



March 02, 2025

Eighth Sunday in Ordinary Time

Pastor 主任司鐸
Fr. Bruce-John Hamilton

Assistant 助理司鐸
Fr. Raffaele Salvino

Chinese Mass 中文彌撒司鐸
Fr. Paul Chu

Office Manager 辦公室經理
Winnie Shiao
Email: winnie@ccparish.ca

Parish Office Hours 堂區辦事處時間
Mon—Fri 9:00am - 12:00pm

Sunday Mass 主日彌撒
Saturday Vigil 週六:
5:00 pm (English 英)
Sunday 週日:
9:00 am (English 英)
11:00 am (English 英)
3:00 pm (Cantonese 廣東話)

Weekday Mass 平日彌撒
Monday to Saturday - 8:00 am
Wednesday - 9:00 am (*School Mass when school is in session*)
Holy Hour every Friday - 6:00 pm
First Friday Evening Mass - 7:00 pm
Holidays - 9:00 am

Confession 修和聖事
Monday to Friday - 7:45 – 7:55 am
Friday - 6:00 – 6:45 pm (during Holy Hour)
Saturday - 8:30 am after Mass
Saturday - 3:45 – 4:45 pm
Sunday - 2:30 – 2:55 pm (Cantonese)

Liturgy of the Hours/Devotions
Lauds - 7:30 am on weekdays
Holy Rosary - Monday to Saturday
After morning Mass

Emmaus Adoration Chapel
The Chapel is now open 24/7 and accessible by a code. Please contact the Parish Office for the code.

Corpus Christi Elementary School
2360 Waverley Avenue
Vancouver, BC V5S 0J1
Phone: 604-321-1117
Email: office@cchristi.ca
Website: www.cchristi.ca
Principal: Ms. Rosa Natola

Corpus Christi Childcare Centre
2362 Waverley Avenue
Vancouver, BC V5S 0J1
Phone: 604-416-4117
Manager: Mrs. Ivana Ciccone
Email: iciccone@cchristi.ca



4 Core Values of Corpus Christi Parish

Engaged Disciples: Corpus Christi parishioners strive to be fully committed to holiness, mission, community and service. (cf. *Mission of the Redeemer 90, JP11*)



Rooted in Tradition: Corpus Christi parishioners are firmly rooted in the living Tradition of the Church, faithful to the fullness of the teachings of Christ in every aspect of parish life. (cf. *2 Thessalonians 2:15*)



Multiplying Leaders: Corpus Christi parishioners follow Jesus' example of ministry by identifying, recruiting and investing in others to become leaders, and equipping them to do the same. (cf. *2 Timothy 2:2*)



Evangelical Hospitality: Corpus Christi parishioners aim to be generous and evangelical in service and hospitality, providing everyone with opportunities to belong to the parish family. (cf. *Acts 2:44-47*)

PARISH MINISTRIES/GROUPS

- | | |
|---|--|
| Adoration Chapel | Araceli Hinz |
| Alpha | Michelle Wong |
| Altar Servers | Fr. Hamilton, Fr. Salvino, Margie Lacson |
| After Mass Socials | Mary Vendencia, Mellysa Lim (9am/11am), Tina Chan (3pm) |
| Baptism Preparation | Adelia Yiu |
| Bible Study | Joyce Fung (Tues Morning)
Joseph Chiu (Chinese) |
| Catholic Women's League | Camille Macapanpan |
| Chinese Community | Frank Chan |
| Choir | Kevin Garcia (5pm)
Dominica Chan (9am)
Scholastica Au (11am)
Vincent Lau (3pm) |
| Church Care | Joyce Fung |
| Altar Linens | Agnes Lo |
| Church Flowers | Monica Lau |
| Emergency Management | Serafina Chau |
| Extraordinary Ministers of Holy Communion | Bill Lam |
| Hospitality Ministry | Annie Dee, Mary Vendencia, Mellysa Lim (Greeters) |
| Intercessory Prayer Ministry | Lina Glass, Winnie Koch |
| Knights of Columbus | David Robinson |
| Legion of Mary | Margie Goebel |
| Marriage Mentorship | David & Connie Robinson |
| Men's Group | Seamus O'Brien |
| PREP | Veronica Yam |
| RCIA | Neila Tong
Joseph Chiu (Chinese) |
| Faith Studies | Thomas Robinson |
| Readers | Irene Goh (Weekend Mass)
Joyce Fung (Weekday Mass) |
| Safe Environment | Karen Tully |
| Seniors' Ministry | Theresa Stewart,
Remedios Yeung |
| Senior Leadership Team | Fr. Hamilton, Fr. Salvino, Schola Au, Prisca Cheung, Annie Dee, Peter Lee, Winnie Shiao, Deborah Welsh |
| Ushers | Rick Lam |
| Youth Ministry | Miguel Lacson, Isabelle Liu |

