



**January 8, 2023**  
**The Epiphany of the Lord**



**Pastor 主任司鐸**  
Fr. Bruce-John Hamilton

**Assistant 助理司鐸**  
Fr. Richard Conlin

**Chinese Mass 中文彌撒司鐸**  
Fr. Anthony Ho

**Parish Office Administrator**  
Helen Estrellado

**Parish Office Hours 堂區辦事處時間**  
Tue—Fri 8:30am to 12:00 pm  
1:00 to 4:00 pm  
Closed for Lunch at 12:00 – 1:00 pm

**Corpus Christi Elementary School**  
2360 Waverley Avenue  
Vancouver, BC V5S 0J1  
Phone: 604-321-1117  
Fax: 604-321-1410  
Email: [office@cchristi.ca](mailto:office@cchristi.ca)  
Website: [www.corpuschristi-school.ca](http://www.corpuschristi-school.ca)  
Principal: Ms. Rosa Natola

**Corpus Christi Childcare Centre**  
2362 Waverley Avenue  
Vancouver, BC V5S 0J1  
Phone: 604-416-4117  
Manager: Mrs. Ivana Ciccone  
Email: [iciccone@cchristi.ca](mailto:iciccone@cchristi.ca)

**Sunday Mass 主日彌撒**  
Saturday Vigil 週六:  
5:00 pm (English 英)  
Sunday 週日:  
9:00 am (English 英)  
11:00 am (English 英)  
3:00 pm (Cantonese)

**Weekday Mass 平日彌撒**  
Monday to Saturday 8:00 am  
Wednesday 9:00 am (School Mass  
when in session)  
Holy Hour every Friday @ 6:00 pm  
First Friday Evening Mass @ 7:00 pm  
Holidays 9:00 am

**Reconciliation 修和聖事**  
Monday to Friday 7:45 – 7:55 am  
Friday 6:00 – 6:45 pm (during Holy  
Hour)  
Saturday 8:30 am after Morning Mass  
3:45 – 4:45 pm  
Sunday 2:30 – 2:55 pm (in Cantonese)

**Liturgy of the Hours/Devotions**  
Lauds 7:30 am on weekdays

Holy Rosary Monday to Saturday  
after morning Mass

**Emmaus Adoration Chapel**  
The Chapel is now open 24/7 and  
accessible by a code. Please contact the  
Parish Office for the code.

#### 4 Core Values of Corpus Christi Parish

- **Engaged Disciples:** Corpus Christi parishioners strive to be fully committed to holiness, mission, community and service (cf. Mission of the Redeemer 90, JPII)
- **Rooted in Tradition:** Corpus Christi parishioners are firmly rooted in the living Tradition of the Church, faithful to the fullness of the teachings of Christ in every aspect of parish life (cf 2 Thessalonians 2:15)
- **Multipling Leaders:** Corpus Christi parishioners follow Jesus' example of ministry by identifying, recruiting and investing in others to become leaders, and equipping them to do the same (cf. 2 Timothy 2:2)
- **Evangelical Hospitality:** Corpus Christi parishioners aim to be generous and evangelical in service and hospitality, providing everyone with opportunities to belong to the parish family (cf Acts 2:44-47)

#### PARISH MINISTRIES/GROUPS

Adoration Chapel	Araceli Hinz
Alpha	Connie Robinson
Altar Servers	Fr. Bruce-John Hamilton/ Fr. Richard Conlin/Margie Lacson
Baptism Preparation Class	Adelia Yiu/Scholastica Au/ Clarisse Marcelino/Daniela O'Brien Fr. Bruce-John Hamilton (Scripture Study) Joyce Fung (Tuesday Morning Group) Joseph Chiu (Chinese)
Bible Study	Khim Cheung, President
Catholic Women's League	Frank Chan
Chinese Community	Dominica Chan
Choir: Sat. 5pm & Sun. 9am	Dorothy Li
Sun. 11am	Vincent Lau
Chinese 3pm	Helen Estrellado
Church Care	Agnes Lo
Altar Linens	Monica Lau
Church Flowers	Russell & Theresa Zablan/Richman & Nina Therese Manalili
Couples for Christ	David & Connie Robinson
Emergency Management Plan	Bill Lam, Coordinator
Eucharistic Ministry	Annie Dee
Hospitality Ministry	David Robinson, Grand Knight
Knights of Columbus	Margie Goebel, President
Legion of Mary	David and Connie Robinson
Marriage Mentorship	Veronica Yam, Coordinator
PREP	Jackson Fong/Simon Yeung
Project Advance	Vivien Leung, Coordinator
Queen of Angels	Fr. Bruce-John Hamilton (English)
RCIA	Joseph Chiu (Mandarin) Veronica Yam (Cantonese)
Readers	Irene Goh-Ko, Coordinator
Safe Environment	Ruby Socorro Arico
Seniors' Ministry	Jackson Fong/Theresa Stewart
Senior Leadership Team	Fr Hamilton/Fr Richard/Scholastica Au/Annie Dee/Margie Lacson/ Peter Lee/Seamus O'Brien/ Deborah Welsh
Ushers	Rick Lam, Coordinator
Youth & Young Adults	Lois Umali

