



June 01, 2025

The Ascension of the Lord



Pastor 主任司鐸

Fr. Bruce-John Hamilton

Assistant 助理司鐸

Fr. Raffaele Salvino

Chinese Mass 中文彌撒司鐸

Fr. Paul Chu

Office Manager 辦公室經理

Winnie Shiao

Email: winnie@ccparish.ca

Parish Office Hours 堂區辦事處時間

Mon—Fri 9:00am - 12:00pm

Sunday Mass 主日彌撒

Saturday Vigil 週六:

5:00 pm (English 英)

Sunday 週日:

9:00 am (English 英)

11:00 am (English 英)

3:00 pm (Cantonese 廣東話)

Weekday Mass 平日彌撒

Monday to Saturday - 8:00 am

Wednesday - 9:00 am (*School Mass when school is in session*)

Holy Hour every Friday - 6:00 pm

First Friday Evening Mass - 7:00 pm

Holidays - 9:00 am

Confession 修和聖事

Monday to Friday - 7:45 – 7:55 am

Friday - 6:00 – 6:45 pm (during Holy Hour)

Saturday - 8:30 am after Mass

Saturday - 3:45 – 4:45 pm

Sunday - 2:30 – 2:55 pm (Cantonese)

Liturgy of the Hours/Devotions

Lauds - 7:30 am on weekdays

Holy Rosary - Monday to Saturday

After morning Mass

Emmaus Adoration Chapel

The Chapel is now open 24/7 and accessible by a code. Please contact the Parish Office for the code.

Corpus Christi Elementary School

2360 Waverley Avenue

Vancouver, BC V5S 0J1

Phone: 604-321-1117

Email: office@cchristi.ca

Website: www.cchristi.ca

Principal: Ms. Rosa Natola

Corpus Christi Childcare Centre

2362 Waverley Avenue

Vancouver, BC V5S 0J1

Phone: 604-416-4117

Manager: Mrs. Ivana Ciccone

Email: iciccone@cchristi.ca

4 Core Values of Corpus Christi Parish



Engaged Disciples: Corpus Christi parishioners strive to be fully committed to holiness, mission, community and service. (*cf. Mission of the Redeemer 90, JP11*)



Rooted in Tradition: Corpus Christi parishioners are firmly rooted in the living Tradition of the Church, faithful to the fullness of the teachings of Christ in every aspect of parish life. (*cf. 2 Thessalonians 2:15*)



Multiplying Leaders: Corpus Christi parishioners follow Jesus' example of ministry by identifying, recruiting and investing in others to become leaders, and equipping them to do the same. (*cf. 2 Timothy 2:2*)



Evangelical Hospitality: Corpus Christi parishioners aim to be generous and evangelical in service and hospitality, providing everyone with opportunities to belong to the parish family. (*cf. Acts 2:44-47*)

PARISH MINISTRIES/GROUPS

Adoration Chapel

Alpha

Altar Servers

After Mass Socials

Baptism Preparation

Bible Study

Catholic Women's League

Chinese Community

Choir

Church Care

Altar Linens

Church Flowers

Emergency Management

Extraordinary Ministers of

Holy Communion

Hospitality Ministry

Intercessory Prayer Ministry

Knights of Columbus

Legion of Mary

Marriage Mentorship

Men's Group

PREP

RCIA

Faith Studies

Readers

Safe Environment

Seniors' Ministry

Senior Leadership Team

Ushers

Youth Ministry

Araceli Hinz

Michelle Wong

Fr. Hamilton, Fr. Salvino,

Margie Lacson

Mary Vendencia, Mellysa Lim

(9am/11am), Tina Chan (3pm)

Adelia Yiu

Joyce Fung (Tues Morning)

Joseph Chiu (Chinese)

Camille Macapanpan

Frank Chan

Kevin Garcia (5pm)

Dominica Chan (9am)

Scholastica Au (11am)

Vincent Lau (3pm)

Joyce Fung

Agnes Lo

Monica Lau

Serafina Chau

Bill Lam

Annie Dee, Mary Vendencia,

Mellysa Lim (Greeters)

Lina Glass, Winnie Koch

David Robinson

Margie Goebel

David & Connie Robinson

Seamus O'Brien

Veronica Yam

Neila Tong

Joseph Chiu (Chinese)