BAPTISM

The Baptism Preparation Classes for parents are held via Zoom every 1st (Part 1) and 3rd (Part 2) Saturdays of the month, 10:30 am to 12 noon, except during the months of July and August. Parents must attend both sessions. Call the Parish Office to pre-register for the class. **Baptism celebrations are held on the 2nd and 4th Saturdays of each month @ 11:00 am.**

HOLY MATRIMONY

We welcome your wedding celebration at Corpus Christi Church. To arrange the date and begin your preparations, please contact the Parish Office or either one of our priests at least 9 months prior to the proposed wedding date.

ANOINTING OF THE SICK

If your loved one, relative or friend would like to arrange for a priest for the administration of the Sacrament of the Anointing of the Sick or to visit the sick in a hospital, please phone the Parish Office. Or you may contact the hospital chaplain:

VGH:
604-875-4111
Fr. Gilbert Nunez & Fr. Luis Martin Brian Delgado (Mon., Tue., Fri., Sat. and Sun.)
Fr. Aresene Dutunge (Wed. and Thurs.)

MOUNT ST. JOSEPH HOSPITAL:
Fr. Joseph Ha Vinh Tran, OP (Chaplain)
604-876-7826

BURNABY HOSPITAL:
St. Theresa's Parish
604-434-4211 (Chaplain)
604-298-6800 (Parish)

ST. PAUL'S HOSPITAL:
Fr. Victor Fernandes, OCD
604-682-2344/604-445-9323
(cell)/604-252-4224 (pager)

March 02, 2025
Eighth Sunday In Ordinary Time



Saturday, Mar 01 *Vigil Mass*

5:00 PM Fr. Bruce-John Hamilton, Intentions

Sunday, Mar 02

9:00 AM Fely Bangquillo, Intentions
 11:00 AM All Parishioners, Living and Deceased
 3:00 PM Louis Liu, RIP

Monday, Mar 03

8:00 AM Sandor Alex Csori, RIP

Tuesday, Mar 04

8:00 AM Larry Stewart, RIP

Wednesday, Mar 05 *Ash Wednesday*

8:00 AM **No Morning Mass**
 9:00 AM School Mass
 4:00 PM Sandie Wong, Intentions
 7:00 PM Ines Nicolas, RIP

Thursday, Mar 06

8:00 AM Maria May Yee Poon, RIP

Friday, Mar 07 *First Friday*

8:00 AM Justin Cheung, Birthday
 6:00 PM Holy Hour
 7:00 PM First Friday Mass
 7:35 PM Stations of the Cross

Saturday, Mar 08

8:00 AM Gertrudes Almero, RIP

PARISH ANNOUNCEMENTS

ASH WEDNESDAY MASSES



Ash Wednesday, the start of the Season of Lent, is on **Mar 05**. It is a **day of fasting, abstinence, prayer and penance**. Masses here at Corpus Christi will be at **9:00 am** (the School Mass), at **4:00 pm** (PREP students will be in attendance at this Mass) and **7:00 pm**.