#### BAPTISM

The Baptism Preparation Classes for parents are held via Zoom every 1<sup>st</sup> (Part 1) and 3<sup>rd</sup> (Part 2) Saturdays of the month, 10:30 am to 12 noon, except during the months of July and August. Parents must attend both sessions. Call the Parish Office to pre-register for the class. **Baptism celebrations are held on the 2<sup>nd</sup> and 4<sup>th</sup> Saturdays of each month @ 11:00 am.**

#### HOLY MATRIMONY

We welcome your wedding celebration at Corpus Christi Church. To arrange the date and begin your preparations, please contact the Parish Office or either one of our priests at least 6 months prior to the proposed wedding date.

#### ANOIDING OF THE SICK

If your loved one, relative or friend would like to arrange for a priest for the administration of the Sacrament of the Anointing of the Sick or to visit the sick in a hospital, please phone the Parish Office. Or you may contact the hospital chaplain:

#### VGH:

604-877-5918 (Pager)

604-875-4111

Fr. Gilbert Nunez & Fr. Luis Martin Brain

Delgado (Mon., Tue., Fri., Sat and Sun.)

Fr. Aresene Dutunge (Wed. and Thurs.)

#### MOUNT ST. JOSEPH HOSPITAL:

Fr. Joseph Ha Vinh Tran, OP (Chaplain)

604-876-7826

#### BURNABY HOSPITAL:

St. Theresa's Parish (Chaplain)

604-434-4211

604-298-6800 (Parish)

#### ST. PAUL'S HOSPITAL:

Fr. Victor Fernandes, OCD

604-682-2344/604-445-9323

(cell)/604-252-4224 (pager)

**WELCOME TO NEW PARISHIONERS AND VISITORS:** To register, please complete a Registration Form available at the Welcoming Booth in the church vestibule or at the Parish Office or download from the parish website, [www.ccp parish.ca](http://www.ccp parish.ca). Envelopes are assigned to those who request for them.

January 8, 2023  
The Epiphany of the Lord



<b>Saturday, January 7</b>	<i>Vigil Mass</i>
5:00 PM	for Leonardo Almeda, RIP
<b>Sunday, January 8</b>	<i>The Epiphany of the Lord</i>
9:00 AM	for Vincent Goleco, Sr. RIP
11:00 AM	for All Parishioners, Living & Deceased
3:00 PM	for Sui Chi Wong, RIP
<b>Monday, January 9</b>	
8:00 AM	for Fernandez Family, Thanksgiving
<b>Tuesday, January 10</b>	
8:00 AM	for Agnes San Juan Rip
<b>Wednesday, January 11</b>	
8:00 AM	for Madeline Miller, Health
9:00 AM	SCHOOL MASS
<b>Thursday, January 12</b>	
8:00 AM	for Maria Ramona C. Ledesma, RIP
<b>Friday, January 13</b>	
8:00 AM	for Inocencio Ong, RIP
6:00 PM	HOLY HOUR
<b>Saturday, January 14</b>	
8:00 AM	for Lorraine Doherty, RIP

