



**March 09, 2025**  
**First Sunday of Lent**

**Pastor 主任司鐸**  
Fr. Bruce-John Hamilton

**Assistant 助理司鐸**  
Fr. Raffaele Salvino

**Chinese Mass 中文彌撒司鐸**  
Fr. Paul Chu

**Office Manager 辦公室經理**  
Winnie Shiao  
Email: winnie@ccparish.ca

**Parish Office Hours 堂區辦事處時間**  
Mon—Fri 9:00am - 12:00pm

**Sunday Mass 主日彌撒**  
Saturday Vigil 週六:  
5:00 pm (English 英)  
Sunday 週日:  
9:00 am (English 英)  
11:00 am (English 英)  
3:00 pm (Cantonese 廣東話)

**Weekday Mass 平日彌撒**  
Monday to Saturday - 8:00 am  
Wednesday - 9:00 am (*School Mass when school is in session*)  
Holy Hour every Friday - 6:00 pm  
First Friday Evening Mass - 7:00 pm  
Holidays - 9:00 am

**Confession 修和聖事**  
Monday to Friday - 7:45 – 7:55 am  
Friday - 6:00 – 6:45 pm (during Holy Hour)  
Saturday - 8:30 am after Mass  
Saturday - 3:45 – 4:45 pm  
Sunday - 2:30 – 2:55 pm (Cantonese)

**Liturgy of the Hours/Devotions**  
Lauds - 7:30 am on weekdays

Holy Rosary - Monday to Saturday  
After morning Mass

**Emmaus Adoration Chapel**  
The Chapel is now open 24/7 and accessible by a code. Please contact the Parish Office for the code.

**Corpus Christi Elementary School**  
2360 Waverley Avenue  
Vancouver, BC V5S 0J1  
Phone: 604-321-1117  
Email: office@cchristi.ca  
Website: www.cchristi.ca  
Principal: Ms. Rosa Natola

**Corpus Christi Childcare Centre**  
2362 Waverley Avenue  
Vancouver, BC V5S 0J1  
Phone: 604-416-4117  
Manager: Mrs. Ivana Ciccone  
Email: iciccone@cchristi.ca



**4 Core Values of Corpus Christi Parish**  
**Engaged Disciples:** Corpus Christi parishioners strive to be fully committed to holiness, mission, community and service. (cf. *Mission of the Redeemer 90, JP11*)



**Rooted in Tradition:** Corpus Christi parishioners are firmly rooted in the living Tradition of the Church, faithful to the fullness of the teachings of Christ in every aspect of parish life. (cf. *2 Thessalonians 2:15*)



**Multiplying Leaders:** Corpus Christi parishioners follow Jesus' example of ministry by identifying, recruiting and investing in others to become leaders, and equipping them to do the same. (cf. *2 Timothy 2:2*)



**Evangelical Hospitality:** Corpus Christi parishioners aim to be generous and evangelical in service and hospitality, providing everyone with opportunities to belong to the parish family. (cf. *Acts 2:44-47*)

**PARISH MINISTRIES/GROUPS**

Adoration Chapel  
Alpha  
Altar Servers

Araceli Hinz  
Michelle Wong  
Fr. Hamilton, Fr. Salvino,  
Margie Lacson  
Mary Vendencia, Mellysa Lim  
(9am/11am), Tina Chan (3pm)

After Mass Socials

Baptism Preparation  
Bible Study

Adelia Yiu  
Joyce Fung (Tues Morning)  
Joseph Chiu (Chinese)

Catholic Women's League  
Chinese Community  
Choir

Camille Macapanpan  
Frank Chan  
Kevin Garcia (5pm)  
Dominica Chan (9am)  
Scholastica Au (11am)  
Vincent Lau (3pm)

Church Care  
Altar Linens  
Church Flowers  
Emergency Management  
Extraordinary Ministers of  
Holy Communion  
Hospitality Ministry

Joyce Fung  
Agnes Lo  
Monica Lau  
Serafina Chau  
Bill Lam  
Annie Dee, Mary Vendencia,  
Mellysa Lim (Greeters)

Intercessory Prayer Ministry  
Knights of Columbus  
Legion of Mary  
Marriage Mentorship  
Men's Group  
PREP  
RCIA

Lina Glass, Winnie Koch  
David Robinson  
Margie Goebel  
David & Connie Robinson  
Seamus O'Brien  
Veronica Yam  
Neila Tong  
Joseph Chiu (Chinese)

