



Pastor 主任司鐸
Fr. Bruce-John Hamilton

Assistant 助理司鐸
Fr. Raffaele Salvino

Chinese Mass 中文彌撒司鐸
Fr. Paul Chu

Office Manager 辦公室經理
Winnie Shiao
Email: winnie@ccparish.ca

Parish Office Hours 堂區辦事處時間
Tue—Fri 8:30am to 12:00 pm
1:00 pm to 4:00 pm
Closed for Lunch at 12:00 – 1:00 pm

Sunday Mass 主日彌撒
Saturday Vigil 週六:
5:00 pm (English 英)
Sunday 週日:
9:00 am (English 英)
11:00 am (English 英)
3:00 pm (Cantonese)

Weekday Mass 平日彌撒
Monday to Saturday 8:00 am
Wednesday 9:00 am (School Mass
when in session)
Holy Hour every Friday 6:00 pm
First Friday Evening Mass 7:00 pm
Holidays 9:00 am

Confession 修和聖事
Monday to Friday 7:45 – 7:55 am
Friday 6:00 – 6:45 pm (during
Holy Hour)
Saturday 8:30 am after Mass
3:45 – 4:45 pm
Sunday 2:30 – 2:55 pm (Cantonese)

Liturgy of the Hours/Devotions
Lauds 7:30 am on weekdays
Holy Rosary Monday to Saturday
After morning Mass

Emmaus Adoration Chapel
The Chapel is now open 24/7 and
accessible by a code. Please contact
the Parish Office for the code.

Corpus Christi Elementary School
2360 Waverley Avenue
Vancouver, BC V5S 0J1
Phone: 604-321-1117
Fax: 604-321-1410
Email: office@cchristi.ca
Website: www.corpuschristischool.ca
Principal: Ms. Rosa Natola

Corpus Christi Childcare Centre
2362 Waverley Avenue
Vancouver, BC V5S 0J1
Phone: 604-416-4117
Manager: Mrs. Ivana Ciccone
Email: iciccone@cchristi.ca



4 Core Values of Corpus Christi Parish

Engaged Disciples: Corpus Christi parishioners strive to be fully committed to holiness, mission, community and service. (cf. *Mission of the Redeemer 90, JP11*)



Rooted in Tradition: Corpus Christi parishioners are firmly rooted in the living Tradition of the Church, faithful to the fullness of the teachings of Christ in every aspect of parish life. (cf. *2 Thessalonians 2:15*)



Multiplying Leaders: Corpus Christi parishioners follow Jesus' example of ministry by identifying, recruiting and investing in others to become leaders, and equipping them to do the same. (cf. *2 Timothy 2:2*)



Evangelical Hospitality: Corpus Christi parishioners aim to be generous and evangelical in service and hospitality, providing everyone with opportunities to belong to the parish family. (cf. *Acts 2:44-47*)



BAPTISM

The Baptism Preparation Classes for parents are held via Zoom every 1st (Part 1) and 3rd (Part 2) Saturdays of the month, 10:30 am to 12 noon, except during the months of July and August. Parents must attend both sessions. Call the Parish Office to pre-register for the class. **Baptism celebrations are held on the 2nd and 4th Saturdays of each month @ 11:00 am.**

HOLY MATRIMONY

We welcome your wedding celebration at Corpus Christi Church. To arrange the date and begin your preparations, please contact the Parish Office or either one of our priests at least 6 months prior to the proposed wedding date.

ANOIDING OF THE SICK

If your loved one, relative or friend would like to arrange for a priest for the administration of the Sacrament of the Anointing of the Sick or to visit the sick in a hospital, please phone the Parish Office. Or you may contact the hospital chaplain:

VGH:

604-877-5918 (Pager) / 604-875-4111
Fr. Gilbert Nunez & Fr. Luis Martin Brian Delgado (Mon., Tue., Fri., Sat. and Sun.)
Fr. Aresene Dutunge (Wed. and Thurs.)

MOUNT ST. JOSEPH HOSPITAL:

Fr. Joseph Ha Vinh Tran, OP (Chaplain)
604-876-7826

BURNABY HOSPITAL:

St. Theresa's Parish
604-434-4211 (Chaplain)
604-298-6800 (Parish)

ST. PAUL'S HOSPITAL:

Fr. Victor Fernandes, OCD
604-682-2344/604-445-9323
(cell)/604-252-4224 (pager)

WELCOME TO NEW PARISHIONERS AND VISITORS: To register, please complete a Registration Form available at the Welcoming Booth in the church vestibule or at the Parish Office or download from the parish website, www.ccp parish.ca. Envelopes are assigned to those who request for them.

