



March 10, 2024
Fourth Sunday of Lent

Pastor 主任司鐸
Fr. Bruce-John Hamilton

Assistant 助理司鐸
Fr. Raffaele Salvino

Chinese Mass 中文彌撒司鐸
Fr. Paul Chu

Office Manager 辦公室經理
Winnie Shiao
Email: winnie@ccparish.ca

Parish Office Hours 堂區辦事處時間
Mon—Fri 8:30 am to 4:30 pm

Sunday Mass 主日彌撒
Saturday Vigil 週六:
5:00 pm (English 英)
Sunday 週日:
9:00 am (English 英)
11:00 am (English 英)
3:00 pm (Cantonese)

Weekday Mass 平日彌撒
Monday to Saturday - 8:00 am
Wednesday - 9:00 am (*School Mass when school is in session*)
Holy Hour every Friday - 6:00 pm
Holy Friday Evening Mass - 7:00 pm
Holidays - 9:00 am

Confession 修和聖事
Monday to Friday - 7:45 – 7:55 am
Friday - 6:00 – 6:45 pm (during Holy Hour)
Saturday - 8:30 am after Mass
Saturday - 3:45 – 4:45 pm
Sunday - 2:30 – 2:55 pm (Cantonese)

Liturgy of the Hours/Devotions
Lauds - 7:30 am on weekdays
Holy Rosary - Monday to Saturday
After morning Mass

Emmaus Adoration Chapel
The Chapel is now open 24/7 and accessible by a code. Please contact the Parish Office for the code.

Corpus Christi Elementary School
2360 Waverley Avenue
Vancouver, BC V5S 0J1
Phone: 604-321-1117
Fax: 604-321-1410
Email: office@cchristi.ca
Website: www.cchristi.ca
Principal: Ms. Rosa Natola

Corpus Christi Childcare Centre
2362 Waverley Avenue
Vancouver, BC V5S 0J1
Phone: 604-416-4117
Manager: Mrs. Ivana Ciccone
Email: iciccone@cchristi.ca

4 Core Values of Corpus Christi Parish



Engaged Disciples: Corpus Christi parishioners strive to be fully committed to holiness, mission, community and service. (cf. *Mission of the Redeemer 90, JP11*)



Rooted in Tradition: Corpus Christi parishioners are firmly rooted in the living Tradition of the Church, faithful to the fullness of the teachings of Christ in every aspect of parish life. (cf. *2 Thessalonians 2:15*)



Multiplying Leaders: Corpus Christi parishioners follow Jesus' example of ministry by identifying, recruiting and investing in others to become leaders, and equipping them to do the same. (cf. *2 Timothy 2:2*)



Evangelical Hospitality: Corpus Christi parishioners aim to be generous and evangelical in service and hospitality, providing everyone with opportunities to belong to the parish family. (cf. *Acts 2:44-47*)

PARISH MINISTRIES/GROUPS

Adoration Chapel
Alpha
Altar Servers

Araceli Hinz
Michelle Wong
Fr. Hamilton, Fr. Salvino,
Margie Lacson
Mary Vendencia, Mellysa Lim
(9am/11am), Tina Chan (3pm)

After Mass Socials

Baptism Preparation
Bible Study

Adelia Yiu
Joyce Fung (Tues Morning)
Joseph Chiu (Chinese)

Catholic Women's League
Chinese Community
Choir

Camille Macapanpan
Frank Chan
Kevin Garcia (5pm)
Dominica Chan (9am)
Scholastica Au (11am)
Vincent Lau (3pm)

Church Care
Altar Linens
Church Flowers
Emergency Management
Extraordinary Ministers of
Holy Communion
Hospitality Ministry

Joyce Fung
Agnes Lo
Monica Lau
Serafina Chau

Knights of Columbus
Legion of Mary
Marriage Mentorship
PREP
RCIA

Bill Lam
Annie Dee, Mary Vendencia,
Mellysa Lim (Greeters)

Faith Studies
Readers

David Robinson
Margie Goebel
David & Connie Robinson
Veronica Yam
Neila Tong, Andy Trinh,
Joseph Chiu (Chinese)
Thomas Robinson
Irene Goh (Weekend Mass)
Joyce Fung (Weekday Mass)

Safe Environment
Seniors' Ministry

Karen Tully
Theresa Stewart,
Remedios Yeung
Fr. Hamilton, Fr. Salvino, Schola Au,
Annie Dee, Margie Lacson,
Peter Lee, Seamus O'Brien,
Deborah Welsh, Prisca Cheung
Rick Lam
Lois Umali Macoy