Faith Studies  
Readers

Thomas Robinson  
Irene Goh (Weekend Mass)  
Joyce Fung (Weekday Mass)

Safe Environment  
Seniors' Ministry

Karen Tully  
Theresa Stewart,  
Remedios Yeung  
Fr. Hamilton, Fr. Salvino, Schola Au,  
Prisca Cheung, Annie Dee, Peter  
Lee, Winnie Shiao, Deborah Welsh

Senior Leadership Team

Rick Lam  
Miguel Lacson, Isabelle Liu

Ushers  
Youth Ministry

**BAPTISM**

The Baptism Preparation Classes for parents are held via Zoom every 1<sup>st</sup> (Part 1) and 3<sup>rd</sup> (Part 2) Saturdays of the month, 10:30 am to 12 noon, except during the months of July and August. Parents must attend both sessions. Call the Parish Office to pre-register for the class. **Baptism celebrations are held on the 2<sup>nd</sup> and 4<sup>th</sup> Saturdays of each month @ 11:00 am.**

**HOLY MATRIMONY**

We welcome your wedding celebration at Corpus Christi Church. To arrange the date and begin your preparations, please contact the Parish Office or either one of our priests at least 9 months prior to the proposed wedding date.

**ANOINTING OF THE SICK**

If your loved one, relative or friend would like to arrange for a priest for the administration of the Sacrament of the Anointing of the Sick or to visit the sick in a hospital, please phone the Parish Office. Or you may contact the hospital chaplain:

**VGH:**  
604-875-4111  
Fr. Gilbert Nunez & Fr. Luis Martin Brian Delgado (Mon., Tue., Fri., Sat. and Sun.)  
Fr. Aresene Dutunge (Wed. and Thurs.)

**MOUNT ST. JOSEPH HOSPITAL:**  
Fr. Joseph Ha Vinh Tran, OP (Chaplain)  
604-876-7826

**BURNABY HOSPITAL:**  
St. Theresa's Parish  
604-434-4211 (Chaplain)  
604-298-6800 (Parish)

**ST. PAUL'S HOSPITAL:**  
Fr. Victor Fernandes, OCD  
604-682-2344/604-445-9323  
(cell)/604-252-4224 (pager)

**March 09, 2025**  
**First Sunday of Lent**



**Saturday, Mar 8**

*Vigil Mass*

5:00 PM Fr. Raffaele Salvino, Intentions

**Sunday, Mar 9**

9:00 AM All Parishioners, Living and Deceased

11:00 AM Winifreda Ubas de Leow, RIP

3:00 PM Chu Chung Ho

**Monday, Mar 10**

8:00 AM Shirley Strain, RIP

**Tuesday, Mar 11**

8:00 AM Loretta Ramorso, RIP

1:15 PM Stations of the Cross (School)

**Wednesday, Mar 12**

8:00 AM Fr. Raffaele Salvino, Intentions

9:00 AM School Mass

**Thursday, Mar 13**

8:00 AM Roland Gahler, Intentions

**Friday, Mar 14**

8:00 AM Manuel Tolentino, RIP

6:00 PM Holy Hour

7:00 PM Stations of the Cross

**Saturday, Mar 15**

8:00 AM Ernest & Jessica Welsh, Thanksgiving



**PARISH ANNOUNCEMENTS**

**DAYLIGHT SAVING TIME**

Daylight Saving Time begins this Sunday, March 9th.



**KNIGHTS OF COLUMBUS WONTONN SOUP**



The Knights of Columbus will be selling wonton soup for \$7.00 per bowl on March 16th at the After Mass Socials. Come join the fun and bring cash! All proceeds collected will be donated to the Capital Campaign.

**RELIGIOUS ARTICLES BOOTH**

The Religious Articles Booth will be opened on Mar 09 & 23 from 8:45 am—11:15 am (closed during mass ).

**CC YOUTH MINISTRY**

**Join us for our Open Gym + Arts / Games.**  
**FRIDAY, Mar 14**

**Who:** Jr & Sr Youth

**When:** 7:00-9:00PM;

Beginning with Stations of the Cross (CC Parish) @ 7pm

**Why:** Faith + Fellowship, to shoot some hoops, get creative with arts and crafts, and play some boardgames! + FOOD

**SAT 5:00 PM CHOIR**



The Voice of Faith Youth choir (Sat, 5:00 pm Mass) is looking for youth to join their choir. If interested, please use this QR code or email Kevin Garcia, choir director at [garciakevz@gmail.com](mailto:garciakevz@gmail.com)

**SUN 9:00 AM CHOIR**

If you attend the 9:00 am Sunday Mass regularly and are willing to sing, please come and join our family choir. This is a great way to prepare for Lent and Easter. No audition, just come up to the choir loft before Mass and our members will help you. Thank you.