December 3, 2023

First Sunday of Advent



Saturday, December 02

Vigil Mass

5:00 PM for Leonard Shim, Birthday

Sunday, December 03

Sunday Mass

9:00 AM for All Parishioners, Living and Deceased

11:00 AM for Vinda Castro, RIP

3:00 PM for Joseph & Maria Mak, RIP

Monday, December 04

8:00 AM for Leonarda de la Fuente, RIP

Tuesday, December 05

8:00 AM for Edwin Yutuc, RIP

Wednesday, December 06

8:00 AM for Estella Anza, RIP

9:00 AM School Mass / for Avery Novecosky, RIP

Thursday, December 07

St. Ambrose

8:00 AM for Genaro & Berta Lam, RIP

Friday, December 08

8:00 AM for Francisco Esteron, RIP

5:30 PM Parish Mission Mass

Saturday, December 09

8:00 AM for Kerry Woolard, RIP

After Mass Social
Advent 2023



We are inviting members of the parish to join us for a fun family craft activities this Advent season.

December 3, 10, 17
After the 9am & 11am Mass

Note: Please bring a reusable shopping bag to bring home your finished craft.



PARISH ANNOUNCEMENTS

Need Medical Attention at Mass?



In two weeks, the **Emergency Management Plan (EMP)** will be implemented in our parish. Parishioners and visitors should **NOT HESITATE TO ASK FOR HELP** when feeling sick, injured or having a medical emergency - even if it distracts from the Mass. Tell your family, friend or fellow parishioner that you need help right away. This person could raise his/her hand to alert our parish Medical Responders or an Usher. Starting on **December 16/17**, you will start to notice the location of Medical Responders identified by pew markers in the center aisle during Mass. So please if you are feeling unwell, it is okay to ask for help!). Corpus Christi Parishioners do care and we want to help when the need arises!

Advent Mission

Mark your calendar for Dec 8 & 9. Dr. John Bergsma will be here at Corpus Christi leading 4 conferences on **Getting Ready for the Messiah: The Jewish Roots of Advent**. All are invited to attend.

Advent Challenge With the Gospel of Luke

You are invited to enter more deeply into Advent and prepare for Christmas by joining our **Advent Challenge with the Gospel of Luke!** His Gospel contains 24 chapters—one for each day in December—and you are encouraged to join in spirit with your family and fellow parishioners by reading and meditating upon one chapter daily, from Dec 1 - Dec 24. Reflections by Fr. Salvino and our youth leaders will be posted on Instagram: @corpuschristiyouthmin

Our prayer begins tomorrow, **Friday Dec 1** with **Luke, Chapter 1!**

CWL—Advent Retreat on Dec 16

Corpus Christi Catholic Women's League (CWL) will be hosting an Advent Retreat on Dec 16th from 9:30 am—12:00 pm.

All parishioners are invited to attend.

Sister John Mary will be speaking on Love Incarnate: Love for All. Please join us.



Wonton Soup



The Knights of Columbus will be selling wonton soup for \$7.00 per bowl, on Dec 10th at the After Mass Socials. Come join the fun and bring cash!



PROJECT ADVANCE 2023

Empowering our Parish Vision



2023 PROJECT ADVANCE



The annual Project Advance appeal has been Vancouver's largest Catholic fundraising project since it began many years ago. Thanks to this initiative and our generosity over the years, we've been able to build new Catholic high schools, fund shelters for the marginalized, feed families in need, and support seminarians preparing for priesthood, all here in our Archdiocese.

This year, we're aiming to raise \$140,000 here at CC alone. The first \$57,600 will contribute to the Archdiocesan pool, but everything that we raise after that will go directly to the upgrading of our Adoration chapel and paying down the mortgage of our school.

Project Advance can be a wonderful expression of our core values: by being engaged in shaping the next stage of this parish, you are ensuring our future leaders have the resources to pass on the tradition of our faith, with joy and generosity. Many of you have generously contributed to this vision already: Thank you! If you are still considering making a gift to Project Advance, the simplest way to join in this initiative is by talking to one of our volunteers after Mass on December 9-10 and or to donate online by scanning the attached QR code.

Thank you for your continued support of Project Advance.