Thomas Robinson

Irene Goh (Weekend Mass)

Joyce Fung (Weekday Mass)

Karen Tully

Theresa Stewart,

Remedios Yeung

Fr. Hamilton, Fr. Salvino, Schola Au,

Prisca Cheung, Annie Dee, Peter

Lee, Winnie Shiao, Deborah Welsh

Rick Lam

Miguel Lacson, Isabelle Liu

BAPTISM

The Baptism Preparation Classes for parents are held via Zoom every 1st (Part 1) and 3rd (Part 2) Saturdays of the month, 10:30 am to 12 noon, except during the months of July and August. Parents must attend both sessions. Call the Parish Office to pre-register for the class. **Baptism celebrations are held on the 2nd and 4th Saturdays of each month @ 11:00 am.**

HOLY MATRIMONY

We welcome your wedding celebration at Corpus Christi Church. To arrange the date and begin your preparations, please contact the Parish Office or either one of our priests at least 9 months prior to the proposed wedding date.

ANOIDING OF THE SICK

If your loved one, relative or friend would like to arrange for a priest for the administration of the Sacrament of the Anointing of the Sick or to visit the sick in a hospital, please phone the Parish Office. Or you may contact the hospital chaplain:

VGH:

604-875-4111

Fr. Gilbert Nunez & Fr. Luis Martin Brian Delgado (Mon., Tue., Fri., Sat. and Sun.)

Fr. Aresene Dutunge (Wed. and Thurs.)

MOUNT ST. JOSEPH HOSPITAL:

Fr. Joseph Ha Vinh Tran, OP (Chaplain)

604-876-7826

BURNABY HOSPITAL:

St. Theresa's Parish

604-434-4211 (Chaplain)

604-298-6800 (Parish)

ST. PAUL'S HOSPITAL:

Fr. Victor Fernandes, OCD

604-682-2344/604-445-9323

(cell)/604-252-4224 (pager)

June 01, 2025
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Saturday, May 31

Vigil Mass

5:00 PM Teresita Bonke, Thanksgiving

Sunday, Jun 01

The Ascension of the Lord

9:00 AM All Parishioners, Living and Deceased

11:00 AM Raymond Situ, RIP

3:00 PM Maria Sau Ying Mak, RIP

Monday, Jun 02

8:00 AM Elvira De Torres, RIP

Tuesday, Jun 03

St. Charles Lwanga & Companions

8:00 AM Xue Lee, Thanksgiving

Wednesday, Jun 04

8:00 AM Mr. & Mrs. Gabriel Chow Wei On, RIP

9:00 AM School Mass

Thursday, Jun 05

St. Boniface

8:00 AM Brandon C. Van Den Ameele, Thanksgiving

Friday, Jun 06

8:00 AM Elmer Proznick, RIP

6:00 PM Holy Hour

7:00 PM First Friday Mass

Saturday, Jun 07

8:00 AM In Thanksgiving for the Jubilee Year of Hope



☐ **Office Administrator**

Corpus Christi Parish is looking for a full time Office Administrator.

This position performs a variety of functions to ensure the smooth running of the Parish Office.

Please see the parish website for further details.

PARISH ANNOUNCEMENTS

PREP

Registration for our PREP school year 2025-2026 is now open. In order to take advantage of the early bird discount, please pick up registration instructions and a copy of the commitment letter either from the parish office during office hours, from the Welcome Booth after weekend Masses or email prep@ccparish.ca.

We will also be accepting registration in person after all Masses on Sat., Aug. 30 and Sun., Aug. 31; however, late fees will apply during this time.

VACATION BIBLE SCHOOL

Vacation Bible School will take place July 28 to August 1. This year's theme is "**Radical Ride on the Wings of Prayer.**" Throughout the week, children will explore the true power of prayer and how it can guide them through the challenges of everyday life.

Each day, they'll rotate through five exciting stations—faith, games, music, crafts, and snacks—where they'll gain hands-on experience and learn Catechesis in fun and meaningful ways.

All youth volunteer positions have now been filled. We are currently only accepting registrations for children.

SECOND COLLECTION

The second collection on June 15 is for Pro Life Sunday - to help support the life-affirming work of pro-life groups in our diocese.