## Last Weekend's Collection

|                             |                   |
|-----------------------------|-------------------|
| Sunday Offertory Collection | \$8,299.65        |
| BC Catholic                 | \$60.00           |
| Building Fund               | \$450.00          |
| Initial Offering            | \$15.00           |
| Solemnity of Mary           | \$10.00           |
| St. Joseph's Society        | \$75.00           |
| <b>TOTAL</b>                | <b>\$8,909.65</b> |
| February Online Offertory   | \$24,763.00       |

***Thank you for your continued generosity.***



### ***Prayer for the Holy Father***

Almighty ever-living God, eternal health of believers,  
 Who willed that our infirmities  
 Be borne by your Only-Begotten Son for our salvation,  
 Listen in kindness to our prayers  
 For your servant Francis, our Pope and Shepherd:  
 Grant him, we implore you, your merciful help,  
 So that he may be restored to your Church in good health,  
 Ever ready to serve the flock you have entrusted to his care.  
 Through our Lord Jesus Christ, your Son,  
 Who lives and reigns with you  
 In the unity of the Holy Spirit,  
 God, for ever and ever.

## Remembering the Sick

### ***In Prayers***

|                        |                   |                   |
|------------------------|-------------------|-------------------|
| Sr. Florchita Bautista | Honesto Estabillo | Grace Macapinlac  |
| Naty Bonus             | Juan Garzon       | Maria C. Martinez |
| Isabelita Carpentero   | Gerda Heilemann   | Ben Ng            |
| Anthony Centeno        | Paul David        | Toma Nitta        |
| Helen Cervo            | Matilde Fernandez | Maria Pinto       |
| Mavis Chow             | Norena Gonzales   | Sebastian Pinto   |
| Francis Claire         | Peter Hinz        | Margaret Tai      |
| Joseph Chiu            | Sanae Hogan       | Fred Vendencia    |
| Anna S. B. David       | Peter In          | Digno Vibat       |
| Christianne Depre      | Winnie Lam        | David M. Williams |
| Heloisa Schuch Durao   | Enrico Liamzon    | Julia Williams    |
|                        | Yen Ting Lin      |                   |

Prayers for the sick can be requested. To add the name of your loved one, please drop by or call the Parish Office.

The names listed in the bulletin will remain here unless the office is notified.

## INCOME TAX RECEIPTS

Your 2024 donation receipts are ready for pick up. Please note that our Parish only issues donation receipts for cash and cheque donations made directly to our Parish.

We extend our gratitude to all our generous donors for their unwavering support and for helping us get one step closer to realizing our 10-year vision.

**A Note on offertory donations to Corpus Christi made online thru the Archdiocese of Vancouver.**

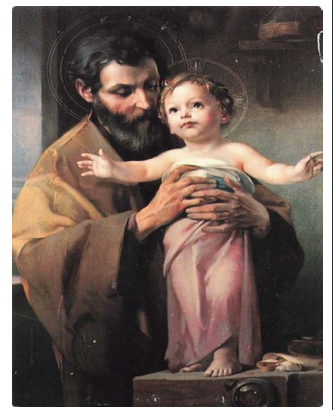
The Development Office of the Archdiocese of Vancouver has issued out the 2024 tax receipts by email. Please check your spam or junk folder.

*Thank you for your continued generosity and support.*





## pastor's Corner



### First Sunday of Lent

We began the season of Lent this past Wednesday. As with all things in life, you will get out of Lent exactly what you put into Lent. Let this be an encouragement to you to put your best effort into living this Lent with Jesus Christ who is Lord!

Here is Pope Francis's Lenten Letter for 2025.

[Let us journey together in hope](#)

First of all the Readings of Mass focus on the need for conversion of heart and point out very specifically how we should be performing our acts of penance, e.g., not seeking attention. We need to focus on having an upright intention, cleanness of heart and so on when we are doing penance.

As well, there is no Gloria during Mass and there are no alleluias. These are suppressed until Easter as a sign of spiritual mourning and to cultivate that longing for the glory of the Risen Christ.