Parishioners are welcome to attend any of the aforementioned Masses. **Please note that there will be NO 8:00 am Mass on Ash Wednesday! We will have Stations of the Cross on Fridays after the 6:00 pm Holy Hour during Lent.**

BLESSED PALMS

Drop off your blessed palms in the box by the entrance of the Church. We will use them for Ash Wednesday Masses.

RELIGIOUS ARTICLES BOOTH

The Religious Articles Booth will be opened on Feb 23 from 8:45 am—11:15 am (closed during mass).

WORLD DAY OF PRAYER

This year THE WORLD DAY OF PRAYER is being held at Corpus Christi on **Fri, Mar 07 @ 1:00 pm**, hosted by the CWL. We invite all parishioners to this service, which was written by the women of the Cook Islands. The women tell their stories through prayer and music.



All parishioners are invited. Please join us. Refreshments will be served after the service.

SAT 5:00 PM CHOIR



The Voice of Faith Youth choir (Sat, 5:00 pm Mass) is looking for youth to join their choir. If interested, please use this QR code or email Kevin Garcia, choir director at garciakevz@gmail.com

SUN 9:00 AM CHOIR

If you attend the 9:00 am Sunday Mass regularly and are willing to sing, please come and join our family choir. This is a great way to prepare for Lent and Easter. No audition, just come up to the choir loft before Mass and our members will help you. Thank you.



WHY THE ASHES?
 THE MEANING OF ASH WEDNESDAY

- ASHES WERE USED AS A SIGN OF REPENTANCE IN THE OLD TESTAMENT
- ASHES ARE A PUBLIC SIGN OF OUR INTENT TO DIE TO OUR WORLDLY DESIRES AND LIVE IN CHRIST
- ASHES ALSO SYMBOLIZE GRIEF, IN THIS CASE, GRIEF FOR OUR SINS.
- AS OUR FOREHEADS ARE BEING MARKED, THE PRIEST SAYS: "REMEMBER THAT YOU ARE DUST AND UNTO DUST YOU SHALL RETURN"
- THE ASHES COME FROM THE BLESSED PALMS USED IN THE PALM SUNDAY CELEBRATION OF THE PREVIOUS YEAR

Last Weekend's Collection

Sunday Offertory Collection	\$7,387.30
BC Catholic	\$85.00
Building Fund	\$4,225.30
Initial Offering	\$85.00
Solemnity of Mary	\$25.00
TOTAL	\$11,807.60

Thank you for your continued generosity.



Prayer for the Holy Father

Almighty ever-living God, eternal health of believers,
 Who willed that our infirmities
 Be borne by your Only-Begotten Son for our salvation,
 Listen in kindness to our prayers
 For your servant Francis, our Pope and Shepherd:
 Grant him, we implore you, your merciful help,
 So that he may be restored to your Church in good health,
 Ever ready to serve the flock you have entrusted to his care.
 Through our Lord Jesus Christ, your Son,
 Who lives and reigns with you
 In the unity of the Holy Spirit,
 God, for ever and ever.

Remembering the Sick

In Prayers

Sr. Florchita Bautista	Honesto Estabillo	Yen Ting Lin
Naty Bonus	Juan Garzon	Grace Macapinlac
Isabelita Carpentero	Flor Gatchallan	Maria C. Martinez
Anthony Centeno	Gerda Heilemann	Ben Ng
Helen Cervo	Paul David	Toma Nitta
Mavis Chow	Matilde Fernandez	Maria Pinto
Francis Claire	Norena Gonzales	Sebastian Pinto
Joseph Chiu	Peter Hinz	Margaret Tai
Anna S. B. David	Sanae Hogan	Fred Vendencia
Christianne Depre	Peter In	Digno Vibat
Heloisa Schuch Durao	Winnie Lam	David M. Williams
	Enrico Liamzon	Julia Williams

Prayers for the sick can be requested. To add the name of your loved one, please drop by or call the Parish Office.