Senior Leadership Team

Ushers
Youth Ministry

BAPTISM

The Baptism Preparation Classes for parents are held via Zoom every 1st (Part 1) and 3rd (Part 2) Saturdays of the month, 10:30 am to 12 noon, except during the months of July and August. Parents must attend both sessions. Call the Parish Office to pre-register for the class. **Baptism celebrations are held on the 2nd and 4th Saturdays of each month @ 11:00 am.**

HOLY MATRIMONY

We welcome your wedding celebration at Corpus Christi Church. To arrange the date and begin your preparations, please contact the Parish Office or either one of our priests at least 9 months prior to the proposed wedding date.

ANOINTING OF THE SICK

If your loved one, relative or friend would like to arrange for a priest for the administration of the Sacrament of the Anointing of the Sick or to visit the sick in a hospital, please phone the Parish Office. Or you may contact the hospital chaplain:

VGH:
604-875-4111
Fr. Gilbert Nunez & Fr. Luis Martin Brian Delgado (Mon., Tue., Fri., Sat. and Sun.)
Fr. Aresene Dutunge (Wed. and Thurs.)

MOUNT ST. JOSEPH HOSPITAL:
Fr. Joseph Ha Vinh Tran, OP (Chaplain)
604-876-7826

BURNABY HOSPITAL:
St. Theresa's Parish
604-434-4211 (Chaplain)
604-298-6800 (Parish)

ST. PAUL'S HOSPITAL:
Fr. Victor Fernandes, OCD
604-682-2344/604-445-9323
(cell)/604-252-4224 (pager)

March 10, 2024

Fourth Sunday of Lent



Saturday, March 09

Vigil Mass

5:00 PM Rene Hoffmann, Health

Sunday, March 10

4th Sunday of Lent

9:00 AM All Parishioners, Living and Deceased

11:00 AM Binelda Sunga, RIP

3:00 PM Joseph Chiu, Intentions

Monday, March 11

8:00 AM Peter Schubert, RIP

Tuesday, March 12

8:00 AM Sandra Young, Health

Wednesday, March 12

8:00 AM Alexis & Lizzy Papali, RIP

Thursday, March 14

8:00 AM David Lo, Health

Friday, March 15

8:00 AM Forgotten Souls in Purgatory

6:00 PM Holy Hour

7:00 PM Stations of the Cross

Saturday, March 16

8:00 AM Francisco Dante M. Marpuri, RIP

6 ways to cultivate humility



Pray for it, asking God to help you overcome your self-love.



Accept humiliations and embarrassing circumstances. They are part of life.



Disobedience can be a manifestation of pride. Obey legitimate authority.



Distrust yourself (healthily) and place your trust in God.



Meditate on the greatness of God, while acknowledging your littleness.



Think better of others than of yourself

SOURCE: 6 Ways to Cultivate the Virtue of Humility www.catholicgentleman.net



PARISH ANNOUNCEMENTS

Parish Survey

Exciting news! Our parish survey launches on March 3rd! If you're 18 or older, this is your chance to share your thoughts on our community's strengths and growth opportunities.

Survey Focus:

Financial Transparency: Share your insights on giving and financial sustainability for a thriving parish.

Motivation and Engagement: Provide feedback to enhance programs, events, and resources for your spiritual well-being.

The survey will be available online and in paper form until March 15th and takes just 5 minutes of your time. This will help shape our community's future so please encourage others to join. Together, let's build a brighter future guided by the light of Christ.

Wonton Soup



The Knights of Columbus will be selling wonton soup for \$7.00 per bowl, on March 10th at the After Mass Socials. Come join the fun and bring cash!

Second Collection

Next week, there is a 2nd collection for Share Lent: To help the Canadian Catholic Organization for Development and Peace fight poverty in third-world countries and foster international justice. We thank you for your generosity.

CWL Parish Retreat

Save the date! The CWL will be hosting a Parish Retreat. Date: Saturday, March 23, 2024 Place: Parish Centre. More details to come.

Job Posting

Corpus Christi Parish is looking for 2 part time cook / housekeepers.. These positions support the Pastor and Parish community by performing tasks such as cleaning, cooking, laundry and grocery stopping.

The postings can be found on our parish website at <https://www.ccp parish.ca>

Please submit your resume to Winnie Shiao at winnie@ccparish.ca by March 22nd, 2024.