There are no flowers in the sanctuary and the priest wears violet, or purple throughout this season as a sign of penance, mortification and the royal kingship of Christ who bore the cross to Calvary. During this season we will pray the Stations of the Cross each Friday night at 7:00pm, with the exception of 1<sup>st</sup> Friday when they will be at 7:35pm. We will also pray the Stations, a youth-friendly version with the School each Tuesday when school is in, around 1:15pm. I encourage you to attend these, either one, or the other, in order to meditate on the Way of Suffering Our Lord walked to his crucifixion and death.

There is also the usual requirement of us Catholics to do penance on all Fridays. The recommended penance is to abstain from meat, but you may substitute this with an act of charity. The important thing though is to actually do the act of charity. I recommend just abstaining from meat and uniting this act of penance to all Catholics throughout the

world (the Church) who are engaged in acts of penance. This corporate act of penance helps us to make reparation for the human flesh of Christ being pierced on Good Friday.

These are the ways we are assisted to living the season of Lent. This is also a good time to make a confession. There are many opportunities throughout the season.

Here are some very good and accessible suggestions for how you can grow closer to Jesus Christ and those around you during Lent

#### [40 Unique Pences for Lent](#)

Remember, you will get out of Lent exactly what you put into it. This is just a fact, not a negative, but rather a realistic encouragement.

Have a look at our new altar in the Adoration Chapel! Thank you Simeon and Michael who worked on getting the Chapel updated. Thank you to the Corpus Christi parishioners who donated to Project Advance, as the chapel came from our rebate! I pray that this Chapel will be a source of grace for all of us and give glory to God. Stop in and pay a visit to our Lord!





## pastor's Corner

### 四旬期第一主日 本堂神父的話



我們在剛過去的星期三開始了四旬期。就如生命中的一切，你在四旬期所付出的，正是你將會在四旬期中獲得的。願這句話能鼓勵你，全心全意地與主耶穌基督一起生活這個四旬期！

這是教宗方濟各給予我們的 2025 年四旬期文告。讓我們懷著希望一同啟程，

[Let us journey together in hope](#)。

首先，彌撒的讀經強調內心改變的需要，並明確指出我們應該如何履行補贖工作，例如，不應刻意尋求他人的注意。我們應專注於懷有純正的意向、內心的清潔等，來履行補贖的工作。

此外，彌撒中沒有『光榮頌』，也沒有『亞肋路亞』。這些直到復活節前皆被省略，作為靈性哀悼的標記，並培養我們對復活基督光榮的渴望。

聖所內不擺放花卉，司祭在整個四旬期內穿著紫色祭衣，這象徵補贖、克己，以及基督君王的尊榮，祂背負十字架走向加爾瓦略山。在這四旬期內，我們每週五晚上 7:00 將舉行『苦路善工』，但在每月的『首星期五』，時間將改為晚上 7:35。此外，每當學校上課時，我們亦會在每週二下午約 1:15，與學生們一起參與適合青少年的『苦路善工』。我鼓勵你們參與其中，無論是哪一場，讓我們默想我主為救贖我們所走的苦難之路，直至祂被釘死於十字架上。

此外，按照慣例，我們天主教徒在所有星期五皆須行補贖。建議的補贖方式是『守

齋不食肉』，但你亦可選擇以慈善行為來代替。然而，重點在於確實履行這個善行。我建議大家直接選擇守齋不食肉，並將這補贖行動與世界各地所有天主教徒（即普世教會）的補贖善功連結起來。這一共同的補贖行動，幫助我們為基督的聖體在耶穌受難日（聖週五）被刺透而作補贖。

這些都是幫助我們更好地度過四旬期的方式。同時，這也是一個適合辦告解的時刻，四旬期內有許多辦告解的機會，請把握機會悔改，與主和好。

這裡有一些非常實用且容易實踐的建議，幫助你在四旬期內更親近我主耶穌基督及身邊的人。

#### [40 Unique Penances for Lent](#)

請記住，你在四旬期所付出的，正是你將會在四旬期中獲得的。這不是一種負面的說法，而是一個事實，是對我們的真實勉勵。

請來看看我們『朝拜小堂』的新祭台！感謝Simeon和Michael的辛勞工作，使小堂得以更新。也感謝所有基督聖體聖血堂的教友們對教區擴展募捐計畫的慷慨奉獻，因為這座小堂正是來自我們的回饋資金！我祈求這座小堂能成為我們眾人的恩寵泉源，並光榮天主。請抽空前來探望我們的主人！

Hamilton 神父

## Catholic Books For Lent

### [Wilderness Within | Sr. Josephine Garrett CSFN](#)

**This Lent, allow Sr. Josephine Garrett to be your guide as you explore the interior wilderness of your heart and invite Jesus in to heal you with his love.**

Have you ever wondered why Jesus went into the wilderness? Some believe it was to reveal his divinity or to restore humanity's relationship with God. In *Wilderness Within*, Sr. Josephine Garrett, a mental health counselor and popular speaker, reflects on the belief that Jesus went into the wilderness to rescue us—to *rescue us!* The Lord does not want us to view the wilderness as something that causes worry, anxiety, or fear.