**BREAKFAST**  
Thank God for a new day and set simple goals for this week

**DINNER**  
Talk to your loved ones and examine your day

**SNACK NO. 1**  
Do and give more than is expected of you

**THE BEST DIET FOR THIS NEW YEAR**

**SNACK NO. 2**  
Take a little break to pray (even if it is 5 minutes)

**LUNCH**  
Make an effort to do your tasks and chores properly

Catholic Link

## Remembering the Sick In Prayer



Mavis Chow	Ernie Chu	Sanae Hogan
Alice Yap	Dante Marpuri	Honesto Estabillo
Rey Calaguas	Cheryl Ling	John Soo
Peter Hinz	Margaret Tai	Peter In
Lydia Dalmaso	Toma Nitta	Dorothy Slight
Lolita Doucette	Rick Panis	Siu Tak Cham
Marisa Antoniazzi		

Prayers for the sick can be requested. To add the name of your loved one, please drop by or call the Parish Office. The names listed in the bulletin will remain there for up to 1 month unless the office is notified.

### Safe Haven Sunday

Safe Haven Sunday is celebrating its first year of raising awareness throughout the Archdiocese of Vancouver regarding the negative impact of pornography on individuals, marriages, family and society. For more information, please visit <https://family.rcav.org/safehaven/>. Resources provided for parents and students.

### CWL JANUARY 2023 MEETING

The CWL will be having their first meeting of the year on **January 14th, 2023. This will be held from 10:00-11:30am in the Parish Library.** The registration fee for 2023 is due by January 20, 2023. Please bring your cash or cheque to this meeting or put a cheque or cash in the Parish Office mailbox marked "Khim, CWL" before the deadline of January 20, 2023. Hoping to see everyone at the meeting. Lots of new exciting plans for the new year.

### Knights of Columbus Wonton Soup is Back!!!



The Knights of Columbus will be serving once again their famous **WONTON SOUP** after the 9am and 11am Masses this **Sunday, January 8 at the Parish Centre.** Price will be \$7.00 per bowl. Hope to see you there!

### Religious Articles Booth

For the month of January, the Religious Articles Booth will open on the **2<sup>nd</sup> and 4<sup>th</sup> Sunday of January.** Beginning February and onwards, it will go back to its original schedule of the 1<sup>st</sup> and 3<sup>rd</sup> Sunday of the month. Please take note of this slight change in schedule.

### REMINDERS TO PARISHIONERS

- A Note to Envelope Users: By January 1st, you should already be using the 2023 envelopes which are printed in black ink. Please do not use anymore old envelopes issued in previous years.

If you wish to have an envelope set for 2023, please contact the parish office.

- If you attend Sunday Mass at another parish and you drop your Corpus Christi envelopes at that church, please **DO NOT PUT IN ANY COINS.** Parishes are not allowed to mail envelopes which contain coins for security purposes. Thank you for your understanding and cooperation.
- Please do not use staples and/or scotch tape to seal your envelopes. This causes delay in counting the collection and can sometimes injure the counters with hard-to-remove staples wires.
- For the 2023 envelopes, if you do your donations online, please tick off the box on the envelope that says, "**ONLINE DONOR**". Write your name on the envelope but **do not anymore write the amount of your donation** as this leads to confusion when counting and posting the collection.

## **ARCHDIOCESAN NEWS**

### **Making Sense of Adolescence**

Crossing the bridge from childhood to adulthood has never been so daunting. The time of adolescence is longer than ever, yet society today offers little support in understanding or facilitating this transition. This course is designed to be used by parents, grandparents, teachers, administrators, professionals - anyone who desires to make sense of adolescence. Parents of all ages will find this course invaluable as preparation for what lies ahead. As we enter into a new year, the Archdiocese of Vancouver is pleased to offer, for the first time Making Sense of Adolescence, a Dr. Neufeld video course with discussion facilitated by Keven Bredeman, M.A. **Starting Thursday, Jan. 5, 2023, weekly until Thursday, Mar. 9, 2023.** Learn more and register at [www.beholdvancouver.org/events](http://www.beholdvancouver.org/events).

### **Inegritas: A Dialogue on Faith and Mental Health**

Join us online or at a host site parish to dialogue about topics of mental health through a Catholic lens, facilitated by a mental health professional equipped to answer your questions.