We thank you for your generosity.

SENIOR'S MINISTRY

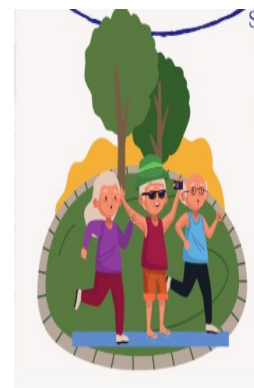
**CORPUS CHRISTI SENIORS
AGILITY FUN DAY**

When: Thurs, June 05, 2025

Time: 10am - 12pm

Games, Exercise, Hot Dogs!

Bring your favourite food to share!
Join us in the Parish Centre.



Last Weekend's Collection

Sunday Offertory Collection	\$8,656.94
Building Fund	\$696.00
Catholic Mission	\$100.00
Easter	\$80.00
Holy Land	\$20.00
Lenten Charity	\$20.00
Pope's Pastoral Works	\$4,054.50
Work of Vocations	\$190.00
Total	\$13,817.44

Thank you for your generosity

STEWARDSHIP REFLECTIONS

June 1, 2025

The Ascension of the Lord

"I am the Alpha and the Omega, the first and the last, the beginning and the end." (REVELATIONS 22:13)

This is a reminder of how we should live our lives 24 hours a day, 7 days a week – putting God first in all that we do. Not only when I am at Mass and parish activities, but when I am in the world, at work, or at school. Living gratefully and generously is an intentional lifestyle. Every decision you make either moves you closer to God or farther away.

Choose wisely!

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Remembering the Sick In Prayers

Eddie Chiu	Kamla Samy
Joseph Chiu	Juliana Sou
Winnie Lam	Fred Vendencia
Viginia Mak	Digno Vibat
Maria C. Martinez	

Prayers for the sick can be requested. To add the name of your loved one, please drop by or call the Parish Office.

The names listed in the bulletin will remain here for 2 months unless the office is notified.



HOLY BREWS AND BBQs MEN'S NIGHT

JOIN US FOR AN
EVENING OF BBQ,
BROTHERHOOD AND
BANTER



OPEN TO ALL MEN AGED 18+
FROM OUR PARISH AND
SCHOOL COMMUNITY

BBQ AND BEVERAGES
WILL BE SERVED



MONDAY | CC PARISH | 6PM | CONTACT FOR MORE INFO:
JUNE 9TH | CENTRE PATIO | 9PM | ccparish.men@gmail.com



Ascension Sunday

As the month of May just ended yesterday, May 31st, I think it is a good and important thing to remind people of some of the many blessings this parish has experienced in May. On May 3rd, I had the privilege of baptizing 21 children of the parents that were baptized at the Easter Vigil. The week previous to that, our parish celebrated 1st Holy Communion with 75 children of our School/PREP. Previous to their reception of 1st Holy Communion, they received Jesus for the 1st time in the sacrament of Penance, or Confession.

Children of Adults Baptized at the Easter Vigil

First Holy Communion

Confirmation

Then on May 10th, I conferred the sacrament of Confirmation on 66 students of our School/PREP. Then on May 17th, I completed our RCIA program for 2025 by baptizing Rachel Chan into the Catholic Church.

Rachel Chan's Sacraments of Initiation

Novena to the Holy Spirit

With so many graces it is easy to miss, or quickly forget what God is doing in our parish. He is not only pouring out his divine life to these children and adults; God is also calling us to live out our baptism; to be faithful to our baptismal promises; to ensure the children are raised in the faith and to live out our confirmation, to be soldiers of Jesus Christ; to be faithful to Jesus in the Holy Eucharist and to frequent the sacrament of

Penance. This is the most underrated sacrament, in my accumulated experience.

Today we celebrate the great Feast of the Ascension. St. Thomas Aquinas taught that the Ascension of Jesus is important for four key reasons:

1. **Increases our faith** – Christ's bodily absence challenges us to trust more deeply in God's promises.
2. **Lifts our hope** – Jesus ascended to prepare a place for us, drawing our hearts toward heaven.
3. **Strengthens our charity** – By sending the Holy Spirit after ascending, Christ empowers us to love.
4. **Confirms Christ's exaltation** – His return to the Father reveals His full divinity and glorification.