### [Offer It Up | Megan Hjelmstad](#)

What if the way to endure suffering is not to run from it, but to find deep healing *through* it? In *Offer It Up: Discovering the Power and Purpose of Redemptive Suffering*, learn how God can repurpose your pain to become redemptive—benefitting not only your own soul, but others' too. Author Megan Hjelmstad draws from her experience with chronic illness to address the fear, grief, limitation, and needs that accompany suffering. Along the way, readers will be given practical tools to face any cross with purpose and peace.

### [My Burden Is Light | St. John of Ávila](#)

Saint John of Avila, the 34th Doctor of the Church, gave numerous sermons on this subject, in which he offers the consolation of Christ's own example and that of saints, like St. Francis of Assisi. St. John never failed to instruct, edify, and challenge those who listened attentively to his sermons. Within these sermons, we too can find renewed strength as we embrace the redemptive suffering of this life and hope for the beatific vision in the next. Published for the first time in English, this carefully translated work of St.

John's selected sermons will be a great spiritual aid to any soul along his path to holiness.

### [The Road to Calvary | St. Alphonsus Liguori](#)

With St. Alphonsus Liguori as your spiritual guide, *The Road to Calvary: Daily Meditations for Lent and Easter* will take you on the long difficult path Our Lord took to His death and crucifixion. Drawing on the insights of the saints who have gone before him, Liguori adds his own insights into the events of the passion, death, and resurrection of the Lord so that you may truly enter the details of Christ's suffering and ultimate victory over death.

### [The School of Christian Perfection | St. Alphonsus Liguori](#)

In this seminal work, St. Alphonsus Liguori, Doctor of the Church, presents a comprehensive guide to achieving Christian perfection through the pursuit of virtue. Drawing from his extensive theological writings, Alphonsus provides a month-by-month exploration of essential virtues such as faith, hope, charity, poverty, chastity, obedience, meekness, and humility. Each chapter offers insightful meditations, scriptural reflections, and practical counsel for cultivating and integrating these virtues into everyday life.

### [Holiness of Life | St. Bonaventure](#)

In *Holiness of Life*, Saint Bonaventure offers a rich and challenging reflection on the virtues that lead the soul to union with God. Exploring themes of humility, prayer, poverty, and the remembrance of Christ's Passion, this spiritual classic guides readers to conform their hearts to Christ and embrace the life of holiness.

### [Simply Scripture for Lent and Easter | Colleen Reiss Vermeulen](#)

Have you ever wished to recite scripture quotes off the top of your head? Or do you long to build a habit of daily scripture reading? Having a doa-

ble plan to regularly and prayerfully engage scripture can make this practice sustainable for people with busy lives. *Simply Scripture for Lent and Easter* is the perfect place to begin. This daily prayer guide, keyed to the Lenten and Easter seasons, provides a simple framework for reading and reflection upon Mark's Gospel and the Acts of the Apostles.

"The exodus from slavery to freedom is no abstract journey. If our celebration of Lent is to be concrete, the first step is to desire to *open our eyes to reality*. When the Lord calls out to Moses from the burning bush, he immediately shows that he is a God who sees and, above all, hears: "I have observed the misery of my people who are in Egypt; I have heard their cry on account of their taskmasters. Indeed I know their sufferings, and I have come down to deliver them from the Egyptians, and to bring them up out of that land to a good and broad land, a land flowing with milk and honey" (*Ex 3:7-8*). Today too, the cry of so many of our oppressed brothers and sisters rises to heaven. Let us ask ourselves: Do we hear that cry? Does it trouble us? Does it move us? All too many things keep us apart from each other, denying the fraternity that, from the beginning, binds us to one another."

– Pope Francis

[Lord, Show Me the Way | Josh Noem](#)

**Let the music and lyrics of Christian tradition guide you through the forty days of Lent toward the joy of Easter.** Inspired by hymns and songs that span generations and cultures, *Lord Show Me the Way* invites you to grasp the spirit of repentance and conversion this Lent. Learn anew how to set your eyes and heart on reaching the life-saving waters of Baptismal renewal that we will embrace when Easter comes.