The names listed in the bulletin will remain here unless the office is notified.

INCOME TAX RECEIPTS

Thank you to all parishioners for your generous donations. Your 2024 donation receipts are ready for pick up. Please note that our Parish only issues donation receipts for cash and cheque donations made directly to our Parish.

We extend our gratitude to all our generous donors for their unwavering support and for helping us get one step closer to realizing our 10-year vision.

A Note on offertory donations to Corpus Christi made online thru the Archdiocese of Vancouver.

The Development Office of the Archdiocese of Vancouver has issued out the 2024 tax receipts by email. Please check your spam or junk folder.

Thank you for your continued generosity and support.





pastor's Corner



8th Sunday in Ordinary Time

This is the final Sunday in Ordinary Time for several months. This coming Wednesday, we are beginning the very important season of Lent with Ash Wednesday. Jesus's first public words, recorded by St. Mark are: ***"The time is fulfilled, and the kingdom of God is at hand; repent, and believe in the gospel."*** (Mk 1:15)

There are plenty of Masses to attend; 9am, 4pm and 7pm. **Please note: there is no 8am Mass on Ash Wednesday, March 5th!** This is a very good way to begin the very important season in our lives as Catholics. Lent, as you know, is 40 days in length (if you count from Ash Wednesday through to Holy Saturday and take out the Sundays, then you have 40 days). This season commemorates the 40 days that Our Lord spent in the desert, fasting and praying. At the end of the 40 days, Jesus engaged in spiritual warfare with Satan to show us how to deal with temptation. Realizing this, we should be able to see Lent as kind of a 40-day retreat with Jesus, spiritually accompanying him through his time in the desert.

Ash Wednesday and Good Friday are **mandatory days of Fast and Abstinence**. This derives from Jesus's teaching that unless we all likewise do penance, we will perish. Doing penance is not an option, it is a requirement for being a disciple of Jesus and entering into eternal life.

Here is what the Church teaches us about fasting and abstinence in Canon Law:

Canon 1250 All Fridays through the year and the time of Lent are penitential days and times throughout the entire Church.

Canon 1251 Abstinence from eating meat or another food according to the prescriptions of the conference of bishops is to be observed on Fridays throughout the year

unless they are solemnities; abstinence and fast are to be observed on Ash Wednesday and on the Friday of the Passion and Death of Our Lord Jesus Christ.

Canon 1252 All persons who have completed their fourteenth year are bound by the law of abstinence; all adults are bound by the law of fast up to the beginning of their sixtieth year. Nevertheless, pastors and parents are to see to it that minors who are not bound by the law of fast and abstinence are educated in an authentic sense of penance.

What in specific terms does it mean to abstain, it is that we are to refrain from flesh meat. This is an act of reparation for the human flesh of our Savior being pierced on the cross. To fast is to reduce by ½ the largest meal of the day and keep the other two meals, of reasonable size, the same. Do not snack in between meals unless needed for medical reasons. Again, the important thing here is that we need to do penance. We need to offer reparation for our sins, to unite ourselves to the suffering of Christ and to pray for others. Put a post it note somewhere to remind yourself of the need to fast and abstain on Ash Wednesday.

The Stations of the Cross will be prayed each Friday night at 7:00pm. Try to attend one, if not more, throughout the season.

Here are some concrete suggestions to consider for your Lenten program. Pick 1, or 2 and have a spiritually profitable Lent.

[25 Things to Give Up for Lent](#)

Let us pray for one another as we begin this time of accompanying Jesus for the next 40 days.