The four topics that will be covered are as follows:

Session 1: Mental health

Session 2: Mental illness

Session 3: Stigma

Session 4: Self-care

**Dates: Wednesdays, Jan. 25th, Feb. 15th, Mar. 22nd, and Apr. 26th.**

**Time: 7:30 - 8:30 p.m.**

Locations: Online or in-person at Saint Mary Parish, Vancouver; Saint Patrick Parish, Maple Ridge; Christ the Redeemer, West Vancouver; Good Shepherd Church, Surrey.

Facilitators: Denis Boyd and PJ Lewis.

Learn more and register at [www.beholdvancouver.org/events](http://www.beholdvancouver.org/events).

### **Lenten/Easter Small Group Training for FORMED**

This event is open to all parish leaders and pastors. Our office would like to support you in using FORMED fruitfully throughout this Lenten and Easter Season. We have identified several series offered by FORMED appropriate for the Lenten and Easter-Season that could be offered as a small group faith study. Small groups are effective in helping people learn and live their faith while building community. This training session will focus on effectively running small groups and provide you with the tools to run one in your parish for the Lenten and Easter seasons. Learn more and register at [www.beholdvancouver.org/events](http://www.beholdvancouver.org/events).

### **STEWARDSHIP REFLECTIONS**

*"Then they opened their treasures and offered him gifts of gold, frankincense, and myrrh." Matthew 2:11*

The image of the Magi kneeling before the infant Jesus and opening their treasure chests for Him is an image that we should all try to follow each day. In gratitude for all that we have been given, we are called to generously share all of our gifts, not just the ones we pick and choose. God wants us to be generous with everything, but especially that one thing that means the most to you.

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### **TO DONATE TO CORPUS CHRISTI:**

- ❖ Sunday Offering thru online giving:  
[Offertory Donation](#) (White envelopes)  
[Second Collection](#) (Coloured envelopes)
- ❖ Donate to [Capital Campaign](#)

# A Catholic's Guide To Living 2023: Quotes, Devotions, & Resources For A New Year!

Start 2023 strong committed to growing in your Catholic faith and answering the call to be devoted to daily prayer. Let this be your guide. The quotes, monthly devotions, and intentions will help you stay motivated each month of the year. Save or print this article so that you can reference it often throughout the year.

## January | The Holy Name Of Jesus

*"God freely created us that we might know, love, and serve him in this life and be happy with him forever. God's purpose in creating us is to draw forth from us a response of love and service here on earth, so that we may attain our goal of everlasting happiness with him in heaven."*

— St. Ignatius Loyola

The Holy Father's Intention for January is for Educators: *We pray that educators may be credible witnesses, teaching fraternity rather than competition and helping the youngest and most vulnerable above all.*

Holy Days: January 1 [Solemnity of Mary, Mother of God](#)

Find more January resources and a list of Catholic feast days to celebrate [HERE](#)

## February | Holy Family

*"Must you continue to be your own cross? No matter which way God leads you, you change everything into bitterness by constantly brooding over everything. For the love of God replace all this self-scrutiny with a pure and simple glance at God's goodness."*

—St. Jane Frances de Chantal

The Holy Father's Intention for February is for Parishes: *We pray that parishes, placing communion at the centre, may increasingly become communities of faith, fraternity and welcome towards those most in need.*

Notable Days in February: Ash Wednesday | February 22

Find more February resources and a list of Catholic feast days to celebrate [HERE](#).

## March | St. Joseph

*"Lenten practices of giving up pleasures are good reminders that the purpose of life is not pleasure."*

— Venerable Fulton Sheen



The Holy Father's Intention for March is for victims of abuse: *We pray for those who have suffered harm from members of the Church; may they find within the Church herself a concrete response to their pain and suffering.*

Notable Days in March: The Feast of the Annunciation of Our Lord | March 25

Find more March resources and a list of Catholic feast days to celebrate [HERE](#).

## April | The Blessed Sacrament and The Holy Spirit

*"Faith in the resurrection of Jesus says that there is a future for every human being; the cry for unending life which is a part of the person is indeed answered... God exists: that is the real message of Easter."*

– Pope Emeritus Benedict XVI

The Holy Father's Intention for April is for a culture of peace and non violence: *We pray for the spread of peace and non violence, by decreasing the use of weapons by States and citizens.*

Notable Days in April: Holy Week begins April 2 | Easter Sunday is April 8

Find more April resources and a list of Catholic feast days to celebrate [HERE](#).