Collection on Feb 25, 2024

Sunday Offertory Collection	\$6564.00
BC Catholic	\$40.00
Building Fund	\$4914.00
Jan 1st - Solemnity of Mary	\$5.00
Jan 2024—Initial Offering	\$5.00
St. Joseph's Society	\$185.00
Lenten Charity	\$35.00
Holyland (Good Friday)	\$20.00
Easter	\$40.00
Total	\$11808.00

Thank you for your generosity!

Scan the QR code to learn how to donate on line.



Remembering the Sick In Prayers

Sr. Florchita Bautista	Fiona Gachallan Paul David	Yvonne Lombardo Toma Nitta
Anthony Centeno	Norena Gonzales	Maria Pinto
Mavis Chow	Peter Hinz	Sebastian Pinto
Lydia Dalmaso	Sanae Hogan	Binelda Sunga
Christianne Depre	Peter In	Margaret Tai
Irene De Roche	Ludy Inting	Digno Vibat
Honesto Estabillo	David Lo	

Prayers for the sick can be requested. To add the name of your loved one, please drop by or call the Parish Office.

The names listed in the bulletin will remain here unless the office is notified.

400 Year Anniversary of the Consecration of Canada to Saint Joseph Holy Mass

1624 - 2024

Solemnity of St. Joseph, Spouse of the Blessed Virgin Mary

Tuesday, March 19th, 8 am



You are invited to celebrate all together!

We will start the novena to St. Joseph from March 10 to 18, in preparation for his feast day on March 19.

Saint Joseph, patron Saint of Canada. Pray for us!



6 Things To Do When You Don't Agree With The Catholic Church

Make sure you understand what the Church really teaches.

Spend time reflecting on why you disagree.

Meet with a priest or spiritual advisor to discuss.

Visit Jesus in Adoration.

Be patient with yourself and the Church.

Join a Bible study or faith community.

Be assured of our prayers for your journey to grow deeper in faith and in understanding!

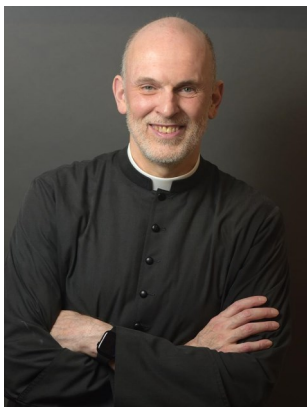
2024 LENT CHALLENGE

EXODUS & EXILE

This Lent, join Scott Hahn and John Bergsma as they lead us out of exile and on the journey home. During the 2024 Lent Challenge, receive all access to St. Paul Center for free.

BEGINS ASH WEDNESDAY, FEB 14th





4th Sunday of Lent Laetare Sunday

This Sunday is Laetare Sunday. The word, it is Latin, means Rejoice. Similar to Gaudete Sunday, this Sunday, the 4th of Lent, helps us in many ways: 1) it encourages us that Lent is almost completed and the great celebration and victory of Easter is close at hand, so do not let you guard down. Continue striving to be faithful to your Lenten program and what it is meant to bring about in your life; 2) Laetare reminds us that Penance is not incompatible with joy because penance does not cause us to lose the divine presence, only sin does this; 3) this rejoicing is not just of the senses, or emotions which are up and down, dependent on a good, or bad day, or getting our way, but rather on the possession of God. This possession of God is an unchanging reality, hence our joy should be a stable reality and so Laetare Sunday has many important messages to speak to us and remind us about. Rejoice, let us rejoice, because the Lord is near!

The Parish Mission is now a full week in the past. It was a great Parish Mission by all accounts. Fr. Wade heard many confessions and the Masses averaged 151 per night.

The collection for the Parish Mission was approximately \$7,300 and Father sold all his CDs/DVDs and books! Many parishioners are now in possession of solid formational material! I am grateful to God and the Fathers of Mercy for the Mission and pray now that its supernatural fruits continue in the lives of all those who attended.

Two-week Spring Break begins this Mon-

day, so I hope staff and students have a good rest period. Read lots of books, have good conversations and just relax. Come back refreshed for the final stretch of school.

NB: I have been in touch with Dr. Bergsma and after some back-and-forth-discussion we decided to reschedule the Jerusalem Pilgrimage till June 28-July 7, 2025! I hope and pray that with these newly established pilgrimage dates we can and will fill this pilgrimage to the Holy Land.