Fr. Hamilton



pastor's Corner

常年期第八主日 本堂神父的話



這是幾個月來在常年期的最後一個主日。即將來臨的星期三，我們將開始非常重要的四旬期，從聖灰星期三開始。耶穌的第一句公開話語，由聖瑪爾谷所記錄的是：「**時期已滿，天主的國臨近了，你們悔改，信從福音罷！**」（瑪爾谷福音 1:15）

有很多彌撒可以參加：上午九點、下午四點和晚上七點。**請注意：聖灰星期三，三月五日，沒有早上八點的彌撒！**這是我們作為天主教徒開始這個非常重要季節的好方式。正如您所知道的，四旬期長達四十天（如果您從聖灰星期三算到聖週六並排除主日，就會有四十天）。這個季節紀念我們的主在曠野中禁食和禱告四十天。在這四十天結束時，耶穌與撒旦進行屬靈的爭戰，向我們展示如何面對誘惑。了解這一點後，我們應該能夠將四旬期視為一個與耶穌一起的四十天靈修退省，靈性上陪伴他度過在曠野的時光。

聖灰星期三和聖週五是**強制的齋戒和禁食日**。這源自耶穌的教導，除非我們也進行懺悔，否則我們將滅亡。做懺悔不是選項，而是成為耶穌門徒並進入永生的必要條件。

以下是教會在教會法典中對齋戒和禁食的教導：
教會法典第1250條：全年每個星期五和四旬期的時間都是整個教會的悔罪日和悔罪時期。

教會法典第1251條：全年每個星期五應遵守禁食

肉類或其他食物的規定，這是由主教會議根據規定所要求的，除非該日為莊嚴節日；聖灰星期三和我們主耶穌基督受難及死亡的星期五，必須遵守禁食和禁肉的規定。

教會法典第1252條：所有滿十四歲的人都受禁食規定的約束；所有成年人應遵守齋戒規定，直到進入六十歲為止。然而，牧者和父母應確保未受齋戒和禁食約束的未成年人接受真誠的悔罪教育。

具體來說，禁食是指我們應該避免食用肉類。這是對我們救主的人類肉身被刺透的補贖行為。齋戒是指將一天中最大的一餐減少一半，並保持另外兩餐的合理份量不變。除非出於醫療原因，否則不應在餐與餐之間進食零食。再次強調，這裡最重要的是我們需要進行懺悔。我們需要為我們的罪行做補贖，將自己與基督的苦難聯結並為他人禱告。在聖灰星期三時，可以在某個地方貼上便條紙，提醒自己需要齋戒和禁食。

每週五晚上七點將舉行十字架苦路。請盡量參加一場，最好能參加更多場。

以下是一些具體的建議，供您在四旬期中參考。選擇一或二個，並度過一個靈性豐富的四旬期。

四旬期放棄的25件事

讓我們為彼此禱告，開始這40天與耶穌同行的時光。

本堂神父 *Fr. Hamilton*

Appointment of The Most Reverend Richard W. Smith as Twelfth Archbishop of Vancouver

Feb 25, 2025

VANCOUVER, BC – Early this morning, the Vatican announced that Pope Francis has appointed Archbishop Richard W. Smith as the next Archbishop of Vancouver and accepted Archbishop J. Michael Miller’s resignation from the pastoral governance of the Archdiocese. Archbishop Miller has been named Apostolic Administrator of the Archdiocese of Vancouver until the new Archbishop’s arrival.

Archbishop Smith, 65, has been Archbishop of Edmonton since 2007. He has been a priest for almost 38 years and a bishop since 2002. With his move to Vancouver, he will have served the Church from coast to coast. After ministering in the Archdiocese of Halifax, his birthplace, he was named Bishop of Pembroke, Ontario, before moving to Edmonton.

During his 17 years in Edmonton, Archbishop Smith served as President of the Canadian Conference of Catholic Bishops, spiritual adviser to the Catholic Women’s League of Canada, and on the board of the Canadian Catholic Bioethics Institute. The Archbishop is currently a member of the Canadian Catholic Indigenous Council and the Catholic Near East Welfare Association (CNEWA).