Fr. Bruce-John Hamilton



Donate online : **SCAN or CLICK QR code**



Vigil & Holy Rosary

in Honour of Our Blessed Mother,
Immaculate Conception Eve ,

Thursday, December 7
6 pm @ the Church

If weather permits we will walk around
the parking lot praying the Rosary

*Corpus Christi Parish
is Praying for Peace*



All parishioners and families are invited to pray for our CC neighbours to come to Church.

For each candle we light for Blessed Mother Mary, we will bring our intentions of peace in our hearts, in the families around the world.

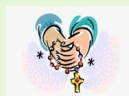
We want to pray for our CC Parish that the love, union and joy abide in our hearts in preparation of the coming of Baby Jesus.



Candles will be provided



6350 Nanaimo
Street Vancouver



Remembering the Sick In Prayers

Maivis Chow

John Soo

Sanae Hogan

Margaret Tai

Honesto Estabillo

Peter In

Yvonne Lombardo

Toma Nitta

Peter Hinz

Lydia Dalmasso

Juan Benitez

Ludy Inting

Norbert Papali

Irene DeRoche

Norena Gonzales

Anthony Centeno

Digno Vibat

Christianne Depre

Prayers for the sick can be requested. To add the name of your loved one, please drop by or call the Parish Office.

The names listed in the bulletin will remain here unless the office is notified.

Last Sunday's Collection November 26, 2023

Offertory Envelopes	\$ 7689.10
2 nd Collection	
Building Fund	\$ 4505.00
Evangelization of Nation	\$ 110.00
Peter's Pence	\$ 50.00
Home Mission	\$ 380.00
Youth Ministry	\$ 20.00
TOTAL	\$ 12,754.00

Thank you for your generosity!



Let us welcome to our
Catholic Community:

Jesse Koranteng

Rie Reo Roa

Marcus Yupitun

May the Lord's blessings and goodness
be upon them abundantly.



1st Sunday of Advent

We now launch into the season of Advent. This is a holy time, a sacred time to prepare for the coming of the Messiah; to prepare for the birth of Jesus Christ. This is a time given by the Church to every one of us, so that we can ready our hearts, along with Jesus and Mary, to receive Christ into the world in a new way.

Here are some practical things you can try, or make a plan, to dive into this season and ramp up preparations for the celebration of the Infant King! I know I am repeating myself, but it is intentional as people miss things for all sorts of reasons:

- 1) Try to go to an extra Mass during the weekday.
- 2) Receive the sacrament of Penance during this time of the year.
- 3) Spend 15 minutes a day in quiet prayer.
- 4) Try to read the daily Readings of Mass. There is a free app: Living With Christ (Android and Apple devices)
- 5) **Attend the Advent Mission December 8th and 9th. This will be so spiritually rich and fruitful. We are blessed to have Dr. John Bergsma here. He will open up the Scriptures and help all of us prepare for the Messiah's arrival. SAVE THE DATE!**
- 6) Try to come up with one – 1 – thing to work at, an area to grow in and offer it as a sacrifice to God. It could be anything from going to bed on time to striving to be, and look more cheerful, to not having to have the last word in a conversation. Focus, think about it every day, renew the resolution before bed-time and when you get up and keep at it. This is a great way to prepare for Christ's birth.

This is going to be a full week: Priest of the East Deanery will be hearing the confessions of Notre Dame students on Tuesday.

The Alpha Thanksgiving Dinner wraps up Alpha #3. I know everyone needs a rest, but we are already excited about Alpha #4. Why not you, yes you! Think of someone that you can invite, someone who is fallen away from the Catholic Faith, someone who is not religious at all. Remember, it is not the “yes”, or “no” that matters, but the invitation that is prayerfully considered and offered.

Here is a great quote from Pope Pius XI: The Rosary is a powerful weapon to put the demons to flight and to keep oneself from sin . . . If you desire peace in your hearts, in your homes, and in your country, assemble each evening to recite the Rosary. Let not even one day pass without saying it, no matter how burdened you may be with many cares and labors.