This will be a blessing that you will NEVER forget! It will be a blessing that will deepen your faith, your relationship with Jesus and his Church; it will have a deep and lasting impact on how you read and pray Sacred Scripture. The time with Dr. Bergsma will be like being in a classroom, understanding the material and not having to take an exam AND passing the course! How much better can you get than that! More information to follow! Pray about going to Jerusalem in 2025 with Dr. Bergsma and fellow parishioners.

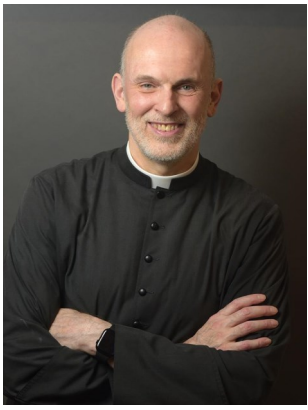
United in prayer,

Fr. Hamilton

Income Tax Receipts



The 2023 Income Tax Receipts are available for pick up at the church vestibule. Envelopes are arranged by last names. If there are any questions, please email the office at sec@ccparish.ca



本堂神父的話

四旬期第四主日（歡樂主日）

本主日是「歡樂主日」：1. 告訴我們四旬期快要完結，復活的勝利和盛大慶祝快要來到，不要怠慢，繼續努力善渡四旬期，理解它的意義；2. 歡樂主日提醒我們，補贖並不對抗歡樂，不會令我們失去與天主同在的喜樂，只有罪惡才會；3. 擁有天主是實在的，因而是穩定的真實喜樂；這種歡樂，並非衝動的感性和觀感，有起有落，受自己情緒或周圍事物影響，而是擁有天主的歡樂。所以，歡樂主日給我們很多訊息、很多提醒。歡樂！讓我們一起歡樂吧！因為主已臨近了！

堂區培靈日過去了一個星期，確實是成功的活動。主持的華狄神父Fr. Wade聽了很多告解，參與相關彌撒的，平均每晚約有151人；收到共約\$7,300捐獻，而神父帶來儲有豐富資料的光碟，全部售罄！我感謝普慈神父會Fathers of Mercy的支持，更祈求培靈的奇妙善果，在參與者生活上持續發酵發熱。

兩個星期的春假在這星期一開始，期望師生都有假日的美好時光。可以多閱讀書本、多互相溝通，多休息，以能抖擻精神，去應付本年度最後的學期。

另一方面，我和布思瑪博士Dr. Bergsma反覆討論過，有關原定的耶路撒冷朝聖之旅，決定延遲到明年、2025年的6月28日至7月7日。我祈求這重新安排的旅程日期，終能實踐聖

地朝聖的願望。

和布思瑪博士一起朝聖，就像在實習中上了一課聖經，毋須測驗或考試合格的敦促，卻又自然明白和悠然得著！能參加這次朝聖，是一種祝福，會使你難忘，深化信德和與耶穌的關係，讓你在祈禱及閱讀聖經時，有不一樣的靈益。有比實地朝聖更好的方法嗎？會在這角落披露更多資料。祈求你們可以參加罷！

和你們一起共禱的

Hamilton神父

2024 LENTEN FOOD DRIVE to Support Catholic Charities

Lead by Corpus Christi CWL

March 2nd /3rd through to March 23rd/24th

Missionaries of Charity



The Missionaries of Charity was founded in Vancouver in 1988 by the late Archbishop Most Rev. James. F. Carney. Their particular mission is to labour at the salvation and sanctification of the poorest of the poor. Their Ministry in Vancouver includes visiting shut-ins, bringing Holy Communion to the sick, visiting jails, teaching PREP and giving food to the needed.

All food donations will be accepted but are in most need of donations to make soup & sandwiches (soup stock – powdered or boxed, peanut butter, jam, mayonnaise, canned salmon, canned tuna, dried pasta, etc.) however, **expired items cannot be accepted.**

Door Is Open

The Door Is Open is a drop-in ministry that provides food, clothing, counseling, shelter services and referrals, and a warm and safe environment in the heart of Vancouver's Downtown Eastside, a neighborhood recognized for the highest concentration of the poorest urban population in the whole of Canada.



FOOD DONATION DROP OFF TIMES

Food donations and/or monetary donations can be dropped off from March 2nd/3rd through to March 23rd /24th at the following times:

- Parish Office – Tue-Fri (8:30am to 12:00pm / 1:30pm to 4:00pm)
- Church Vestibule – when coming for Sunday Mass (See church bulletin)
- Church Vestibule – when coming for Weekday Mass (See church bulletin)

Cash donations are also gratefully accepted.