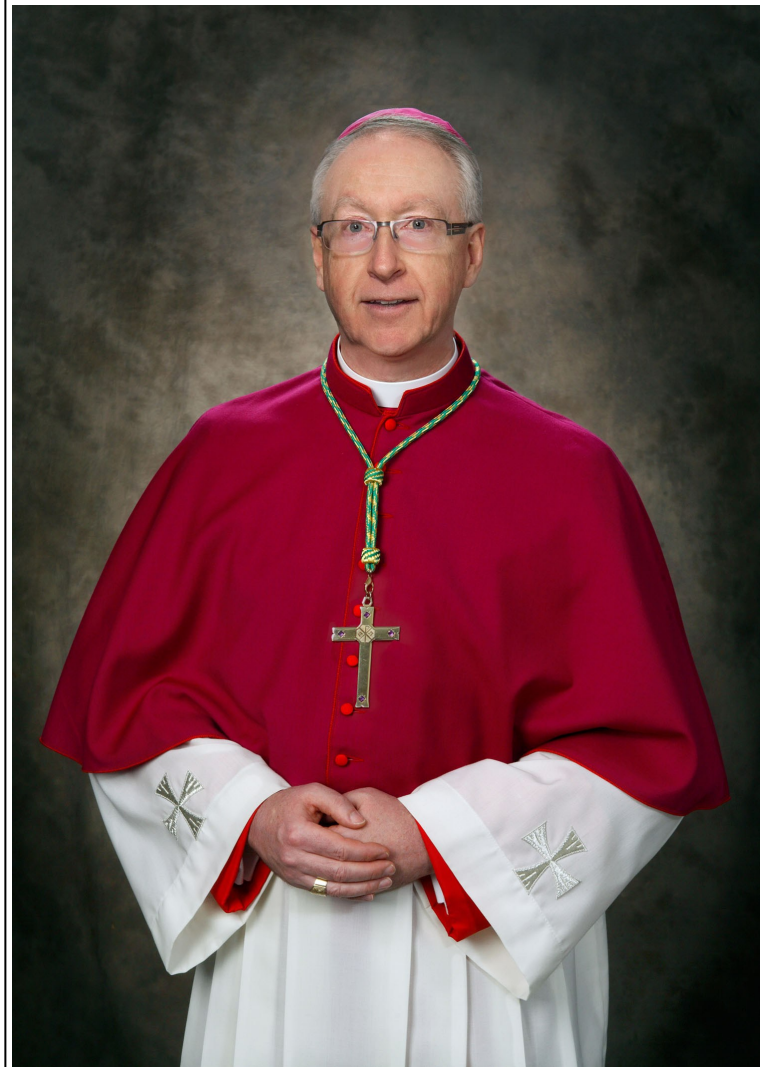
Archbishop Smith was the general coordinator of Pope Francis’ historic pilgrimage to Canada in July 2022—the fourth papal visit to Canada and the first since Saint John Paul II visited in 2002.

In Halifax, he held the office of vicar general and was responsible for pastoral ministry to French-speaking Catholics in the Archdiocese.

Archbishop Smith was chaplain to the deaf community in Halifax from 1986-1991. He was also a professor of theology at St. Peter’s Seminary in London, Ontario.

Ordained to the priesthood on May 23, 1987, for the Archdiocese of Halifax, Archbishop Smith pursued further studies in theology at the Pontifical Gregorian University in Rome, earning a licentiate degree in 1993 and a doctorate in 1998.

Archbishop Smith extended his heartfelt appreciation to



Archbishop Miller “for the wonderful leadership he has provided. I wish him God’s choicest blessings as he enters retirement. He has served in exemplary fashion both the Archdiocese of Vancouver and the Church in Canada.

“I look forward to meeting the clergy, consecrated women, men, and lay faithful of the Archdiocese, and pray that the Lord will enrich us all with the grace we need to embrace anew and together the great mission of the Church.”

Archbishop Miller greeted the appointment with “gratitude to the Holy Father and great satisfaction,” assuring Archbishop Smith of his prayers and fraternal support.