## May | The Blessed Virgin Mary

*"To petition Our Blessed Lady in our most urgent need, repeat, after the fashion of the Rosary, "Virgin Mary, Mother of God, pray to Jesus for me."*

– St. Philip Neri

The Holy Father's Intention for May is for church movements and groups: *We pray that Church movements and groups may rediscover their mission of evangelization each day, placing their own charisms at the service of needs in the world.*

Holy Days in May: The Feast of the Ascension of Our Lord is May 21 and Pentecost is May 28.

Find more May resources and a list of Catholic feast days to celebrate [HERE](#).

## June | The Sacred Heart Of Jesus

*Do not let the past disturb you, just leave everything in the Sacred Heart and begin again with joy.*

– St. Teresa of Calcutta

The Holy Father's Intention for June is for the abolition of torture: *We pray that the international community may commit in a concrete way to ensuring the abolition of torture and guarantee support to victims and their families.*

Notable Days in June: The Feast of the Sacred Heart of Jesus is June 24 and the Feast of the Immaculate Heart of Mary is June 25.

Find more June resources and a list of Catholic feast days to celebrate [HERE](#).

## July | The Precious Blood

*When you say this prayer, with a contrite heart and with faith on behalf of some sinner, I will give him the grace of conversion. This is the prayer: 'O Blood and Water, which gushed forth from the Heart of Jesus as a fount of Mercy for us, I trust in You.'*"

— St. Faustina Kowalska

The Holy Father's Intention for July is for a Eucharistic life: *We pray that Catholics may place the celebration of the Eucharist at the heart of their lives, transforming human relationships in a very deep way and opening to the encounter with God and all their brothers and sisters.*

Notable Days in July: World Day for Grandparents and the Elderly is July 24.

Find more July resources and a list of Catholic feast days to celebrate [HERE](#).

## August | The Immaculate Heart of Mary

*"Be Not Afraid; my Immaculate Heart will be your refuge and your safe page to God."*

— Our Lady of Fatima to Saint Lucia

The Holy Father's Intention for August is for World Youth Day: *We pray the World Youth Day in Lisbon will help young people to live and witness the Gospel in their own lives.*

Holy Days in August: The Assumption of the Blessed Virgin is August 15.

Find more August resources and a list of Catholic feast days to celebrate [HERE](#).

## September | The Seven Sorrows of Mary

*"Some people imagine that in order to be holy you have to cultivate the sad side of life, choosing the darker prospect whenever the alternative comes up. Surely what holy people choose is the will of God, whether it happens to be dark or light. Holy people know—and know it better than others—that suffering must anyway occupy a fair slice of life. They accept this as normal, meeting their sorrows as calmly and cheerfully as they can."*

—Fr. Hubert van Zeller, OSB

The Holy Father's Intention for September is for people living on the margins: *"We pray for those persons living on the margins of society, in inhumane life conditions; may they not be overlooked by institutions and never considered of lesser importance."*

Notable days in September: Mary's Birthday is September 8.

Find more September resources and a list of Catholic feast days to celebrate [HERE](#).

## October | The Holy Rosary

*“When people love and recite the Rosary they find it makes them better.”*  
—St. Anthony Mary Claret

The Holy Father’s Intention for October is for the Synod: *We pray for the Church, that she may adopt listening and dialogue as a lifestyle at every level, and allow herself to be guided by the Holy Spirit towards the peripheries of the world.*

Notable days in October: The Feast of St. John Paul II is October 22.

Find more October resources and a list of Catholic feast days to celebrate [HERE](#).

## November | The Holy Souls In Purgatory

*“Persevere in labors that lead to salvation. Always be busy in spiritual actions. In this way, no matter how often the enemy of our souls approaches, no matter how many times he may try to come near us, he’ll find our hearts closed and armed against him.”*  
— St. Cyprian of Carthage

The Holy Father’s Intention for November is for the Pope: *We pray for the Holy Father; as he fulfills his mission, may he continue to accompany the flock entrusted to him, with the help of the Holy Spirit.*

Holy Days in November: All Saints Day is November 1.

Find more November resources and a list of Catholic feast days to celebrate [HERE](#).