(Cf. *Summa Theologiae*, III, q. 57, a. 1-6)

Fr. Hamilton



pastor's Corner

耶穌升天主日 本堂神父的話



昨日，五月三十一日，是五月的最後一天。值此機會，我認為有必要也非常值得提醒大家，我們堂區在五月份所蒙受的眾多恩寵與祝福。在五月三日，我有幸為那些在復活前夕守夜禮中領受聖洗的父母們的二十一位孩子施行聖洗聖事。就在那之前的一週，我們堂區為學校及道理班的七十五位孩子舉行了初領聖體大典。孩子們在初領聖體之前，也首次在修和聖事中領受了耶穌的寬恕與愛。

成人在復活守夜中領洗的子女 初領聖體 堅振聖事

接著，在五月十日，我為學校及要道班的六十六位學生施行了堅振聖事。然後在五月十七日，我為 2025 年的成人慕道團（RCIA）課程畫下句點，並為 Rachel Chan 施行入門聖事，使她正式進入天主教會。

Rachel Chan 的入門聖事 向聖神的九日敬禮

天主賜下這麼多的恩寵，往往令人難以悉數，甚至容易忽略或迅速遺忘祂在我們堂區內所成就的事。天主不僅將祂的生命傾注於這些兒童與成人身上，祂也召叫我們每一位要活出我們的聖洗聖召，忠於我們在聖洗中

所立的盟約；要確保孩子們在信仰中成長；要活出堅振聖事的精神，成為基督的精兵；並在聖體聖事中忠於耶穌，常常領受修和聖事。根據我多年牧靈的經驗，修和聖事是所有聖事中最被忽略的一項。

今天，我們慶祝光榮的耶穌升天節。聖多瑪斯·阿奎納教導我們，耶穌升天的奧蹟有四個重要的意義：

1. **增強信德** —— 基督肉身的離去，挑戰我們更加信賴天主的許諾；
2. **提昇望德** —— 耶穌升天是為我們預備地方，吸引我們的心志歸向天鄉；
3. **激發愛德** —— 基督升天後派遣聖神，賜我們愛人的能力；
4. **確證基督的光榮** —— 祂返回父的懷抱，彰顯祂完全的天主性與光榮。

（參閱《神學大全》Summa Theologiae, III, q.57, a.1 - 6）

Hamilton 神父

3 Life-Changing Ways Your Catholic Faith Can Help Conquer Anxiety and Inspire Confidence!

By: [George Ryan](#), ChurchPop



Feeling overwhelmed by anxiety? You're not alone, and your Catholic faith holds powerful answers!

In [this episode](#) of "The Catholic Gentleman," John Heinen welcomes Joe Hart, the transformational CEO of Dale Carnegie, and Wall Street Journal bestselling author of "Take Command."

They discuss practical Catholic wisdom to help you navigate major life transitions, build lasting relationships, and maintain family priorities amid professional demands!

1) Reflect With Daily Prayer

Hart says starting each day with specific, intentional prayer can powerfully impact your mental wellbeing.

"For me, the first 30 to 45 minutes of every day is deeply wrapped up into prayer. I spend that time praying, but I might look back and say: 'Okay, so what do I have to be grateful for? Where is the Holy Spirit working in my life?'"

Establishing a daily routine like this can help turn your everyday worries into spiritual strength!

2) Challenge Your Mindset

Overcoming anxiety starts with changing how you think. Hart explains, "Dale Carnegie said, 'The most

important thing is the value of what we think. If I know what you think, I know who you are.' The biggest challenge I think we all have: our lives are what our thoughts make it."

By choosing faithful affirmations over negativity, you can effectively combat anxieties and grow deeper confidence rooted in Catholic teaching.

3) Redefine Failure with Faith

Anxiety often arises from a fear of failure, but what if you saw failure through God's eyes?

"If failure is, 'I tried to do this and I didn't achieve the result,' we're going to fail all the time. That's not necessarily a bad thing. What can I learn from this? This is all part of God and the experience of equipping me to deal with things and to grow."

Hart says joyfully embracing this perspective changes setbacks into steps toward spiritual growth.