United in Prayer,

Fr. Hamilton



將臨期第一主日

本堂神父的話

我們現在進入了將臨期的季節。這是一個神聖的時刻，一個為默西亞到來做準備的神聖時刻；為耶穌基督的誕生作準備。這是教會給我們每個人的時間，使我們可以準備好我們的心，與耶穌和瑪利亞一起，以一種新的方式迎接基督來到這個世界。

這裡有一些實用的方法，你可以嘗試，或製定一個計劃，潛入這個季節，為慶祝嬰兒君王做準備！我知道我在重複著自己，但這是故意的，因為人們會因為各種原因而錯過一些事情：

1. 在平日多參與一台彌撒聖祭
2. 在每年這季節中領受修和聖事
3. 每天花15分鐘作靜默的祈禱。
4. 嘗試閱讀每天彌撒的讀經。網上有一個免費的應用程式：Living With Christ (Android and Apple devices)
5. **參與12月8日和9日的培靈活動。這會是靈性上豐碩和富成果的。我們有幸得到 John Bergsma博士蒞臨。他會打開聖經，幫助我們準備默西亞的來臨。請記下這日子。**
6. 試著找——1——一件事來做，一個可以成長的領域，並將它奉獻給上主。它可以是任何事情，從按時上床睡覺到努力變得更開朗，看起來更開朗，再到不必在談話中作最後一句說話的人。

這將是一整個星期：東區的神父們會在星期二為Notre Dame學生們聽告解。

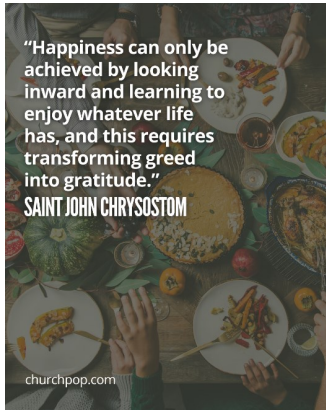
啟發#3的感謝晚餐結束了。我知道每個人都需要休息，但我們已經對啟發#4感到興奮。為什麼不是你，對的、是你！想想你可以邀請的人，一個背離天主教信仰的人，一個完全沒有宗教信仰的人。請記住，重要的不是有關乎『是』或『否』，而是經過虔誠的考慮和提供邀請。

這是教宗庇護十一世的一句名言：玫瑰經是使魔鬼避開和保護我們自己遠離罪惡的有力武器..如果你渴望內心、家庭和國家的平安，每天晚上聚集在一起誦念玫瑰經。不管你有多重的煩惱和勞苦，都不要不作誦念。

主內合一的
Hamilton 神父

9 Quotes from the Saints on Gratitude

By Caroline Perkins, ChurchPOP



"Happiness can only be achieved by looking inward and learning to enjoy whatever life has, and this requires transforming greed into gratitude."

- Saint John Chrysostom

"The best way to show my gratitude is to accept everything, even my problems, with joy."

- Saint Teresa of Calcutta



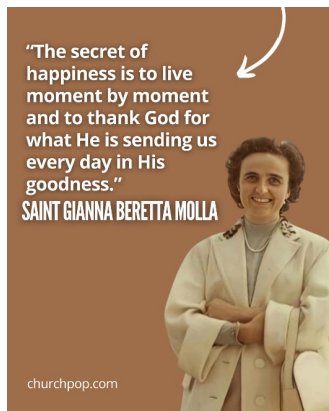
"O God, grant that whatever good things I have, I may share generously with those who have not, and whatever good things I do not have, I may request humbly from those who do."

- Saint Thomas Aquinas



"In all created things discern the providence and wisdom of God, and in all things give Him thanks."

- Saint Teresa of Avila

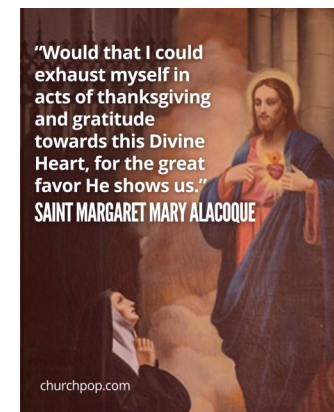
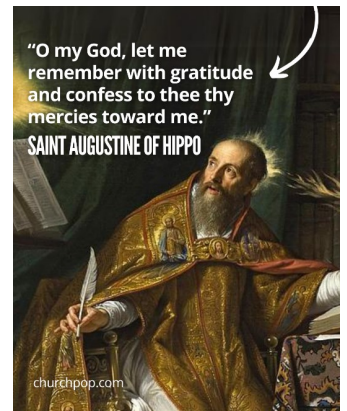


The secret of happiness is to live moment by moment and to thank God for what He is sending us every day in His goodness."

- Saint Gianna Beretta Molla

"O my God, let me remember with gratitude and confess to thee thy mercies toward me."