## December | The Immaculate Conception

*“Like the simple shepherds, let us prostrate ourselves with faith and with love before the Manger. Let us offer, as our gifts, our good resolutions; let us offer our hearts and ask God to change them and make them entirely His forever.”*  
— Cardinal Antonio Bacci

The Holy Father’s Intention for December is for persons with disabilities: *We pray that people living with disabilities may be at the centre of attention in society, and that institutions may offer inclusive programs which value their active participation.*

Holy Days in December: December 8 is the Feast of the Immaculate Conception and Christmas is December 25.

Find more December resources and a list of Catholic feast days to celebrate [HERE](#).

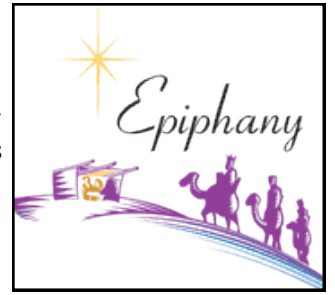
<https://catholic-link.org/catholic-guide-resources-quotes-2023/>

## Solemnity of the Epiphany

Today the Church celebrates the Solemnity of the Epiphany. "The Lord and ruler is coming; kingship is his, and government and power." With these words the Church proclaims that today's feast brings to a perfect fulfillment all the purposes of Advent. Epiphany, therefore, marks the liturgical zenith of the Advent-Christmas season. — *Pius Parsch*

The Solemnity of the Epiphany is celebrated either on January 6 or, according to the decision of the episcopal conference, on the Sunday between January 2 and January 8. The young Messiah is revealed as the light of the nations. Yet, as the antiphon for the *Magnificat* at Second Vespers

reminds us, three mysteries are encompassed in this solemnity: the adoration of the Christ Child by the Magi, the Baptism of Christ and the wedding feast at Cana. Extra candles and/or lamps may be placed around the sanctuary and in other parts of the church to honor Christ revealed as the Light of the Gentiles (*Ceremonial of Bishops*). It is customary to replace the images of the shepherds at the crib with the three Magi and their gifts. — *Ceremonies of the Liturgical Year*, Msgr. Peter J. Elliott, Ignatius Press.



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## An Epiphany Prayer

Father, we thank you for revealing yourself to us in Jesus the Christ, we who once were not your people but whom you chose to adopt as your people. As ancient Israel confessed long ago, we realize that it was not because of our own righteousness, or our own superior wisdom, or strength, or power, or numbers. It was simply because you loved us, and chose to show us that love in Jesus.

As you have accepted us when we did not deserve your love, will you help us to accept those whom we find it hard to love? Forgive us, O Lord, for any attitude that we harbor that on any level sees ourselves as better or more righteous than others. Will you help us to remove the barriers of prejudice and to tear down the walls of bigotry, religious or social? O Lord, help us realize that the walls that we erect for others only form our own prisons!

Will you fill us so full of your love that there is no more room for intolerance. As you have forgiven us much, will you enable us with your strength to forgive others even more? Will you enable us through your abiding Presence among us, communally and individually, to live our lives in a manner worthy of the Name we bear?

May we, through your guidance and our faithful obedience, find new avenues in ways that we have not imagined of holding the Light of your love so that it may be a Light of revelation for all people.

We thank you for your love, praise you for your Gift,

Father, we thank you for ask for your continued Presence with us, and bring these petitions in the name of your Son, who has truly revealed your heart. Amen

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## Wise Men, Return to the World . . . . . St. Pope John Paul II (Epiphany homily, 2001)

"...we are like the 3 Wise Men who journeyed to Jesus. Now, like those Wise Men, we return to the world from which we came, to the everyday life where we will witness to what we have seen.

..."indeed it compels us to start out afresh on a new stage of the journey on which we become proclaimers and heralds....The Wise Men were in a sense the first missionaries. Their encounter with Christ did not keep them in Bethlehem, but made them set out anew on the paths of the world.



"We need to 'set out anew from Christ,' with the zeal of Pentecost, with renewed enthusiasm. To set out from him above all in a daily commitment to holiness, with an attitude of prayer and of listening to his word. To set out from him in order to testify to his Love by living a Christian life marked by communion, charity, and witness before the world."