship looks like. Like her husband Joseph, she is a **person of prayer**, always ready, **without hesitation**, to do the will of God.

Since these celebrations are **Solemnities**, the Church allows us to **suspend our Lenten penances** on these days. Even in the midst of our penitential season, the Church pauses to

rejoice in the great works of God.

I also want to encourage you: **if your Lent has not gone as you hoped, do not give up, but simply begin again**. Lent is not about never falling; it is about **never giving up**. Ask the Lord for help. Turn back to Him. Go to **Confession** if needed and start again.

One beautiful way to enter more deeply into these final weeks is to **read the daily Mass readings**, especially the **first readings from the Old Testament**. Again and again, they point forward to the coming of the Messiah and help us cultivate a sense of longing and anticipation for the fulfillment of God's promises.

If possible, consider attending **an extra weekday Mass** during these next two weeks. Carve out the time if you can and even bring the children. It helps all of us rediscover the **importance and joy of sacrifice** as we prepare our hearts for the great mysteries of Holy Week.

These sacred days of Passiontide are meant to prepare us for the moment when the Church proclaims the greatest news in human history: **Christ is risen!**

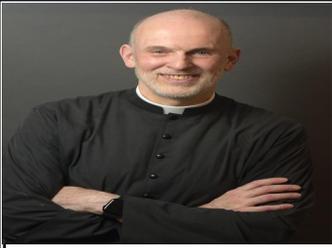
This victory truly **changes everything**.

Let us continue praying for one another as we journey together through these holy days of Lent.

**God bless you!**

**Fr. Hamilton**





本堂神父的話  
四旬期第五主日  
苦難週的開始



當我們進入**四旬期第五週**，教會也進入傳統上稱為「**苦難週**」的時期——四旬期最後兩週，帶領我們更深入地準備迎接**復活節**的慶典。

在這些日子裡，禮儀變得更加莊嚴，而你也會注意到教堂內一個顯著的改變：**苦像和聖像**都被覆蓋起來。這項古老的傳統幫助我們更專注於基督苦難的奧蹟。它讓我們想起福音中的一刻：在聖殿的一場衝突之後，耶穌「耶穌卻隱沒了，從聖殿裏出去了」（**若望福音 8:59**）。覆蓋聖像象徵祂的退隱，因為祂受難的時刻即將來臨，也邀請我們準備心靈，迎接即將展開的救恩奧蹟。

這四旬期最後的日子，引領我們走向**聖枝主日**——**聖週**的開始——並最終迎向**復活主日**對基督勝利的宣報。

在我們的四旬旅程中，教會也慶祝兩個美麗的隆重慶日：**聖若瑟**（3月19日）和**預報救主降生**（3月25日）。這兩個慶日如同四旬期中的亮光，提醒我們天主正在展開的救恩工程。

**聖若瑟**教導我們許多事，但其中兩點尤其突出。第一，他教導我們**毫不遲疑地服從天主**。當天主在夢中向他說話時，若瑟沒有拖延，也沒有爭辯，他立刻起來，照著天主的旨意行事。第二，他教導我們**無論處境如何，都要祈禱並保持忠信**。他的生活並不容易，但他始終是一位聆聽天主、完全信賴天主的人。

**預報救主降生**邀請我們感謝天主，因祂派遣自己的聖子降生成人，為了拯救我們。在那一刻，永恆的天主聖子在童貞瑪利亞的胎中取了血肉，好使祂有一天能為我們在十字架上捨生，並為我們開啟通往天堂的道路。**瑪利亞的回應**——「願照你的話成就於我吧」（**路加福音 1:38**）——向我們展示了真正的門徒精神。像她的丈夫若瑟一樣，她是一位**祈禱的人**，隨時準備、**毫不遲疑地**履行天主的旨意。

由於這些慶日是隆重慶日，**教會允許我們在當天暫停四旬期的補贖**。即使在這懺悔的季節中，教會仍停下腳步，歡欣於天主偉大的工程。

我也想鼓勵你們：**如果你的四旬期並沒有如你所願，不要放棄，只要重新開始**。四旬期不是關於從不跌倒，而是關於**永不放棄**。請求主的幫助，回到祂面前；若需要，去辦告解，然後重新出發。

在這最後的日子裡，一個美好的方式是閱讀**每日彌撒讀經**，特別是**舊約的第一篇讀經**。這些讀經一次又一次地指向默西亞的來臨，幫助我們培養對天主許諾實現的渴望與期待。

如果可能，請在接下來的兩週內參加一次**平日彌撒**。若能安排時間，甚至帶上孩子們。這有助於我們重新發現**犧牲的重要與喜樂**，並準備心靈迎接聖週的偉大奧蹟。

這些苦難週的神聖日子，是為了準備我們迎接教會將要宣報的全人類最偉大的消息：**基督復活了！**

這份勝利真正改變了一切。

讓我們在這四旬期的聖日中，繼續彼此代禱，共同行走。

願天主降福你們！

Hamilton 神父



HOW TO MAKE THE MOST OF YOUR LENT?

- 1 GO TO CONFESSION!**  
We all sin, which means we all need to repent. Grace is waiting for you in the confessional!
- 2 RESOLVE TO LIVE A MORE HOLY LIFE**  
Make a careful examination of conscience every day and put in place specific plans for how you will overcome sinful habits.
- 3 PRAY... A LOT**  
Commit to praying more this Lent. If you need help, get a devotional or spend some time reading Scripture.
- 4 MAKE SOME SACRIFICES**  
Making even small sacrifices for God show him that we love him. They can also help make you more holy!