[Praying with the Psalms | Shannon Wimp Schmidt](#)

Lent is more than just a time for sacrifice; it's a vibrant season for deep spiritual renewal to strengthen your relationship with the Lord. Tired of the same old habits and practices that leave you feeling unchanged? This year, embark on a transformative journey that will invigorate your soul and draw you closer to God. In *Praying with the Psalms*, Catholic writer and podcaster Shannon Wimp Schmidt will lead you in contemplative devotions based on verses from the season's Responsorial Psalms.

[Jesus and the Jubilee: The Biblical Roots of the Year of God's Favor | John Bergsma](#)

Jubilee means joy—a joy that's not fleeting, a joy that lasts. In biblical times, a jubilee was a time to rejoice. And this is still the case when the Church announces a jubilee. In *Jesus and the Jubilee*, biblical scholar John Bergsma gets to the roots of the jubilee, showing how this practice was established in order to preserve freedom, family, and the fullness of God's blessing for the ancient Israelites.

[Media Fasting – Six Weeks to Recharge in Christ](#)

Do you ever feel sluggish, overwhelmed, or anxious after spending too much time in front of a screen? Does the constant pressure of staying digitally connected with people, ideas, and the latest trends leave you feeling *disconnected*—from yourself, from others, and from God?

Recharge your spiritual life, relationships, and sense of well-being with this wise and practical guide to living your faith in a media-saturated world from Sister Nancy Michael Usselmann, FSP, the National Director of Pauline Media Studies.

[Media Fasting: Six Weeks to Recharge in](#)

[Christ](#) helps you assess your current media habits; develop a media fasting plan based on your personal goals; and grow in your relationship with Christ through six weeks of devotional readings, reflection questions, and prayer prompts.

Learn tips for cultivating virtue, practice media mindfulness, and discover powerful ways to pray for our media world and witness to Christ from within it. By the end of your fast, you will have the tools you need to revisit your approach to media and develop a Christ-centered strategy for your personal media use—one that leads to greater freedom and peace.

## Catholic Apps

**Lent #Pray40 Challenge from Hallow** – Take the Lent #Pray40 Challenge from Hallow – the Catholic Prayer and Meditation App. To help support you, Hallow has put together 40 days of Lenten meditations with length options that work for

every schedule and experience level.

You can try out ALL of the Hallow content risk-free during a limited-time free trial.

**Amen App** – Get access to the audio tracks from the Tears of Christ, a series of Lenten homilies and writings by St. John Henry Newman, published by the Augustine Institute on the Amen app. The Amen app is the free Catholic prayer app that inspires your daily conversation with God through faithful meditations and nourishing Scripture. Find it here!

**The Ascension App** – The Ascension App is the first Catholic app ever to contain the entire text of the *Catechism of the Catholic Church*, built right into the app, completely free to you.

## LENT and Letting Go



Let go of bitterness.  
Embrace forgiveness.



Let go of jealousy.  
Embrace gratitude.



Let go of anger & hate.  
Embrace charity.



Let go of pride.  
Embrace humility.



Let go of lust.  
Embrace purity.



Let go of sins.  
Embrace GOD.



**WHY DON'T WE SING ALLELUIA DURING LENT?**

WHY THOUGH?

"ALLELUIA" IS A HEBREW WORD THAT MEANS "PRAISE YAHWEH". IT IS A JOYFUL WORD, AND AS WE SING, WE JOIN THE HEAVENLY WORSHIP OF THE CHOIR OF ANGELS.

MY LORD AND MY GOD

"ALLELUIA" REMINDS US THAT AS WE PARTICIPATE IN MASS, WE ALSO PARTICIPATE IN GOD'S KINGDOM ESTABLISHED ON EARTH.

DURING LENT, ON THE OTHER HAND, WE FOCUS ON THE KINGDOM COMING, NOT THE KINGDOM COME.

GOD WAITS FOR YOU!

FOR THIS REASON, WE DON'T SING THE ALLELUIA, BUT INSTEAD ACKNOWLEDGE OUR SINS AND REPENT SO THAT WE MAY ONE DAY WORSHIP GOD IN HEAVEN AS THE ANGELS DO.

CatholicLink SOURCE: ARCHDIOCESE OF TORONTO - WWW.ACHTORONTO.ORG