Cheques for amounts **\$25 or more** should be made payable to Corpus Christi Parish for tax receipt purposes. Please drop Lenten Fundraiser envelopes off with church collection or at the Parish Office.

Please use envelopes available in the church vestibule on the Gratitude Tree.

8 WAYS TO PUT THE FEAR OF GOD IN YOUR CHILDREN

By Fr. Clayton Thompson



The concept a man has of God guides his whole life. If he considers God a far-off being with no concern for mankind, he will return the favor and have no concern for God. If Jesus is a softie who advocates a spineless resignation that he calls “love,” a man will never stand up to defend the truth of the faith. If he perceives God to be a feeling that offers some type of spiritual solace or emotional therapy, he will most often treat it as a “woman thing” or leave it for those who (unlike him) want that therapeutic attention. If he is practically indifferent to God and never makes the effort to conceive anything about Him at all, his life will be equally superficial.

A man’s concept of God shapes the most significant aspects of who he is. At the same time, the idea a man has of God is usually not chosen – he learns it by observing the manner in which other men he respects relate to God. For that reason, a bad concept of God carries a societal impact that spreads like a contagion and compounds over time, like a snowball down a hill.

A Systemic Illness: The Loss of the Sacred

A common, snowballing concept of God from the past half-century that continues to grow is one that focuses on the “immanence” (closeness/nearness) of God, as opposed to the “transcendence” (greatness/superiority) of God. Of course, both immanence and transcendence can and must be applied to God, as revealed in Christ. However, an imbalance of one over the other creates problems. An idea of God that focuses *excessively* on His immanence – seeking comfort in His presence, knowing Jesus as “Friend,” and recognizing God as the One who “accepts me as I am” – can turn into a rejection of his transcendence – which acknowledges our need to worship God as Creator and Redeemer, knows Jesus also as “Lord,” and heeds the call to die to self and become great

in His eyes.

Not surprisingly, the current fixation on God’s immanence has formed a peculiar concept of God in the minds of young people: one that causes them to tend to see faith in God as weakness instead of strength, a last resort in times of difficulty instead of a dutiful response to the One who has reached out to them, and as a pitiful grasping for comfort instead of the highest aspiration of the soul. The overemphasis on God’s immanence has created a lack of a “sense of the sacred” in those whom we are called to mentor.

What we call *the sense of the sacred* is the understanding one has, when placed before God or the things of God, that there is something greater than him there, something to be treasured and never to be lost, something to be treated with a profound reverence. It springs almost always from witnessing the unspoken, tangible example of someone – particularly of a father – showing respect and awe for God and what belongs to Him. Once it takes root in the heart of a person, the sense of the sacred forms one of the strongest bonds to the Faith.

For this reason, men, if we want to pass the faith on to succeeding generations, the battle begins by teaching awe and reverence for God.

The Remedy: Holy Fear

In the Scriptures, this awe and reverence are effects of what is called the “fear of the Lord” (see Ps 111:10; Sir 1:28-30; Is 11:2). The *fear of the Lord* is a gift of the Holy Spirit that opens our eyes to the transcendence of almighty God – and to who we are in light of His surpassing greatness. Take, for example, the vocation story of Isaiah the prophet. In a vision, Isaiah stands in the immediate presence of God, which causes him to cry out: “*Woe is me! For I am lost; for I am a man of unclean lips, and I dwell in the midst of a people of unclean lips; for my eyes have seen the King, the Lord of hosts!*” (Is 6:5). He recognizes God’s transcendent glory and his own “uncleanness” or unworthiness in light of that glory – and he is filled with fear at the disparity between the two.

Yet, the Christian idea of holy fear must take another step. In the light of Christ, each individual recognizes a still more incredible truth: I, through my baptism, am the son of this awe-inspiring God. He has claimed me as his own. Now, the incredible transcendence of the God who is yet my Father places a different fear into my heart: not a fear of Him in light of His greatness and my nothingness, but rather a fear of being separated from Him, the One who has entered my life and fills my nothingness. The fear of the Lord, while recognizing the supremacy of God, takes on a new light: awe and reverence at the mystery of God who has so loved me and a fear of ever losing Him.

This fear applies also to the “things of God” – those persons, objects, or realities that belong to Him: the Sacraments, the Holy Eucharist, the Holy Bible, church buildings, the rosary and other sacramentals, sacred images, the priesthood, blessed objects, places of prayer in the home, the papacy, etc. The holy fear of losing Him, of missing Him, makes me search for His presence more boldly in my life. It teaches me to reverence even the material things that are His because not doing so would cause me to miss the God who speaks to me through them.