“Vancouver has been given a shepherd of extraordinary gifts and vast experience. We warmly welcome Archbishop Smith, who is already familiar with the challenges facing us here—evangelization, passing on the faith to young people, Indigenous reconciliation, vocations to the priesthood, to name just a few.

"I am extremely happy knowing that the faithful of this Archdiocese are entrusted to such capable and dedicated hands.

"We are deeply grateful to Pope Francis for discerning this appointment over an extended period of time, allowing it to be announced even as he deals with serious illness."

"We have waited a long time for the next Archbishop," Archbishop Miller observed, "But it has proved well worth the wait."

In connection with this morning's announcement, Archbishop Miller and Archbishop Smith called for renewed prayers for Pope Francis.

"We have been very close to the Holy Father in recent days, praying fervently for him throughout the Archdiocese. The appointment of a new Archbishop brings the Pope and his ministry as Successor of Peter even nearer to our hearts and minds," Archbishop Miller said.

Archbishop Smith said "Let us unite in prayer at this particular moment for our beloved Pope Francis. May the Lord grant him strength and peace in this time of serious illness."

Archbishop J. Michael Miller, CSB, arrived in Vancouver in 2007 as Coadjutor Archbishop, having been Archbishop Secretary at the Congregation for Catholic Education in Rome. He succeeded the late Archbishop Raymond Roussin, SM, as Archbishop of Vancouver in January 2009.

As required by Church law, Archbishop Miller submitted his resignation to the Pope on his 75th birthday, July 9, 2021, but was asked to remain in office until his successor's arrival. He will continue in office as Apostolic Administrator of the Archdiocese of Vancouver.

Plans for the installation of Archbishop Smith are not yet finalized, but it will likely take place in late May. Details will be announced as soon as they are available.

ARCHBISHOP'S COAT OF ARMS



HISTORY

Heraldry originated about a thousand years ago in Europe, where it was used by the warrior classes as a means of differentiating combatants on the field of battle. As Europe developed and the feudal warrior class disappeared, the practice of identifying one's possessions with personal emblems flourished. Ecclesiastical heraldry grew out of this practice, initially to differentiate between the various degrees of the clerical estate. The Pope and most bishops adopt a personal coat of arms, which today is used primarily to identify communications from their particular office. Archbishop Richard Smith adopted his personal coat of arms when he was appointed Bishop of Pembroke, Ontario.

SYMBOLISM

The symbols of the upper portion of the shield represent the family origins of Archbishop Smith. The rose stands for his English (Smith) descent: and the shamrock for his Irish (Butts) ancestry. Symbolized in the lower section are the mainstays of his life in Christ. The wheat and grape signify the Eucharist, the source and summit of the Christian Life (cf. Sacrosanctum concilium, 10). The blue background honours the Blessed Virgin Mary, "our mother in the order of grace" (Lumen gentium, 61).



AGES: Children in Gr. K-5 in September 2025

WHERE: Corpus Christi School - Gym

WHEN: July 28 - August 1, 2025 9:15am - 12:30pm

COST: \$140/child Early Bird or \$350/family (3 or more)

CONTACT: Prisca Cheung [778-994-6829] or Mirna Lewis [778-987-6998];

REGISTER BEFORE: May 15, 2025 for Early Bird; June 20 deadline

3

Ways to Grow Daily in Perfection During Lent

The Stations Of The Cross

The oldest of Lenten devotions, works to direct our steps away from our own plans and problems and unites them with the purpose of the incarnation of Our Lord: to suffer, die, and rise again for the sins of men.

Daily Examination Of Conscience

A daily conscience exam turns one's heart toward an honest look at problem behaviors before they are forgotten. Regular confession, too, is a vital habit, but will be more fruitful if informed by a series of daily honest evaluations.

Awareness Of Our Sinfulness

After committing to a daily examination of conscience become aware of your sins and let it inspire us to take concrete action to avoid those sins in your life.