- Saint Augustine of Hippo

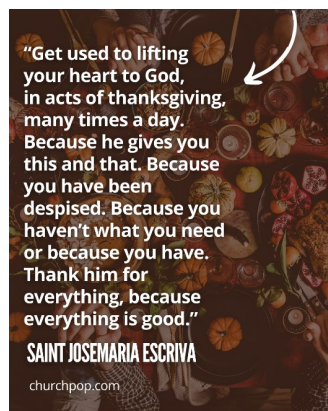


"Would that I could exhaust myself in acts of thanksgiving and gratitude towards this Divine Heart, for the great favor He shows us."

- Saint Margaret Mary Alacoque

"Get used to lifting your heart to God, in acts of thanksgiving, many times a day. Because he gives you this and that. Because you have been despised. Because you haven't what you need or because you have. Thank him for everything, because everything is good."

- Saint Josemaria Escriva



"Jesus does not demand great action from us but simply surrender and gratitude."

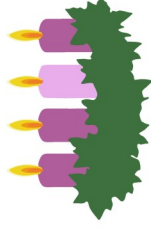
- Saint Therèse of Lisieux



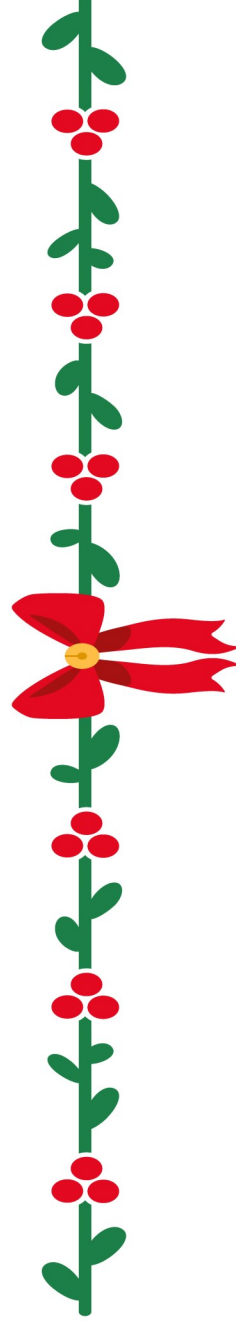
Catholic Advent Calendar 2023

The Month of the

Immaculate Conception



31							1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31							
Set Up the Advent Wreath	3	Set Up the Advent Wreath	4	Gather Toys to Donate	5	Help Clean the House while singing Christmas Carols	6	Write Letters to Santa	7	Say a Family Hail Mary or Rosary	8	Go to Mass for the Immaculate Conception	9	Set Up the Family Nativity Scene	10	Celebrate the 2nd Week of Advent	11	Attend or Make Plans to Attend a Local Christmas Event	12	Make/Eat Mexican Food in honor of Our Lady of Guadalupe	13	Drive Around and look at Christmas Lights	14	Gather Food to Donate	15	Read your favorite Christmas books	16	Bake Christmas Cookies	17	Celebrate the 3rd Week of Advent	18	Begin the O Antiphon Prayers	19	Celebrate a Christmas Tradition from another Country	20	Take Pictures in Front of the Christmas Tree	21	Wrap Presents for your family members	22	Christmas Family Movie Night	23	Read the Christmas story in the bible/favorite children's book	24	Celebrate the 4th Week of Advent



Corpus Christi Parish Celebrates

The Solemnity of the Immaculate Conception of Blessed Virgin Mary

with Parish Mission by Dr John Bergsma

**Friday:
December 8**

**Solemnity
Mass Times:
8 am &
5:30 pm
followed by:**

**Parish Mission:
“Getting Ready for
the Messiah: The
Jewish Roots of
Advent”**

**6:30 pm - 7:30 pm,
30 minute break,
8 pm - 9 pm**

**Saturday morning:
December 9**

Mass: 8 am

**Parish Mission:
9:00 - 9:45 am,
30 minute break,
10:15 - 11:00 am & Q&A**

There will be light refreshments in the vestibule.
No cost but a collection will be taken up.



Therefore the Lord himself will give you
a sign: The virgin will conceive and
give birth to a son, and will call him
Immanuel. Isaiah 7:14



6350 Nanaimo
Street Vancouver

**Parish Mission by
Dr John Bergsma**



Professor of Theology at the Franciscan
University of Steubenville, in Steubenville, Ohio.