Fostering the Fear of the Lord

I am convinced that the most powerful way of ensuring that young people in the Church remain in the Church is not education in the faith or participation in Church ministries (important though they are), but rather to have a mentor who plants the holy fear of the Lord and the sense of the sacred deeply in the heart. Here, then, are a few practical tips toward this end:

Be affective in your prayer and dealings with God and the things of God. Pray with affection when talking to God; allow your children to hear you pray in this way. This doesn't mean that you should weep or speak in a breathy, high pitch, but it does mean that you should pray to the Father simply and with devotion. Honoring divine transcendence is not the same as coldness toward God.

Assume a proper posture when praying. I recall, as a boy, watching my dad kneeling in front of the tabernacle before Mass, bowing his head, and quietly speaking to the Lord. That memory will always inform the way I pray. Your posture speaks volumes to your child about who God is.

Dress appropriately for Mass. A family that wears the same clothes to Holy Mass that they would wear to the movies has instilled a respect for God in their children that equals their respect for the lady selling popcorn at the theater.

Display a deep awe in the presence of the Holy Eucharist. Receive the Eucharist with affection, carry a due admiration and reverence in His presence, genuflect with devotion, stay after Mass a few minutes and give thanks for His coming to you in so simple a way, take your children to Eucharistic adoration. The sense of the sacred begins by honoring the most sacred thing on earth.

Gives gifts of holy items and keep them in a special place. Having rosaries, medals, bibles, etc.

and treating them as special possessions instills an understanding of the sacred in a young mind.

Be the first to practice the faith. Especially for fathers: if mom takes the lead in activities regarding the faith, children do not form as high of an estimation of its importance. To see one's father – who, to a child, seems the most powerful man in the world – kneel in reverence before God is unforgettably instructive.

Say “no.” Some of the most formative moments in my life regarding respect for God have come when men that I admired corrected me in my cavalier attitude toward sacred things. If someone jokes or speaks ill about God or the things belonging to Him, state kindly and simply that it is inappropriate and change the topic.

Show that the sacred and secular coincide. Living the faith shouldn't make you weird. Your family can live a normal life and seamlessly insert the faith into it – look for ways to integrate prayer and conversation about God into daily activities. Bringing God into everyday things shows that his greatness extends over the entirety of life, not just church on Sundays.

Men, the task of forming your children, parishioners, and mentees – and of shaping the future of the Church – is yours. Live the sense of the sacred and, by your example, instill the holy fear of God into the hearts of generations to come.

Fr. Clayton Thompson is a parish priest. He has received a B.A. in Philosophy from the Pontifical College Josephinum in Columbus, OH, a Master's of Divinity (M.Div.) from Mount Saint Mary's in Emmitsburg, MD, and a Bachelor's of Sacred Theology (S.T.B.) from Mount Saint Mary's through the Pontifical Faculty of the Immaculate Conception in Washington D.C. He is a graduate of Mount Saint Mary's Seminary and was ordained in 2013.

40 Days for Life Campaign

This year Corpus Christi Parish will be participating in and supporting the 40 Days for Life Campaign in Vancouver. 40 Days for Life is a prayerful way of witnessing for the most vulnerable of God's children. Please come and be the voice of those who have none. Sign up sheets are available in the vestibule. Join us:

Date: **Sun, Mar 24, 2024**

Time: **8am - 8pm**

Place: **Willow St. & W. 32nd Ave.**



VANCOUVER EAST DEANERY 2024 Lenten Penitential Service

Parish	Date	Service
St. Helen's Vancouver	Wed, Mar 13	7:00 PM
St. Jude's Vancouver	Thurs, Mar 14	7.00 PM
Our Lady of Sorrows Vancouver	Mon, Mar 18	7:00 PM
St. Mary's Vancouver	Tues, Mar 19	6:30 PM
Holy Cross Burnaby	Wed, Mar 20	7:00 PM
Corpus Christi Vancouver	Thurs, Mar 21	7:00 PM
St. Theresa's Burnaby	Thurs, Mar 21	7:00 PM
Immaculate Heart of Mary Vancouver	Daily	Before Daily Mass
Our Lady of Hungary Vancouver	Daily	Before Daily Mass
Holy Family Vancouver	Wednesday	5:30 - 6:30 PM
Sacred Heart Vancouver	Saturdays	9:00 AM
St. Francis of Assisi Vancouver	Before all Masses Saturday	Before all Masses 4:00 – 5:00 PM