The gentlemen say that putting these principles into practice will transform your anxiety into authentic confidence!

Watch this full episode below

[Click here if you cannot see the video above.](#)

Saint Dymphna, patron of stress, anxiety, and mental health, pray for us!

4 TIMES TO MAKE THE SIGN OF THE CROSS (APART FROM YOUR TIME OF PRAYER)



WHEN PASSING BY A CHURCH

To honor the Blessed Sacrament present inside.



WHEN YOU HEAR A SIREN

To heal those in danger of dying.



WHEN PASSING BY A CEMETERY

As a prayer for the Holy Souls and those who have passed recently.



WHEN YOU SEE AN ACCIDENT

As a protection for those in peril.

YOU MAY ADD 1 OUR FATHER OR 1 HAIL MARY



CatholicLink



Family Fun Day

You are invited to join families from across the Archdiocese of Vancouver for the RCAF Family Fun Day: Families of Hope to celebrate the Jubilee Year of Hope.

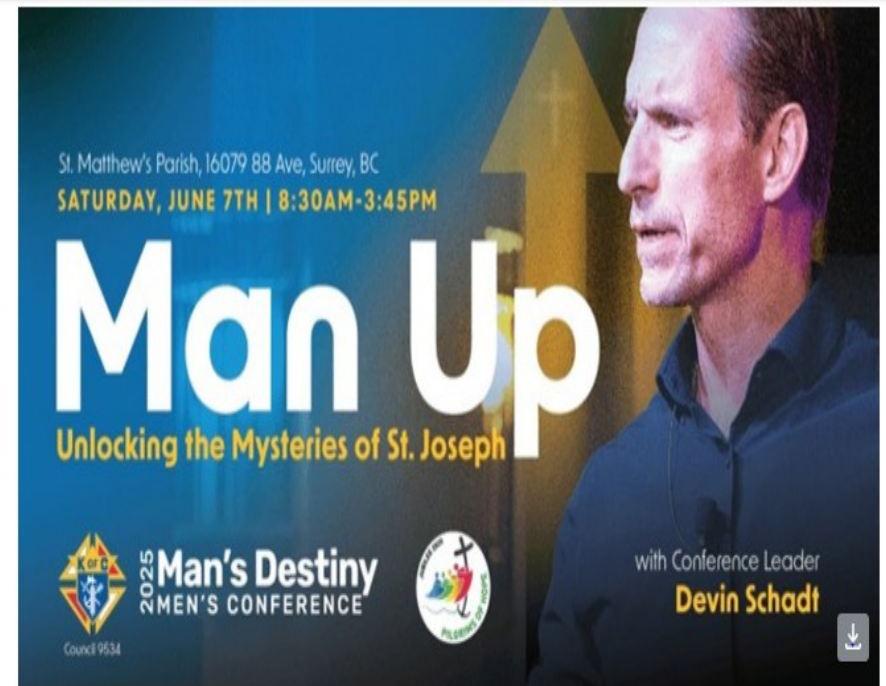
When: June 7th, 2025 from 4pm to 8pm

Where: Pacific Academy, Surrey

Cost: The cost is \$20 for one adult and children (i.e. a single parent family) and \$40 as a flat family fee (up to 4 adults and unlimited number of children from one family).

Join the local Catholic community, invite other families and even your priest to attend, come and meet the seminarians and the various communities of religious sisters.

[REGISTER BY JUNE 2](#)



Man Up! Unlocking the Mysteries of St. Joseph Conference

Join us for the 2025 Man's Destiny Men's Conference — a powerful, one-day event designed to ignite your spirit, strengthen your role as a father and leader, and challenge you to become the man God is calling you to be.

Date: Saturday, June 7th 8:30 AM – 3:45 PM

Location: St. Matthew's Parish

Cost: \$60

[REGISTER HERE](#)



AGES: Children in Gr. K-5 in September 2025

WHERE: Corpus Christi School - Gym

WHEN: July 28 - August 1, 2025 9:15am - 12:30pm

COST: \$140/child Early Bird or \$350/family (3 or more)

CONTACT: Prisca Cheung [778-994-6829] or Mirna Lewis [778-987-6998]

REGISTER BEFORE: May 15, 2025 for Early Bird; June 20 deadline